



MINISTRY OF DEFENSE , AVIATION AND GENERAL INSPECTION
GENERAL MEDICAL SERVICES DEPARTMENTS
NAJRAN ARMED FORCES HOSPITALS PROGRAMME

**REGISTERED NURSE SKILLS CHECKLIST
INTENSIVE CARE UNIT**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
2 = KNOWLEDGE
3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

NURSING SKILLS CHECKLIST	1	2	3	4
Perform total systems assessment of critically ill patients				
Working knowledge of invasive hemodynamic monitoring, e.g. set up / management of CVP, arterial line, etc.				
Knowledge and understanding of arrhythmias (identification and treatment)				
Airway establishing by assisting with intubation to oral air way insertion and ambu bag				
Working knowledge of monitors and defibrillators including:				
• Performing DC shock				
• Preparation for cardioversion				
Knowledge of pacemakers, temporary and permanent				
Management of multiple trauma patient				
Knowledge of neurological patient care including:				
• Intra cranial pressure monitoring				
• Use and interpretation of Glasgow Coma Scale				
• Recognition of increased intra cranial pressure				
Post road traffic accident head injury				
Patient with seizures				
Patient on stryker frame bed				
Cared of adult intubated / tracheostomy, ventilated patients				
List of ventilators used:				
Interpret arterial blood gas values				
Knowledge and understanding of advanced medications used in ICU:				
• Dopamine				
• Lidocaine				
• Epinephrine				

NURSING SKILLS CHECKLIST	1	2	3	4
• Streptokinase				
• TPA				
• Dobutamine				
• Noradrenaline				
• Nitrates				
Working knowledge of other specialized equipment common to ICU, e.g.				
• Pulse oximeter, oxygen analyzer				
• Hypo / hyperthermia blanket				
• Alternating pressure devices				
• Infusion control devices, e.g. IMED, IVAC, Abbot syringe pump				
• Blood warming devices				
• Cervical tongs / traction				
Working knowledge of nursing process				
Knowledge of paediatric intensive care concepts				
Care of paediatric patient on a ventilator / sedated paralyzed				
Care of paediatric patient post extubation				
Establish IV				
Perform venepuncture for routine blood sampling				
Taking arterial blood sample				
Intravenous calculations				
Record 12 lead ECG				
Function as member of hospital cardiac Arrest Team				
Manage GI bleed with Sengstaken – Blakemore tube				
Care for renal transplant patient pre / post operative				
Assist with dialysis procedures, e.g.				
• Prisma				
• Plasmapheresis				
• Peritoneal dialysis				
Function as Charge Nurse / Shift Leader				
Knowledge of cross – cultural nursing and experience working with a multi-national staff group				
Blood Glucose monitoring				
Continuous insulin infusion				
Assisted with and set up:				
• A line insertion				
• CVP insertion				

NURSING SKILLS CHECKLIST	1	2	3	4
• Chest drain insertion / removal				
Care of patient:				
• Post ERCP				
• GI Bleed				
• Bowel surgery				
• Renal surgery				
• Paediatric patient with electrolyte imbalances on peritoneal dialysis				
Identification / intervention of respiratory complications:				
• Aspiration				
• Laryngospasm				
• Tension pneumothorax				
Experience in Paediatric age group:				
• New born – 30 days				
• Infant – 1 year – 3 years				
• Child – 3 years – 5 years				
• 5 years – 12 years				
Computer skills				
CERTIFICATION	YES	NO	EXPIRY DATE	
BLS				
ACLS				
NRP				
PALS				
IV THERAPY				

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE