



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION
NURSING DEPARTMENT**

**PLAY THERAPIST SKILLS CHECKLIST
PAEDIATRIC UNIT**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
2 = KNOWLEDGE
3 = PERFORM INFREQUENTLY (WOULD REQUIRE SOME SUPERVISION)
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

SKILLS CHECKLIST	1	2	3	4
Perform physical assessment of child for play therapeutic and educational needs				
Provide play therapy for sick child:				
• Pre-operative				
• Post-operative				
• Ventilated child				
• Child with orthopaedic problems				
• Child with respiratory disease				
• Child with congenital heart disease				
• Child with oncological disease				
• Child with burns/scalds				
• Stimulation				
Provide play therapy for child with the special needs:				
• Child who is developmentally delayed				
- Down's syndrome				
- Cerebral palsy				
- Spina bifida				
• Child who is physically handicapped				
- Visually impaired				
- Hearing impaired				
- Speech impaired				
- Congenital abnormality				
- Mental retardation				
- Cerebral palsy				

NURSING SKILLS CHECKLIST	1	2	3	4
• Child with chronic illness				
- Diabetes				
- Asthma				
- Long term hospitalized child				
- Child nursed in isolation				
Assist with nursing therapeutics				
• Feeding child				
• Bathing child				
• Oxygen therapy				
Assist with educational activities				
• Nutritional needs				
• Hygiene needs				
• Safety needs				
Knowledge of play:				
• Practical skill development				
• Social play				
• Educational play				
• Imaginative/pretend play				
• Exploratory play				
• Energetic play				
• Skilful play				
• Creative play				
• Problem solving play				
• Hobbies/leisure				
Knowledge stages of play:				
• Solitary play				
• Parallel play				
• On-looking play				
• Being sociable				
• Simple co-operative play				
• Complex co-operative play				

CERTIFICATION	YES	NO	EXPIRY DATE
Heartsaver (CPR) or First Aid			

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE