



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION
NURSING DEPARTMENT**

**REGISTERED NURSE SKILLS CHECKLIST
PAEDIATRIC REHABILITATION UNIT**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
2 = KNOWLEDGE
3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

NURSING SKILLS CHECKLIST	1	2	3	4
Perform systems assessment of the paediatric patient				
Management of hospitalized children				
Manage paediatric patient with respiratory problems				
<ul style="list-style-type: none"> Airway support, including artificial airway, oral/nasal 				
<ul style="list-style-type: none"> Tracheostomy care 				
<ul style="list-style-type: none"> Suctioning (oral, nasal and tracheostomy) 				
Initiate and maintain oxygen therapy using				
<ul style="list-style-type: none"> Nebuliser with oxygen 				
<ul style="list-style-type: none"> Face mask 				
<ul style="list-style-type: none"> Nasal cannula 				
<ul style="list-style-type: none"> Oxyhood 				
<ul style="list-style-type: none"> Oxygen tent/croupette 				
<ul style="list-style-type: none"> Oxygen humidifier 				
Maintain nutritional status				
<ul style="list-style-type: none"> Insertion of nasogastric tube 				
<ul style="list-style-type: none"> Bottle feeding 				
<ul style="list-style-type: none"> Syringe feeding 				
<ul style="list-style-type: none"> Tube feeding (nasogastric, intermittent or continuous) 				
<ul style="list-style-type: none"> Gastrostomy feeding 				
Calculate dosage of and administer medications to the paediatric patient, including vaccines, e.g. PPD				
<ul style="list-style-type: none"> I.M. 				
<ul style="list-style-type: none"> Oral 				

NURSING SKILLS CHECKLIST	1	2	3	4
• Parenteral				
• IV Bolus				
• IV intermittent infusion				
• Knowledge of communicable diseases				
Blood sample collection				
Insertion of IV				
Electrocardiogram				
Lumbar puncture – Assisting with				
Audiometry – Assisting with				
Brainstem auditory evoked response				
Endoscopy – preparation of patient				
CT scan – preparation of patient				
Care of disabled paediatric patients				
• ROM exercise				
• Pressure area care				
• Chest physiotherapy				
Seizure precautions				
Care of paediatric renal patient, including peritoneal dialysis				
Standard Precautions				
Working knowledge of the nursing process				
System assessment, especially neurological assessment				
Monitor IV using infusion control devices				
Working knowledge of other specialized equipment common to paediatric service				
• Pulse oximeter				
• Inhalation devices				
• Apnea control devices				
• Capillary blood glucose sampling devices, e.g. glucometer, One Touch II, Accucheck				
Knowledge base in primary nursing/paediatric rehabilitation				
Care for chronically ill/disabled child				
Knowledge of tropical diseases/congenital anomalies				
Knowledge of cross-cultural nursing and experience working in a multi-national staff group				
Function as Charge Nurse				

CERTIFICATION	YES	NO	EXPIRY DATE
BLS			
ACLS			
NRP			
PALS			
IV THERAPY			

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE