



ARMED FORCES HOSPITAL SOUTHERN REGION  
KHAMIS MUSHAYT

**SPECIALTY CLINICS SKILLS LIST**  
**(HRS/F004/02)**

**NAME OF APPLICANT:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

<p><b>HOW TO COMPLETE THIS FORM:</b></p> <p>A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an “X” in the box that most accurately describes your level of expertise for this skills listed.</p>	<p><b>LEVELS OF PROFICIENCY:</b></p> <p><b>A</b> = Perform Well ( at least one year of current experience, very comfortable performing without supervision)  <b>B</b> = Limited Experience ( 6-12 months, within the past two years, would require some assistance)  <b>C</b> = Perform Infrequently ( less than three months of experience, need more experience and practice, assistance required)  <b>D</b> = No Experience ( have never performed this task, willing to learn)</p>
---	--

SKILL	A	B	C	D	COMMENTS ( IF ANY )
Working Knowledge of common ophthalmological conditions and rationale underlying procedures and treatments					
Pre & Post operative care of patients for ophthalmological procedures and surgery including: - Dilation of Pupil - Eye Dressing					
Care of the patient with acute ophthalmological trauma					
Care and maintenance of slit lamp and lenses					
Computer auto refraction					
Visual Field / Visual Acuity					
Eye Laser Treatment					
Retinal Exam. Camera					
Biometry/Perimetry					
Assemble equipment, set up procedure tray(s) and room(s) as necessary for minor surgical procedures and assisting the physician in - Excision of chalazion - Removal of foreign body from the eye - Probing and syringing of lachrymal duct - Ophthalmological lavage					
Assisting the physician in B-Scan					
Assist with examinations under sedation					
Working knowledge of equipment & instruments used in otolaryngeal examinations and procedures including: • Zeus Microscope • ORL Mobile Treatment System • Tympanometer					

<b>SKILL</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>COMMENTS ( IF ANY )</b>
Care of patient with acute epistaxis including: - Diathermy - Chemical naso-constriction					
Assemble equipment, set up procedure tray(s) and room(s) as necessary for minor surgical procedures including: - Biopsy of nose and throat - Ear Syringing					
Underlying rationale for endoscopy procedures with a thorough understanding of the components of flexible fibreoptic endoscopes					
The care of flexible fibreoptic endoscopes including: - Handling - Cleaning - Storage - Use					
Assisting the physician in Incision & Drainage of Auricular abscess					
Knowledge of the use of diathermy equipment					
Establishment and maintenance of I.V. infusions					
Assemble equipment, Set up procedure tray(s) and room(s) as necessary for minor, surgical procedures including : - Minor suturing - Removal of cysts and minor dermatological neoplasms					
Thorough knowledge of current wound dressing products and techniques – burns, diabetic foot, bedsores, infectious wounds					
Removal of sutures and surgical clips					
Knowledge of current Plastic Surgery techniques including: - Care of skin grafting - Skin expansion					
Initiate and maintain Basic Cardiac Life Support measures ( Certified BCLS or equivalent )					
Establish and maintain IV infusion and administer IV medications					
Knowledge in giving Blood Transfusion					
Knowledge in Tracheostomy care					
Knowledge of cross cultural nursing and ability to work effectively in a multi-national, disciplinary staff group					
Working knowledge of equipment including: • Non-invasive BP monitoring e.g. Dynamap • Pulse oximeter • Glucometer • Crash Cart w/.suction Machine • Infusion Pump					

SKILL	A	B	C	D	COMMENTS ( IF ANY )
Working knowledge in Dermatology Clinic Equipment <ul style="list-style-type: none"> <li>• Electro Cautery surgery Machine</li> <li>• Psoralen Ultraviolet A (PUVA Machine)</li> <li>• Skin Laser Machine</li> <li>• Cryo therapy –Use of Liquid Nitrogen Spray</li> </ul>					
Knowledge in assisting Orthopedic procedures: <ul style="list-style-type: none"> <li>• Application of Plaster of Paris</li> <li>• Removal of Plaster of Paris and care of patients</li> </ul>					
Knowledge in reduction of hospital acquired infection: <ul style="list-style-type: none"> <li>• Hand washing</li> <li>• Aseptic Technique</li> <li>• Isolation of patient</li> <li>• Clinical Waste disposal</li> </ul>					
Function as Charge Nurse					
Computer Skills					

Revised Jan. 2010 MJBA

***PLEASE MAKE ANY ADDITIONAL COMMENTS OR EXPLANATIONS BELOW OR ON REVERSE.***

I acknowledge that I will be tested on the above skills within the first three months of my arrival, and if I fail to demonstrate an acceptable standard (in comparison to the information provided on this list) my employment will be terminated and I will be sent home.

**Name of Applicant:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_