



**MINISTRY OF DEFENSE , AVIATION AND GENERAL INSPECTION  
GENERAL MEDICAL SERVICES DEPARTMENTS  
NAJRAN ARMED FORCES HOSPITALS PROGRAMME**

**REGISTERED NURSE SKILLS CHECKLIST  
EMERGENCY ROOM**

**PLEASE MARK LEVEL OF EXPERIENCE:**

- 1 = NO EXPERIENCE**
- 2 = KNOWLEDGE**
- 3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}**
- 4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION**

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Cardiovascular				
• Monitoring basic 12 Leads ECG				
• Assist in insertion and set up of Central Lines				
• Administration of ACLS Drugs				
Pulmonary				
• Assessment of breath sounds/rate/rhythm				
• Airway management devices/suctioning				
• Oxygen and nebulization therapy				
• Measuring Peak Flow Rate (PEFR)				
• Assist in intubation and extubation				
• Assist in chest drain insertion				
Neurological				
• Glasgow Coma Scale – GCS				
• Care of closed and open head injuries				
• Care of overdose patients/administration of antidotes				
• Management of seizures				
• Care of spinal cord injury				
• Care of CVA/TIA				
• Assist in lumbar puncture				
Orthopedics				
• Assessment of circulation and range of motion				
• Application of the spinal board				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
• Application of plaster cast				
• Application of the hard cervical collar				
• Assist in reducing fractures and dislocations				
<b>Gastrointestinal</b>				
• Assessment of abdominal and bowel sounds				
• Insertion of naso gastric tube				
• Gastric lavage				
• Care of abdominal trauma				
• Care of bowel obstruction				
• Care of gastrointestinal bleed				
• Assist in abdominal tapping/paracentesis				
<b>Renal/Genitourinary</b>				
• Urine assessment with dipstik				
• Insertion of female urinary catheter				
• Bladder washout				
• Care of the acute renal colic				
<b>Endocrine/Metabolic/Electrolytes Imbalance</b>				
• Blood glucose monitoring – glucometer				
• Administration of insulin				
• Preparation and administration of IV insulin infusion				
• Care of the diabetic ketoacidosis/hypoglycemia				
• Management of hyperkalemia				
<b>Obstetric/Gynaecology</b>				
• Management of different types of abortions				
• Management of abruptio/placenta previa				
• Emergency delivery				
<b>EENT</b>				
• Eye irrigation				
• Ear syringing				
• Management of epistaxis				
• Application of eye drops/ointment/eye pad				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Trauma/Shock				
• Management of different types of shock				
• Management of multiple trauma victim				
• Management of gunshot/stab wounds				
• Management of electrocuted patient				
• Application of mast suit				
• Management of various degree of burns				
Wound Management/Surgical				
• Assist with wound toilet and suturing				
• Assist with incision and drainage				
• Assist in removal of foreign body				
Pediatrics				
• Management of pediatric trauma				
• Management of pediatric arrest				
• Management of respiratory distress				
• Management of febrile fits				
• Management of gastro enteritis				
• Management of ingestion of poison/drugs				
• Assist in the lumbar puncture				
Phlebotomy/IV Therapy				
• IV cannulation insertion				
• Blood extraction				
• Administration of blood products				
• Administration of drugs intravenously				
<b>CERTIFICATION</b>	<b>YES</b>	<b>NO</b>	<b>EXPIRY DATE</b>	
BLS				
ACLS				
NRP				
PALS				
BTLS				

CERTIFICATION	YES	NO	EXPIRY DATE
ATLS			
TNCC			
Others			

*The information I have given is true and accurate.*

\_\_\_\_\_  
NAME (PLEASE PRINT)

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE