



MINISTRY OF DEFENSE , AVIATION AND GENERAL INSPECTION
GENERAL MEDICAL SERVICES DEPARTMENTS
NAJRAN ARMED FORCES HOSPITALS PROGRAMME

**REGISTERED NURSE SKILLS CHECKLIST
OPD CLINIC**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
2 = KNOWLEDGE
3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

NURSING SKILLS CHECKLIST	1	2	3	4
Schedule and Manage appointments				
Apply standard precautions				
Universal precautions				
Disposal of biohazardous materials				
Use of :				
Dinamap				
IVAC Thermopmeter				
Cardiac Monitor				
Infusion Pump				
Aseptic technique				
Triage				
Venipuncture				
IV Cannulation				
Application of splints and bandages				
Assist with I & D of cysts and abscess				
Assist with lumbar puncture				
Assist with wound debridement				
Assist with suturing				
Assist with ear syringing				
Assist with cryotherapy				
ECG Recording				
Glucometer (Glucose testing)				
Urine Dipstick				

NURSING SKILLS CHECKLIST	1	2	3	4
Oxygen Administration				
Nebulization				
Perform dressing				
Burns				
Pilonidal sinus				
Suctioning				
Prepare and assist in				
• Catheterization				
• Removal of sutures/clip				
• Removal of foreign body				
Perform removal of back-slab				
Identify needs for health maintenance and disease prevention				
Knowledge of:				
• Arabic language				
• Communicable disease/chronic disease				
• Computer skills				
CERTIFICATION	YES	NO	EXPIRY DATE	
BLS				
ACLS				
NRP				
PALS				
IV THERAPY				

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE