



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION  
NURSING DEPARTMENT**

**REGISTERED NURSE SKILLS CHECKLIST  
EENT CLINIC**

**PLEASE MARK LEVEL OF EXPERIENCE:**

- 1 = NO EXPERIENCE**  
**2 = KNOWLEDGE BUT NO PRACTICE**  
**3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}**  
**4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION**

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Working knowledge of common ophthalmological conditions and rational underlying procedures and treatment				
Pre and post-operative care of patients for ophthalmological procedures and surgery including:				
• Dilation of pupils with extra care of usage of Phenylephrine 2.5% and 10%				
• Constriction of pupils				
• Post-op eye dressing				
• Eye irrigation				
Assisting of fluorescein angiography				
Correct instillation of eye drops				
Familiar usage of eye instruments				
Correct usage of Snellen Chart				
Care of slit lamp and lenses including laser lenses				
Preparation of patient's booking for OR as short stay or elective cases.				
Care of the patient with acute Ophthalmological trauma and other ocular emergency cases				
Use of auto refractometer				
Use of Argon and Yag Laser machines, assisting during the procedure				
Assemble equipment, set up procedure tray(s) and room(s) as necessary for minor surgical procedures including:				
• Incision and drainage of chalazion				
• Removal of foreign body from the eye				
Function as scrub/circulating nursing in minor surgical procedures such as chalaziuon excision, electrolysis, etc.				

Assisting in measurement of IOP, both adult and children				
Assisting the doctor in probing and syringing of lacrimal duct, ophthalmological lavage and subconjunctival injection				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Assist the doctor in examination of patients under sedation				
Working knowledge of equipment and instruments used in otolaryngeal examinations and procedure including:				
• Zeiss microscope				
• ORL mobile treatment system				
• Tympanometer				
• Audiometry equipment – controlled acoustic environment				
- Rigid scope and flexible scope				
Familiar with ENT instruments and equipments				
Assist in nasal packing and removal of nasal packs in post septoplasty cases				
Removal of sutures for post tympanoplasty patients				
Assisting in ear washing/irrigation				
Assisting in nasal suctioning/removal of ear wax				
Booking for pre-operative patients for short stay patients and elective cases				
Preparing cream and ointment for ENT patients				
Care of flexible scopes and rigid scope				
Instillation of nasal and ear drops				
Assemble equipment, set up procedure tray(s) and room(s) as necessary for minor surgical procedures including:				
• Biopsy nose and throat				
• Ear syringing				
• Nasal packing				
• Tracheostomy				
• Caloric test				
Assisting in removal of foreign body in ears, nose and throat				
Sending of specimens for lab investigation				
Initiate and maintain Basic Life Support (Certified BLS)				

Knowledge of cross cultural nursing and ability to work effectively in a multinational multidisciplinary staff group				
Working knowledge of equipment including non invasive BP monitoring e.g.:				
• Dinamap				
• Pulse oximeter				
• IVAC or tympanometer				
• Glucometer				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Establish and maintain IV line for administration of IV medication.				
Calculating medication dosages				
Computer skills				
<b>CERTIFICATION</b>	<b>YES</b>	<b>NO</b>	<b>EXPIRY DATE</b>	
BLS				
ACLS				
NRP				
PALS				
IV THERAPY				

*The information I have given is true and accurate.*

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NAME (PLEASE PRINT)

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

