



NAJRAN ARMED FORCES HOSPITAL PROGRAMME  
NURSING DEPARTMENT

**REGISTERED NURSE SKILLS CHECKLIST  
PAEDIATRIC UNIT**

**PLEASE MARK LEVEL OF EXPERIENCE:**

- 1 = NO EXPERIENCE**  
**2 = KNOWLEDGE**  
**3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}**  
**4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION**

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Perform physical assessment of the paediatric patient				
Manage paediatric patient with respiratory problems				
• Airway support, including artificial airway, oral/nasal				
• Tracheostomy care				
• Suctioning (oral/nasal and tracheostomy)				
Initiate and maintain oxygen therapy using				
• Nebuliser with oxygen				
• Facemask				
• Nasal cannula				
• Oxyhood				
• Oxygen tent/croupette				
• Oxygen humidifier				
Maintain nutritional status				
• Breast feeding (assisting with)				
• Bottle feeding				
• Syringe feeding				
• Tube feeding (nasogastric, intermittent or continuous)				
• Gastrostomy feeding				
Calculate dosage of and administer medications to the paediatric patient, including vaccines, e.g. DPT, Hep, BCG				
Knowledge of communicable diseases				
Assist with special procedures (diagnostic or therapeutic)				
• Supra pubic aspiration				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
• Blood sample collection (arterial and venous)				
• Cutdown				
• Insertion of central line				
• Lumbar puncture				
• Bone marrow aspiration				
• General biopsy and needle biopsy				
• Insertion of chest tube				
• Subdural tapping				
• CT scan				
• Exchange transfusion				
• Ultrasound				
• Jejunal biopsy				
• MRI				
Care of paediatric surgical patients, pre and post-op, including those with:				
• Chest tube				
• Wound drainage devices				
• Supra pubic catheter				
• Gastric drainage				
• Skin and skeletal traction				
Care of paediatric diabetic patient, including diabetic teaching				
Isolation techniques/standard precautions				
Working knowledge of the nursing process				
Establish IV				
Monitor IV using infusion control devices e.g. IVAC, IMED, Abbott, Syringe pump , Med. infusion				
Manage cutdown or central line				
Manage Iv/CV line for hyperalimentation (TPN)				
Administer blood or blood products				
Knowledge of paediatric haematology/oncology including monitoring of administration of chemotherapeutic agents				
Working knowledge of other specialized equipment common to paediatric service				
• Pulse oximeter				
• O2 analyzer				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
• Inhalation devices				
• Apnea control devices				
• Cardiac monitor, including recognition of life				
• Threatening arrhythmias				
• Isolette/incubator				
• Phototherapy devices				
• Blood warming device				
• Capillary blood glucose sampling devices, e.g. Glucometer, On Touch II, Accucheck				
Care of long term chronic ventilated patient				
Care of patient pre-and post-op cardiac catheterization				
Provide care for the paediatric burn patient, including dressing change and fluid monitoring				
Knowledge of tropical diseases				
Knowledge of cross-cultural nursing and experience working in a multi-national staff group				
Function as Charge Nurse				
Computer skills				
<b>CERTIFICATION</b>	<b>YES</b>	<b>NO</b>	<b>EXPIRY DATE</b>	
BLS				
ACLS				
NRP				
PALS				
IV THERAPY				

*The information I have given is true and accurate.*

\_\_\_\_\_  
NAME (PLEASE PRINT)

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE