

**RECOVERY ROOM (RR)- KING ABDULAZIZ AIRBASE HOSPITAL
DHAHRAN, SAUDI ARABIA**

NURSING SKILLS CHECKLIST

Please complete the skills checklist using the key to indicate level of expertise for the particular skill.

- A. Minimum of 1 year current experience; performs without supervision
- B. 6-12 months experience within past 2 years; requires assistance at times
- C. <6 months experience; practice and assistance needed with clinical skills
- D> No experience; willing to learn

<u>REQUIRED CLINICAL SKILLS</u>	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Support recovery of adult/pediatric patients from effects of anesthesia agents including:					
- General					
- Spinal					
- Epidural and other regional blocks plus local and sedation					
Perform complete assessment of patient activity, respirations, circulations, level of consciousness, solos, returning spinal level.					
Provide respiratory care/nursing management including:					
- Air protection, i.e. open airway with positioning or insert oral airway, maintain placement nasal airway					
- Assess need for/assist with re-intubation					
- Assess need for/remove oral airway/extubate (remove endotracheal tube)					
- Suction per tracheostomy/all of the above					
Maintain/manage IV therapy/hemodynamic monitoring system including:					
- CVP line					
- Arterial line					
- Cutdown					
- Administer blood and blood products					
- Administer medications per IV line					
- Insert peripheral IV line					
- Recognize significance of arterial blood gas values					
- Calculate intra operative/post-operative fluid					
Working knowledge of medications comon to post anesthesia unit, i.e. anesthetic agents, narcotics, sedatives, narcotic antagonists, antibiotics, etc.					
Working knowledge of specialized equipment common to post anesthesia unit, i.e.					
- Ventilators					

REQUIRED CLINICAL SKILLS	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
- Cardiac monitor/defibrillators					
- Pulse oximeters					
- Arterial line transducer					
- Continuous non-invasive BP monitoring device					
- Blood warming device					
- IV infusion control device, i.e. Ivac, Imed, Abbott, Syringe Pump, Blood Pump, etc.					
- Hypo/hyperthermia blanket					
Recognize normal cardiac rhythm and life-threatening cardiac arrhythmias.					
Initiate and maintain Basic Cardiac Life Support measures (BCLS or equivalent, certified)					
Participate in management of cardiac arrest					
- Assist with emergency intubation					
- Perform D/C defibrillation					
- Perform cardioversion					
- Administer emergency IV cardiac medications					
- Assist with emergency tracheostomy					
Provide nursing management of Day Care/Same Day surgery patient.					
Knowledge of tropical/infectious disease and universal/standard precautions/isolation techniques.					
Working knowledge of nursing process					
Fuctions as Charge Nurse or take "on-call"					
Knwoledge of cross cultural nursing experience working in a multi-national staff group.					
Applies effective communication skills in order to promote clinically effective perioperative care.					
Establishes and maintain effective relationships with patients, carers and the members of the perioperative team.					
Applies the principles of good communication which engenders trust and confidence in perioperative services.					
Demonstrates personal accountability for their own continuing professional development perioperative practice.					
Contributes to the continuing professional development of the team.					

<u>REQUIRED CLINICAL SKILLS</u>	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Supports and promotes clinical effectiveness by developing an evidence based approach to perioperative practice.					
Identifies and effectively manages perioperative risks and hazards associated with the patient and the perioperative environment.					
Participates and contributes to a perioperative quality assurance strategy.					
Demonstrates and promotes professional, ethical and legal approaches to perioperative practice.					
Demonstrates personal and professional accountability in relation to the role of a perioperative practitioner.					
Provides an optimum environment for the care and treatment of perioperative patient.					
Provides evidence based individualized perioperative care.					
Demonstrates competence in the use of medical devices.					
Demonstrate competence on scrub/circulating practitioners role.					
Demonstrates competence in the recovery room practitioner role.					

Additional Comments:

NAME/SIGNATURE: _____

DATE: _____