



**KING SALMAN ARMED FORCES HOSPITAL - NORTHWESTERN REGION  
NURSING DEPARTMENT**

**REGISTERED NURSE SKILLS CHECKLIST  
ADULT LONG STAY REHABILITATION UNIT**

**PLEASE MARK LEVEL OF EXPERIENCE:**

- 1 = NO EXPERIENCE**  
**2 = KNOWLEDGE**  
**3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}**  
**4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION**

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Perform physical assessment of the patient				
Management patient with respiratory problems				
<ul style="list-style-type: none"> <li>Airway support, including artificial airway, oral. nasal</li> </ul>				
<ul style="list-style-type: none"> <li>Tracheostomy care</li> </ul>				
<ul style="list-style-type: none"> <li>Suctioning (oral, nasal and tracheostomy)</li> </ul>				
Initiate and maintain oxygen therapy using				
<ul style="list-style-type: none"> <li>Nebulizer with oxygen</li> </ul>				
<ul style="list-style-type: none"> <li>Face mask</li> </ul>				
<ul style="list-style-type: none"> <li>Nasal cannula</li> </ul>				
Maintain nutritional status				
<ul style="list-style-type: none"> <li>Insertion of nasogastric tube</li> </ul>				
<ul style="list-style-type: none"> <li>Tube feeding (nasogastric, intermittent or continuous)</li> </ul>				
<ul style="list-style-type: none"> <li>Gastrostomy feeding via Peg Tube</li> </ul>				
Care of the dying				
Palliative care				
Knowledge of communicable diseases and knowledge of special procedures (diagnostic or therapeutic)				
<ul style="list-style-type: none"> <li>Supra pubic aspiration</li> </ul>				
<ul style="list-style-type: none"> <li>Venepuncture for blood samples</li> </ul>				
<ul style="list-style-type: none"> <li>Insertion of IV</li> </ul>				

• Catheterization urethral				
• Endoscopy				
• Ct scan				

<b>NURSING SKILLS CHECKLIST</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
• Ultrasound				
• Glucose testing				
Care of disabled patients				
• ROM exercises				
• Pressure area care				
• Chest physiotherapy				
• Moving technique				
• Use of restraints				
Knowledge of:				
• Head and spinal injuries				
• Dementia				
• Diabetes				
• Chronic Obstructive Airway Disease (COAD)				
• CVA				
• Cancer				
• Cerebral palsy				
Isolation techniques/standard precautions				
Working knowledge of the nursing process				
Monitor IV using infusion control devices, e.g. IVAC, IMED, Abbot, syringe pump				
Knowledge of:				
• Rehabilitation nursing				
• Psychological support for residents and relatives				
• Recreational activities				
• Diversional activities				
• Cultural empathy				
Knowledge of tropical diseases				

Knowledge of cross-cultural nursing and experience working in a multi-national staff group				
Function as Charge Nurse				
Computer skills				

<b>CERTIFICATION</b>	<b>YES</b>	<b>NO</b>	<b>EXPIRY DATE</b>
BLS			
ACLS			
NRP			
PALS			
IV THERAPY			

*The information I have given is true and accurate.*

\_\_\_\_\_  
NAME (PLEASE PRINT)

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE