



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION
NURSING DEPARTMENT**

**REGISTERED NURSE SKILLS CHECKLIST
FEMALE LONG STAY**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
2 = KNOWLEDGE
3 = PERFORM INFREQUENTLY (WOULD REQUIRE SOME SUPERVISION)
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

NURSING SKILLS CHECKLIST	1	2	3	4
General Health Status				
• Assessment				
- Normal Physiological changes associated with age				
- Normal psychological changes associated with age				
- Normal sociological changes associated with age				
- Normal mental changes associated with age				
• Procedures				
- Reality orientation				
- Resident rights				
- Use of restraints				
- Interdisciplinary care planning				
Assessment and care of patients with Cardiovascular problems				
Assessment and care of patients with Pulmonary problems				
• Procedures				
- Airway management				
* Endotracheal tube/suctioning				
* Tracheostomy suctioning				
- Assist in intubation				
- Chest Physiotherapy				
- Intermittent positive pressure treatment				
• Equipment				

- Oxygen therapy				
- Medication delivery system				

NURSING SKILLS CHECKLIST	1	2	3	4
* Bag and mask				
* Face mask				
* Inhalers/Nebulizer				
* Nasal cannula				
* Portable oxygen tank				
- Incentive spirometer				
Care of patient with:				
• Asthma				
• COPD				
• Tracheostomy				
• Pneumonia				
• Pulmonary embolism				
• Tuberculosis				
Neurological/Sensory				
• Assessment				
- Level of consciousness				
- Motor movement				
- Seizure activity				
• Procedures				
- Assist with lumbar puncture				
- Seizure precautions				
- Application of hearing aids				
- Prosthetic eye care				
- Care of contact lens				
• Equipment				
- Hyper/Hypothermia blanket				
Care of patient with				
• Alzheimer's Dementias, disoriented elderly/senile dementia				
• Aphasia				

• Blindness				
• Cerebral palsy				

NURSING SKILLS CHECKLIST	1	2	3	4
Care of patient with				
• Cerebral vascular accident				
• Parkinsonism				
• Muscular degeneration				
• Neuromuscular disease				
• Seizure disorder				
• Spinal cord injury				
• Behavior of:				
- Wandering				
- Confusion				
- Hallucinations				
- Suicide ideations				
- Anxiousness				
- Agitation				
- Combativeness				
Musculoskeletal/Integumentary				
• Assessment				
- Circulation checks				
- Gait/Mobility				
- ROM/Joint movement				
- Strength				
- Posture				
- Skin integrity				
• Procedures				
- Crutch walking				
- Pin care				
- Cast care				
- Use of Assistive devices				

- Body mechanics				
• Equipment				
- Special beds (Electric beds, clinitron beds)				
- Traction				

NURSING SKILLS CHECKLIST	1	2	3	4
- Prosthetics				
- Orthotic devices				
- Splints/immobilizers				
- Moving aids				
- Support devices				
* Cane				
* Cervical collar				
* Gait belt				
* Sling				
* Walker				
* Wheelchair				
Care of patient with				
• Arthritis				
• Amputation				
• Cast				
• Osteoporosis				
• Pinned fractures				
• Rheumatic/Arthritic disease				
• Joint replacement				
Assessment and care of patient with gastrointestinal problems				
• Assessment				
- Bowel sounds				
- Nutritional status/weight				
• Procedures				
- Lavage				
- NG tube insertion				
- Ostomy care				

- Paracentesis				
• Equipment				
- Drains				
- Tubes/PEG				
- N/G				

NURSING SKILLS CHECKLIST	1	2	3	4
Assessment and care of patients with Renal/Genitourinary problems				
• Assessment				
- Fluid and electrolyte balance				
• Procedures				
- Catheterization and care of indwelling catheter				
- Suprapubic tube care				
- Bladder training				
• Equipment				
- Bladder irrigation				
Assessment and care of patients with Endocrine/Metabolic disorder				
• Assessment				
- Diabetic coma				
- Insulin reaction				
• Procedures				
- Diabetic teaching				
• Equipment				
- Insulin pumps, glucometer				
Assessment and care of patients with Genitalia problems				
• Assessment				
- External genitalia				
- PV bleeding				
- Test results				
* Pap smear				
Knowledge of:				
• Rehabilitation nursing				

• Rehabilitation programme				
• Palliative nursing				
• Basic Psychological care				

CERTIFICATION	YES	NO	EXPIRY DATE
BLS			
ACLS			
NRP			
PALS			
IV THERAPY			

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE