



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION
NURSING DEPARTMENT**

**REGISTERED NURSE SKILLS CHECKLIST
NEWBORN NURSERY**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
2 = KNOWLEDGE
3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

NURSING SKILLS CHECKLIST	1	2	3	4
Knowledge of normal parameters of the newborn, i.e.				
• Thorough head to toe examination including physical assessment				
• Weight, length, head circumference				
• Temperature, heart rate, respiration				
• Stool changes				
Perform admission assessment/care of newborn including:				
• Assessment of above parameters				
• Nursing actions/interventions in response to abnormal values				
• Nursing actions/interventions on detection of a physical abnormality				
Provide emergency care for the newborn including:				
• Oral/nasal suctioning				
Application /use of infant resuscitator (Ambubag) and oxygen				
Provide routine infant care including:				
• Bath infant				
• Cord care				
• Eye care				
• Bottle feed infant (to complement breast feeding)				
Perform daily examination of the newborn for signs and symptoms of:				
• Abnormalities				
• Infection				
• Jaundice				
• Weight loss/gain				

NURSING SKILLS CHECKLIST	1	2	3	4
• Inadequacy of feeds or overfeeding				
• Intolerance of feeds				
Bath a newborn including:				
• Perform bath demonstration/provide instruction for the mother				
• Perform/instruct re-cord care				
• Nappy/diaper care				
Support the nutritional/fluid requirements of a newborn including:				
• Understanding of normal feed/fluid requirement				
• Bottle feed				
• Assist mother to breast or bottle feed				
Knowledge of and ability to administer medications commonly given to the newborn and vaccines				
• Urine				
• Intramuscular				
• Intradermal				
• Ocular				
Collect routine laboratory specimens from the newborn				
• Urine				
• Stool				
• Swabs for culture and sensitivity				
Apply current Infection Control measures used in a newborn nursery, including implementation for isolation precautions				
Apply principles of "rooming in"				
Collect routine blood samples from infant, e.g. perform Dextrostix sampling/recording, samples for Serum Bilirubin (SBR) and charting of results				
Care for a newborn on an apnoea mattress				
Care for the low birth weight newborn				
Care for diabetic newborn				
Care for a newborn receiving photo therapy including observe/assess jaundice levels and temperature				
Care of newborn of Haemolytic Strep B + mother				
Care of newborn of HIV + mother				

NURSING SKILLS CHECKLIST	1	2	3	4
Care for a newborn being nursed in an incubator/isolette including:				
• Monitor temperature controls				
• Protect eyes				
• Measure vital signs				
• Ensure adequate humidification				
Use other equipment/supplies common to the newborn				
• Radiant heater				
• Suction apparatus				
CERTIFICATION	YES	NO	EXPIRY DATE	
BLS				
ACLS				
NRP				
PALS				
IV THERAPY				

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE