



ARMED FORCES HOSPITAL SOUTHERN REGION
KHAMIS MUSHAYT

POST PARTUM & NEWBORN NURSERY
NURSING SKILLS CHECKLIST
(HRS/F046/02)

NAME OF APPLICANT: _____

DATE: _____

<p>HOW TO COMPLETE THIS FORM:</p> <p>A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an "X" in the box that most accurately describes your level of expertise for this skills listed.</p>	<p>LEVELS OF PROFICIENCY:</p> <p>A = Perform Well (at least one year of current experience, very comfortable performing without supervision) B = Limited Experience (6-12 months, within the past two years, would require some assistance) C = Perform Infrequently (less than three months of experience, need more experience and practice, assistance required) D = No Experience (have never performed this task, willing to learn)</p>
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SKILL	A	B	C	D	COMMENTS (IF ANY)
POST PARTUM CARE OF PATIENTS WITH:					
Pregnancy Induced Hypertension (PIH)/Eclampsia post delivery					
Gestational Diabetes-diet/insulin controlled post delivery					
Post Partum Hemorrhage (PPH)					
H/O Cardiac and Renal problems post delivery (i.e. valve prolapse, renal transplant					
Sickle Cell Disease post delivery					
Post Multiple delivery					
Puerperial infection post delivery					
Fundal palpation & assessment post delivery/assessment of lochia(i.e Post Partum observations and general nursing care					
Breast care and assistance/education with breast feeding post delivery					
Post spontaneous vaginal delivery					
Post Instrumental delivery					
Post elective/Emergency Cesarean Section / post Hysterectomy					
Mothercrafting education post delivery/rooming in encouraged					
Insertion of IV cannula/taking of blood specimens as requested by the Doctor					
Insertion/removal of the IDC as ordered by the Doctor					
Removal of drains as ordered					
EKG					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Removal of sutures/clips as requested					
Assist with removal of vaginal packs					
Administration of oral, IV, IM, subcutaneous and intradermal, Pr, Pv medications as ordered					
Administration of IV fluids/blood products as required					
Care of the perineum post delivery					
Aseptic dressing change technique					
Initiate discharge planning/completes relevant patient and family education					
DISPLAYS KNOWLEDGE OF THE SPECIAL MEDICATIONS COMMONLY USED IN THE PUERPERIUM:					
Syntocin					
Methergin					
Anti D					
Labetalol					
Rubella Vaccine					
CARE OF THE NEONATE:					
Newborn physical assessment/admission of the baby to the well baby nursery					
Knowledge of normal parameters of the newborn : Temperature: Heart rate: Respiration: Urine/Stool changes: Head to Toe Examination including APGAR Scoring: Weight, length, head circumference					
Provide routine infant care including: Cord care/skin care/eye care: Measure & assess vital signs & weight: Bottle feed infant (to complement breastfeeding)					
Is able to operate the available suctioning and oxygen equipment available in the nursery as required					
Provide emergency care for the newborn including: Oral / Nasal suctioning Application/use of infant resuscitator (Ambubag) and Oxygen					
Neonatal resuscitation/stabilization					
Care of the Small/Large for Gestational age neonate					
Care of Hyperbilirubinemia(baby undergoing phototherapy treatment, assess jaundice level & maintain babies temperature)					
Care of the baby of a diabetic mother					
Care of the baby with Congenital/Chromosomal Abnormality					
Care of the baby with Cardiac/Renal anomalies					
Care of the baby with cleft lip and palate					
Care of the baby with Congenital Dislocated Hips					
Care of a newborn of HIV + / HBS/AG+ mother					
Perform daily examination of the newborn for the following signs & symptoms of : Abnormalities Infection					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Jaundice Weight Loss Inadequacy of feeds Intolerance of feeds & to report these to the relevant Doctor promptly					
Perform bath demonstrations and provide instructions to mothers					
Instruct mothers with regards to current cord care routine					
Accompany Paediatrician on daily newborn round					
Understands and supports the normal feed/fluid requirement of the newborn and assists the mother to breast and/or bottle feed					
Knowledge of and the ability to administer medications commonly given to the newborn: Vaccinations (VitK, Hep B & Hep B Immunoglobulin)					
Oral, Intramuscular, Intradermal & Ocular Medications					
Collect routine laboratory specimens from the newborn: i.e. Urine, stool, swabs for C&S					
Able to perform a gastric lavage					
Apply current infection control measures used in the newborn nursery including implementation of isolation precautions					
Apply the principles of rooming with mother					
Collect routine blood samples from infants via Heel prick, venepuncture & IV cannulation methods					
Able to perform accurately a Dextrostic sampling and capillary gas recording					
Provides mother/family with discharge and mother crafting education					

Revised January 2010

Comments/Questions:

1. What do you like most about your present position?
2. What do you dislike the most about your present position?
3. What contribution do you think you can make to AFHSR-Khamis Mushayt, KSA?
4. What is the average daily nurse / patient ratio for :

Days : 1 to _____ patients

Nights : 1 to _____ patients

5. Are you familiar with running a busy well baby nursery ?

Yes () No ()

Days : 1 to _____ patients Nights : 1 to _____ patients

6. Size of Nursery: _____

7. Identify the Nursing Delivery System you currently use.

8. Identify the steps in the Nursing process

9. What format of charting are you currently utilizing (SOAP , Focus Charting. Charting by Exception etc.)

10. What experience do you have with Quality Improvement?

11. What unit or hospital committees do you actively participate on?

12. How do you keep up to date with current nursing practice/research?

Thank you for completing the above. Demonstration of skills will be expected during your 90 days probationary period. Inability to demonstrate skills may result in termination during probationary period.

Name of the Applicant: _____

Signature of the Applicant: _____ **Date:** _____