



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION
NURSING DEPARTMENT**

**REGISTERED NURSE SKILLS CHECKLIST
BURNS UNIT**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
2 = KNOWLEDGE
3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}
4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION

NURSING SKILLS CHECKLIST	1	2	3	4
TRAUMA OR SHOCK:				
Triage				
Assessment				
Lund and Browder Chart				
Parkland Formula				
Thermal Burns				
• 1 st Degree				
• 2 nd Degree				
• 3 rd Degree				
Chemical Burns				
Electrical Burns				
Pressure sores				
Staged decubitus ulcers				
Traumatic wounds				
Hypothermia				

Hyperthermia				
Hypovolemic shock				
Septic shock				
WOUND MANAGEMENT:				
Split thickness skin grafting				
Major dressing				
Wound irrigation				

<i>NURSING SKILLS CHECKLIST</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>
WOUND MANAGEMENT				
Extensive debridement				
Pre and post operative care				
Post escharotomy care				
PAIN MANAGEMENT:				
<i>CARDIOVASCULAR/CIRCULATORY:</i>				
Assess heart sounds (normal/abnormal)				
Set up/run 12 lead ECG				
Use of cardiac monitor				
Assist with insertion and set up:				
• Arterial line				
• Central venous line				
Haemodynamic monitoring:				
• Non-invasive				
• Invasive - Mean Arterial Pressure				

- Central Venous Pressure				
Circulation checks				
<i>NEUROLOGICAL</i>				
Use of Glasgow coma scale				
Assess reflex/motor deficits				
Assess visual or communication deficits				
RESPIRATORY/PULMONARY				
Burns, inhalation injuries				
Assess adventitious breath sounds				
Assess rate and work of breathing				
Interpretation of ABG				
Establishing an airway				
Oral airway insertion and maintenance				
Suctioning				
Oxygen Therapy Administration				
Assist with intubation				
Assist with extubation				
Care of patient on a ventilator				

NURSING SKILLS CHECKLIST	1	2	3	4
<i>GASTROINTESTINAL</i>				
Assessment				
Abdominal/bowel sounds				
Fluid balance				

Nutritional status for burn patient				
Interpretation of blood chemistry				
Nasogastric tube:				
• Insertion				
• Care and maintenance				
• Tube feedings				
Nutritional infusions:				
• Total Parenteral Nutrition				
• Intralipids				
Administration/mixing IV medications				
Care of the patient with:				
• Central line/catheter/dressing				
• Peripheral line/dressing				
EQUIPMENT:				
Defibrillator				
Infusion pumps, e.g. Imed, Ivac, Abbott				
Ivac thermometer				
Cardiac monitor				
Electronic scales				
BP monitor				
Feeding pumps				
Clinitron bed				
Hydrotherapy tank				
Electric bed				
ECG machine				
Glucometer				
Infection control and isolation techniques/Standard precautions				

NURSING SKILLS CHECKLIST	1	2	3	4
Charge Nurse responsibilities				
Computer skills				
CERTIFICATION	YES	NO	EXPIRY DATE	
BLS				
ACLS				
NRP				
PALS				
IV THERAPY				

The information I have given is true and accurate.

NAME (PLEASE PRINT)