



**MINISTRY OF DEFENSE , AVIATION AND GENERAL INSPECTION
GENERAL MEDICAL SERVICES DEPARTMENTS
NAJRAN ARMED FORCES HOSPITALS PROGRAMME**

**REGISTERED NURSE SKILLS CHECKLIST
OPERATING ROOM (OR)**

PLEASE SELECT THE FREQUENCY AND EXPERIENCE LEVEL YOU POSSESS FOR EACH AND EVERY SKILL LISTED. PLEASE ALSO ENTER THE YEAR THAT THE SKILL WAS LAST PRACTICED.

FREQUENCY KEY:

- 0 = NOT OBSERVED**
- 1 = OBSERVED ONLY**
- 2 = RARELY DONE (<6 TIMES/YEAR)**
- 3 = OCCASIONALLY DONE (1-2 TIMES/MONTH)**
- 4 = FREQUENTLY DONE (DAILY OR WEEKLY)**

EXPERIENCE KEY:

- 1 = NONE**
- 2 = ASSIST ONLY**
- 3 = SKILLED**
- 4 = WELL SKILLED**

NURSING SKILLS CHECKLIST	FREQUENCY					EXPERIENCE				LAST DONE
	0	1	2	3	4	1	2	3	4	
EAR, NOSE & THROAT										
1. Adenoidectomy										
2. Caldwell – LUC										
3. Cleft Lip/Palate Repair										
4. Closed reduction nasal fracture										
5. Ethmoidectomy										
6. Glossectomy										
7. Laryngectomy										
8. Mastoidectomy										
9. Maxillary advancement with hip graft										
10. Myringoplasty										
11. Myringotomy with grommet insertion										
12. Nasal polypectomy										
13. Open reduction nasal fracture										
14. Open reduction facial fracture										
15. Parotidectomy										
16. Rhinoplasty/Septoplasty										
17. Sinus Endoscopic surgery										
18. Stapedectomy										
19. Sub mucous resection										
20. Tonsillectomy										
21. Tracheostomy										
22. Tympanoplasty										
ENDOSCOPIC PROCEDURES										
1. Bronchoscopy										
2. Cystoscopy										
3. Ureteroscopy										
4. Hysteroscopy										
• Gastric Banding										
• Appendectomy										
• Cholecystectomy										
• Colon resection										
• Varicocelelectomy										
• Hernia repairs										
• Nephrectomy										
• Nissen fundoplication										
• Salphingo oophorectomy										

NURSING SKILLS CHECKLIST	FREQUENCY					EXPERIENCE				LAST DONE
	0	1	2	3	4	1	2	3	4	
• Tubal ligation										
• Vaginal hysterectomy										
• Laryngoscopy										
• Microlaryngoscopy										
• Pelviscopy										
• Sigmoidoscopy										
• Thoracoscopy										
State other:										
GENERAL SURGERY										
1. Abdomino perineal resection										
2. Anal fissurectomy										
3. Appendectomy										
4. Breast biopsy										
5. Colectomy										
6. Colostomy.Ileostomy										
7. Gastrectomy										
8. Gastroplasty										
9. Haemorrhoidectomy										
10. Herniorrhaphy										
• Femoral										
• Inguinal										
• umbilical										
• incisional										
11. Hickman/Grosthong/Portacath insertion										
12. Hydrocelectomy										
13. Imperforate anus reconstruction										
14. Lumbar sympathectomy										
15. Omphalocele repair										
16. Pancreatectomy										
17. Pyloric stenosis repair										
18. Radical mastectomy										
19. Saphenous vein ligation + stripping										
20. Splenectomy										
21. Tenckhoff catheter placement										
22. Thyroglossal cyst excision										
23. Thyroidectomy										
24. Vagotomy										
GYNAECOLOGY										
1. Caesarian Section										
2. Colpotomy										
3. Colporrhaphy										
4. Dilatation & Curettage										
5. Abdominal hysterectomy										
6. Vaginal hysterectomy										
7. Bladder suspension										
• open										
• percutaneous										
8. Marsupialization of bartholin's cyst										
9. Ovarian cystectomy										
10. Sacral spinus fixation										
11. Shirodkar procedure										
12. Suction curettage										
13. Vaginal reconstruction										

NURSING SKILLS CHECKLIST	FREQUENCY					EXPERIENCE				LAST DONE
	0	1	2	3	4	1	2	3	4	
NEURO SURGERY										
1. A-V malformation										
2. Anterior cervical fusion										
3. Anterior lumbar interbody fusion (ALIF)										
4. Burr holes for subdural hematoma										
5. Cervical sympathectomy										
6. Craniectomy for decompression fracture										
7. Cranioplasty/craniotomy										
a. Clipping of aneurysm										
b. Tumor excision										
c. Using stealth equipment (stealth craniotomy)										
8. Discectomy										
9. Insertion nerve stimulators/medication pumps										
10. Laminectomy										
11. Myelomeningocele repair										
12. Pedicle screw insertion										
13. Posterior lumbar interbody fusion (PLIF)										
14. Shunt procedure/VP,VA/LP										
15. Spine fusion – (LIST SYSTEMS YOU HAVE USED)										
16. Ulnar nerve transfer										
OPHTHALMOLOGY										
1. Cataract extraction with IOL										
2. Corneal transplant										
3. Dacryocystectomy										
4. Dacryocystorhinostomy										
5. Iridectomy										
6. Lid and muscle procedures										
7. Orbital implant										
8. Phaco emulsification										
9. Pterygium repair										
10. Recession resection										
11. Repair orbital blowout fracture										
12. Scleral buckle										
13. Vitrectomy										
MAXILLO FACIAL										
1. Closed reduction facial fractures/wiring										
2. Excision odontoma										
3. Extraction of deciduous teeth										
4. Extraction of impacted molars										
5. Fractured jaws, mandibular and zygomatic										
6. LeFort osteotomies										
7. Maxillary procedure with graft										
8. Pediatric dentistry										
9. Sagittal osteotomy										
10. Temporomandibular joint (TMJ) with arthroplasty										
11. TMJ exploration										

NURSING SKILLS CHECKLIST	FREQUENCY					EXPERIENCE				LAST DONE
	0	1	2	3	4	1	2	3	4	
ORTHOPAEDICS										
1. Achilles tendon repair										
2. Amputation – leg, arm										
3. Anterior cruciate ligament repair										
4. Application of external fixators										
a. Extremities										
b. Pelvis										
5. Application of halo traction										
6. Arthroscopy										
a. Ankle										
b. Elbow										
c. Knee										
d. Shoulder										
7. Arthrotomy										
8. Bipolar/unipolar hips										
9. Bunionectomy										
10. Calcaneal reconstruction										
11. Capsulorrhaphy										
12. Carpal tunnel release										
13. Closed reduction fracture										
14. Hand surgery with implants										
15. Harrington rod instrumentation and/or Dwyer procedure										
16. Heel cord lengthening										
17. Hip compression nails & lag screws										
18. Rush nails										
19. Zimmer nails										
20. Kunschner Rod										
21. Iliac crest bone graft										
22. Insertion Austin Moor hip prosthesis										
23. Intramedullary nailing										
a. Extraction										
b. Femoral										
c. Humeral										
d. Insertion										
e. Supracondylar										
f. Tibial										
24. Laminectomy										
25. Olecranon bursa, excision of										
26. Open reduction of fracture, internal fixation with compression set										
27. Patellectomy										
28. Putti Platt/Bankart procedure/rotator cuff repair										
29. Reduction with compression sets										
30. Reimplantation of digits										
31. Repair hammer toes										
32. Sacro-iliac (SI) joint screws										
33. Spica cast, application of										
34. Spinal fusion										
35. Tendon transplants (hand & foot)										
36. Total joint replacement/revisions										
a. Total hip										
b. Total knee										
c. Total shoulder										

NURSING SKILLS CHECKLIST	FREQUENCY					EXPERIENCE				LAST DONE
	0	1	2	3	4	1	2	3	4	
PLASTICS										
1. Abdominal lipectomy										
2. Blepharoplasty										
3. Face lift										
4. Mammoplasty										
a. Augmentation										
b. Reduction										
c. Tramflaps with reconstructive mammoplasty										
5. Mentoplasty										
6. Otoplasty										
7. Pedicle grafts										
8. Scar revisions										
9. Split thickness skin grafting										
10. Tissue expanders										
11. Liposuction										
THORACIC & OPEN HEART										
1. Cervical rib excision										
2. Closed thoracotomy										
3. Correction pectus excavatum										
4. Mitral commissurotomy										
5. Open heart procedures										
a. Mitral or aortic valve replacement										
b. Patent ductus arteriosus										
c. Septal defect repairs										
d. Tetralogy of Fallot										
6. Pacemaker implantation – endocardial										
7. Pacemaker implantation – myocardial										
8. Pericardiectomy										
9. Resection coarctation aorta										
10. Rib resection										
11. Thoracoplasty										
TRANSPLANT										
1. Harvesting kidneys										
• Open										
• Laparoscopic										
2. Kidney transplant										
3. Skin Grafting										
4. Corneal										
TRAUMA										
1. Burns										
2. Gunshot/stab wounds										
a. Abdomen										
b. Chest										
c. Head										
3. Motor vehicle accidents (multiple injuries)										
4. Traumatic amputations										
UROLOGY										
1. Adult circumcision										
2. Cystectomy										
3. Cystoscopy/ureteroscopy										
4. Hypospadias repair										

NURSING SKILLS CHECKLIST	FREQUENCY					EXPERIENCE				LAST DONE
	0	1	2	3	4	1	2	3	4	
5. Implants; penile, testicular										
6. Lithotripsy										
7. Nephrectomy										
8. Nephrolithotomy										
9. Orchiopexy										
10. Prostatectomy										
a. Perineal										
b. Supra-pubic										
11. Pyeloplasty										
12. Radical node dissection										
13. Scott incontinence device										
14. TURP										
15. Ureterolithotomy										
16. Vasectomy										
17. Vasovasostomy										
18. Varicocelectomy										
N. VASCULAR										
1. A-V access graft										
2. Aortic aneurysm with graft replacement										
3. Endarterectomy/carotid – femoral										
4. Peripheral vascular bypass procedures										
5. Resection carotid aneurysm with graft										
6. Thrombectomy/embolectomy										
7. Vena cava filter/umbrella										
8. Vena cava ligation										

EQUIPMENT:

Please indicate (in the appropriate blocks) your working knowledge of the following equipment.

NURSING SKILLS CHECKLIST	NO EXPERIENCE	LITTLE EXPERIENCE	COMPETENT
Argon Beam Coagulator			
Bair Hugger/Warm touch			
Blood/Fluid warmer			
Camera/video systems			
a. Camera controller			
b. Light source			
c. Printers			
d. VCRs			
Cardiac monitor and pacemaker			
Cell saver			
Cidex soak			
Cry-ophthalmic unit			
Defibrillator/pacer			
Dermatome			
Disposable grounding pads			
Drills			
• 3-M Maxi driver			
• Codman craniotome			
• Hall air driver			
• Hall dental			
• Hall neurotome			
• Minidriver			

• Stryker drills			
1) Large battery Stryker			
2) Small battery Stryker			
• Surgitome			
• Synthes A-O Drill			
Electosurgical unit			
Fibre optic illuminator			
• Dyonics			
• Storz			
• Solos			
Flash autoclave			
Fracture table eschmann			
Hypo/Hypertherma unit			
Microscopes portable			

My experience is primarily in (Please indicate number of years.)

Total years OR nursing: _____ year(s)

- Endoscopy _____ year(s)
- Ortho _____ year(s)
- ENT _____ year(s)
- Plastics _____ year(s)
- General _____ year(s)
- Thoracic/open heart _____ year(s)
- Gynae _____ year(s)
- Transplant _____ year(s)
- Neuro _____ year(s)
- Trauma _____ year(s)
- Ophthalmology _____ year(s)
- Urology _____ year(s)
- Oral _____ year(s)
- Vascular _____ year(s)
- Anaesthetics _____ year(s)

ANAESTHETICS:

SKILLS CHECKLIST	FREQUENCY					EXPERIENCE				LAST DONE
	0	1	2	3	4	1	2	3	4	
Phlebotomy/IV Therapy										
1. Equipment & procedures										
a. Administration of blood/blood products										
(1) Packed red blood cell										
(2) Whole blood										
b. Assist with IA/IV therapy										
(1) insertion of A-lines										
(2) insertion of Swan-Ganz										
c. Drawing blood from central line										
d. Drawing venous blood										
e. Starting Ivs										
(10) Angiocath										

SKILLS CHECKLIST	FREQUENCY					EXPERIENCE				LAST DONE
	0	1	2	3	4	1	2	3	4	
2. Assist with intubation										
3. Conscious sedation – administration and monitoring										
4. Management of malignant hyperthermia crisis										
5. Use of – infusion monitors - syringe pumps										
6. Cricoid pressure										
7. Crash induction										
8. Fiberoptic intubation										

CERTIFICATION	YES	NO	EXPIRY DATE
BLS			
ACLS			
NRP			
PALS			
IV THERAPY			

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE