



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION
NURSING DEPARTMENT**

**REGISTERED NURSE SKILLS CHECKLIST
EMERGENCY ROOM**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
2 = KNOWLEDGE
3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

NURSING SKILLS CHECKLIST	1	2	3	4
Cardiovascular				
• Monitoring basic 12 Leads ECG				
• Assist in insertion and set up of Central Lines				
• Administration of ACLS Drugs				
Pulmonary				
• Assessment of breath sounds/rate/rhythm				
• Airway management devices/suctioning				
• Oxygen and nebulization therapy				
• Measuring Peak Flow Rate (PEFR)				
• Assist in intubation and extubation				
• Assist in chest drain insertion				
Neurological				
• Glasgow Coma Scale – GCS				
• Care of closed and open head injuries				
• Care of overdose patients/administration of antidotes				
• Management of seizures				
• Care of spinal cord injury				
• Care of CVA/TIA				
• Assist in lumbar puncture				
Orthopedics				
• Assessment of circulation and range of motion				
• Application of the spinal board				

NURSING SKILLS CHECKLIST	1	2	3	4
• Application of plaster cast				
• Application of the hard cervical collar				
• Assist in reducing fractures and dislocations				
Gastrointestinal				
• Assessment of abdominal and bowel sounds				
• Insertion of naso gastric tube				
• Gastric lavage				
• Care of abdominal trauma				
• Care of bowel obstruction				
• Care of gastrointestinal bleed				
• Assist in abdominal tapping/paracentesis				
Renal/Genitourinary				
• Urine assessment with dipstik				
• Insertion of female urinary catheter				
• Bladder washout				
• Care of the acute renal colic				
Endocrine/Metabolic/Electrolytes Imbalance				
• Blood glucose monitoring – glucometer				
• Administration of insulin				
• Preparation and administration of IV insulin infusion				
• Care of the diabetic ketoacidosis/hypoglycemia				
• Management of hyperkalemia				
Obstetric/Gynaecology				
• Management of different types of abortions				
• Management of abruptio/placenta previa				
• Emergency delivery				
EENT				
• Eye irrigation				
• Ear syringing				
• Management of epistaxis				
• Application of eye drops/ointment/eye pad				

NURSING SKILLS CHECKLIST	1	2	3	4
Trauma/Shock				
• Management of different types of shock				
• Management of multiple trauma victim				
• Management of gunshot/stab wounds				
• Management of electrocuted patient				
• Application of mast suit				
• Management of various degree of burns				
Wound Management/Surgical				
• Assist with wound toilet and suturing				
• Assist with incision and drainage				
• Assist in removal of foreign body				
Pediatrics				
• Management of pediatric trauma				
• Management of pediatric arrest				
• Management of respiratory distress				
• Management of febrile fits				
• Management of gastro enteritis				
• Management of ingestion of poison/drugs				
• Assist in the lumbar puncture				
Phlebotomy/IV Therapy				
• IV cannulation insertion				
• Blood extraction				
• Administration of blood products				
• Administration of drugs intravenously				
CERTIFICATION	YES	NO	EXPIRY DATE	
BLS				
ACLS				
NRP				
PALS				
BTLS				

CERTIFICATION	YES	NO	EXPIRY DATE
ATLS			
TNCC			
Others			

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE