



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION  
NURSING DEPARTMENT**

**REGISTERED NURSE SKILLS CHECKLIST  
SPECIALITY CLINICS  
(INTERNAL MEDICINE, SURGERY, EENT)**

**PLEASE MARK LEVEL OF EXPERIENCE:**

- 1 = NO EXPERIENCE  
2 = KNOWLEDGE  
3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}  
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

NURSING SKILLS CHECKLIST	1	2	3	4
<b>MEDICAL NURSING</b>				
Knowledge of:				
• Neurology				
• Cardiology				
• Respiratory				
• Endocrinology				
• Gastroenterology				
• Hematology				
• Hepatology				
• Diabetic				
• Psychiatry				
• Dermatology				
• Anticoagulation				
• Rheumatology				
• Gerontology				
• Communicable disease				
• Tropical disease				
• Isolation Techniques				
Procedures:				
• Assisting with fine needle aspiration				
• Assisting with cryotherapy with liquid nitrogen				
• Assisting with hair electrolysis				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
• Assisting with intralesional injection				
• Assisting with milia extraction				
• Assisting with PUVA exposure treatment				
• Assisting with skin excision/ punch biopsy				
• Blood extraction				
Equipments/instruments:				
• Dermojet				
• Hair tonic permanent hair removal system				
• PUVA machine/cabinet				
• Electrocautery device				
• Punch biopsy set				
• Hand held spray				
• Glucometer				
• Pulse oximeter				
• Digital BP monitor (Dinamap)				
• Insulin pen				
• Digital weighing scale				
• IVAC (Digital thermometer)				
<b>SURGICAL NURSING</b>				
General surgery				
Paediatric surgery				
Urology				
Plastic/reconstructive				
Vascular				
Neuro surgery				
Cardiothoracic				
Orthopaedic				
Procedures:				
• Rubber banding				
• Assisting in minor surgery				
• Assisting in aspiration of synovial fluid				
• Depo-medrol injection				
• Assisting in fine needle aspiration for cytology				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
• Preparation for keloid scar injection				
• Trocauteric measurement for liposuction				
• Preparations and assisting with lithotripsy				
• Trocauteric measurement for liposuction				
• Preparations and assisting with lithotripsy				
• Assisting with circumcision				
<b>WOUND CARE AND MANAGEMENT:</b>				
Burns				
Traumatic wounds				
Diabetic wound/ulcers				
Pressure sores				
Surgical wounds/post operative wounds				
Plaster cast window wounds				
Equipment/Instruments:				
• Lithotripsy machine				
• Hemorrhoids ligator				
• Protoscope				
• Minor set				
• Doppler (portable)				
<b>OPHTHALMOLOGY</b>				
Working knowledge of common ophthalmological conditions and rational underlying procedures and treatment.				
Pre and post operative care of patients for ophthalmological procedures and surgery				
• Dilation of pupils with extra care of usage of Phenylephrine 2.5% and 10%				
• Constriction of pupils				
• Post op eye dressing				
• Eye irrigation				
• Florescein angiography				
• Instillation of eye drops				
• Subconjunctival injection				
• Chalazion				
• Excision				
• Electrolysis				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
• Probing and syringing of lachrymal duct				
• Ophthalmological lavage				
Familiar usage of eye instruments and equipments				
• Snellen chart				
• Slit lamps				
• Argon				
• Yag laser				
• Auto refractometer				
• Visual field (perimetry)				
• I.O.L. power circulation				
Assist in examination under sedation				
Function as scrub/circulating nursing in minor surgical procedure				
<b>ENT</b>				
Working knowledge of equipments and instruments used in Otolaryngeal examination and procedures				
• Swiss microscope				
• ORL mobile treatment system				
• Tympanometer				
• Auditometry equipment – controlled acoustic environment				
• Rigid scope and flexible scope				
Procedures:				
• Assist in nasal pricking and removal of nasal packs in post septoplasty cases				
• Removal of sutures for post tympanoplasty				
• Assist in:				
- Ear washing				
- Nasal suctioning				
- Removal of impacted ear wax				
- Biopsy of nose and throat				
- Ear syringing				

CERTIFICATION	YES	NO	EXPIRY DATE
BLS			
ACLS			
NRP			
PALS			
IV THERAPY			

*The information I have given is true and accurate.*

\_\_\_\_\_  
NAME (PLEASE PRINT)

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE