



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION
NURSING DEPARTMENT**

**REGISTERED NURSE SKILLS CHECKLIST
INTERNAL MEDICINE CLINIC**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
2 = KNOWLEDGE
3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

NURSING SKILLS CHECKLIST	1	2	3	4
Nursing Fundamentals				
• Vitals signs (BP, PR, HR, Tongs)				
• Universal precautions				
• Types of isolation				
- Reverse isolation				
- Enteric isolation				
- Strict isolation				
- Respiratory isolation				
• Sterile technique				
• Specimen collection				
- Urine				
- Sputum				
- Swabs				
- Stool				
• Blood collection/venipuncture				
• Injections				
- Intramuscular				
- Subcutaneous				
- Intradermal				
• Wound dressing				
- Clean wound				
- Infected wound				

NURSING SKILLS CHECKLIST	1	2	3	4
• Removal of sutures				
- Clips				
- Sutures				
• IV Cannulation				
• Drug administration /Medication				
- Injection				
- Oral				
• IV Fluid administration				
• Change of catheter				
- Condom cath.				
- Indwelling cath.				
Equipment exposed to:				
• Digital BP machine (Dinamap)				
• Weighing scale digital				
• Pulse oximeter				
• Glucometer				
• O2 cylinder with flow meter				
• IVAC thermometer				
• Diagnostic sets				
Dermatology				
• Equipment				
- PUVA machine/cabinet				
- Punch biopsy set				
- Electro cautery device				
- Hand held spray device				
- Hair tronic permanent – Hair removal system (Hair electrolysis machine)				
- Dermojet device				
- Portable light with magnifying glass				
- Microscope				
• Procedure				
- Cryotherapy with liquid nitrogen – assisting with				
- Hair electrolysis – assisting with				
- Intralesional injection – assisting with				

NURSING SKILLS CHECKLIST	1	2	3	4
- Milia extraction – assisting with				
- PUVA Exposure – treatment				
- Skin excision/punch biopsy – assisting with				
• Handling of liquid nitrogen				
- Knowledge				
- PPE				
- Caution/precaution				
- First Aid				
Experience				
• Gastroenterology				
• Endocrine				
• Diabetic				
• Neurology				
• Cardiology				
• Anticoagulation				
• Psych				
• Hepatology				
• Hematology				
• Chest				
• TB				
• Diet				
• Medicine				
CERTIFICATION	YES	NO	EXPIRY DATE	
BLS				
ACLS				
NRP				
PALS				
IV THERAPY				

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE