



ARMED FORCES HOSPITAL SOUTHERN REGION
KHAMIS MUSHAYT

PAEDIATRICS SKILLS LIST
(HRS/F072/02)

NAME OF APPLICANT: _____

DATE: _____

<p>HOW TO COMPLETE THIS FORM:</p> <p>A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an “X” in the box that most accurately describes your level of expertise for this skills listed.</p>	<p>LEVELS OF PROFICIENCY:</p> <p>A = Perform Well (at least one year of current experience, very comfortable performing without supervision) B = Limited Experience (6-12 months, within the past two years, would require some assistance) C = Perform Infrequently (less than three months of experience, need more experience and practice, assistance required) D = No Experience (have never performed this task, willing to learn)</p>
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SKILL	A	B	C	D	COMMENTS (IF ANY)
1. GENERAL PAEDIATRIC SKILLS/ CALCULATIONS (Age/Weight Specifics/Normals)					
Physical Assessment					
Lab Values					
Vital Signs					
Normal urine output					
Growth charts					
Maintenance fluids and intakes					
cc/cc/ replacements					
Caloric counts					
Immunization schedules					
Determination of body surface area (BSA)					
2. GENERAL NURSING :					
Nursing process					
Patient care plans					
Patient/family teaching					
Discharge planning					
Transcription of physician orders					
3. FEEDING:					
Normal diet for age					
Normal feeding techniques					
NG tube insertion and feeding					
Bottle Feeding					
Gastrostomy feeding (GT)					
Special needs i.e. cleft palate					
Special diets such as metabolic, diabetic, etc.					
4. EQUIPMENT:					
Non –invasive blood pressure monitoring (Dynamap)					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Digital weighing scales					
Infusion pumps (indicate types used)					
Syringe pumps					
Doppler					
Blood Glucose Reflectance Meter (indicate types used)					
Computer Skills					
5. PHARMACOLOGY/IV SKILLS:					
Unit dose system					
Calculation of dosages					
Drug compatibilities, side effects / nursing implications					
Medical Transcription					
Medication Administration via:					
Nasogastric (NG)					
Intramuscular (IM)					
Subcutaneous (SubQ)					
IV Push					
IV Piggyback					
Burotrols / Volutrol / giving sets					
Maintaining of Nutritional Status:					
Oral					
Parenteral					
Hourly IV rate calculations					
Administration of blood and blood products					
Total Parenteral Nutrition (TPN)					
Lipids					
Morphine Infusions					
Insulin Infusions					
Heparin Infusions					
Heparin locking / maintenance					
Rapid Administration of :					
Bicarbonate					
Calcium					
Potassium					
Magnesium					
Vascular Access Devices/Central Lines(indicate types used)					
Peripheral IV starts					
Blood Draws:					
Peripheral					
Central Lines					
I.V. Dressing Changes:					
Peripheral					
Central Lines					
6. RESPIRATORY CARE:					
Oxygen Therapy via:					
Nasal Cannula					
Hood					
Mask					
Oxygen Humidifier					
Facemask					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Nasal & oral / pharyngeal suctioning					
Insentive spirometry					
Pulse oximetry					
Apnea monitors					
Chest physiotherapy					
Basic Cardiac Life Support (BCLS) or Paediatric Advanced Life Support (PALS) certified					
7. TRACHEOSTOMY CARE:					
Use of ambu bag					
Tracheal suctioning					
Changing of trach ties/dressing					
Changing trach tubes					
Tracheal aspirate collection					
8. CARDIOVASCULAR:					
Preparation for and after care of cardiac catheterization					
Cardiac monitoring					
Rhythm interpretation					
Use of 12 Lead EKG machine					
Care of patients with cardiac conditions					
Care of patients post cardiac surgery					
9. NEUROLOGICAL:					
Neuro checks/Glasgow scales					
Identify Signs/Symptoms of increased intracranial pressure					
Seizure precautions/ Seizure Nursing Management					
Lumbar punctures					
<i>Ventricular shunts/drains:</i>					
Internal					
External					
10. GENERAL SURGERY:					
Pre-operative preparation					
Post-operative assessment /care					
Post – craniotomy Care					
Chest tubes and pleurovacs					
Drains and hemovacs (indicate types used)					
Ng suctioning and irrigation					
<i>Urinary Catheters:</i>					
Foley catheter insertion / care					
Suprapubic catheter care					
Ureteric catheter care					
Nephrostomy tube care					
Open wound irrigation					
Wound packing					
Colostomy – ileostomy stoma					
Suture / staple removal					
<i>Emergencies such as:</i>					
Septic shock					
Hemorrhage					

SKILL	A	B	C	D	COMMENTS (IF ANY)
11. ORTHOPAEDIC:					
Prosthetic devices					
Traction					
Splints					
Cast care					
Physical Therapy					
Occupational Therapy					
12. ENDOCRINE:					
Care of patient in DKA					
Care of patients with metabolic disorders					
Complex testing such as:					
Glucose tolerance test (GTT)					
Fluid challenge test					
Biopsy care such as:					
Assisting with:					
Kidney					
Intestinal					
Skin					
Muscle					
Liver					
Nerve Fine Needle aspiration (FNA)					
13. ENT/PLASTICS:					
Burns					
Care of patients with ENT/Plastic Surgery					
14. RENAL/UROLOGY:					
Care of patient in acute / chronic renal failure					
Continuous Ambulatory Peritoneal Dialysis (CAPD)					
AV fistulas					
15. INFECTION CONTROL/ASEPTIC TECHNIQUE					
Standard (Universal) precautions					
Isolation procedures					
Aseptic (sterile) techniques					
Care of HIV patient					
Specimen collection/handling:					
Central Spinal Fluid (CSF)					
Blood					
Sputum					
Stool					
Urine					
16. ASSIST WITH SPECIAL PROCEDURES (diagnostic/therapeutic)					
Blood sample collection (venous)					
Insertion of IV					
Cutdown					
Lumbar puncture					
Bone marrow aspirations					
General biopsy and needle biopsy					
Insertion of chest tube					
Glucose Tolerance testing					
Suprapubic bladder aspiration					
Supra pubic catheter					
Gastric drainage					
Skin and skeletal Traction					

SKILL	A	B	C	D	COMMENTS (IF ANY)
17. CLINICAL SKILLS (preferred but NOT required):					
Establish IV					
Monitor IV using infusion control devices e.g. Ivac, Imed, Abbott, syringe pump					
Manage cutdown or central line					
Manage TPN line for hyperalimentation					
Administer blood or blood products					
18. WORKING KNOWLEDGE OF OTHER SPECIALIZED EQUIPMENT COMMON TO PAEDIATRIC SERVICES:					
Pulse Oximeter					
Oxygen Analyzer					
Inhalation Devices, nebulizers					
Apnea control devices					
Cardiac monitor including recognition of life threatening Arrhythmias					
Isolette/Incubator					
Phototherapy Devices					
Blood warming device					
Capillary blood glucose sampling devices (e.g. Glucometer, One Touch II, Accucheck)					
19. MISCELLANEOUS:					
Care for the Paediatric burn patient including dressing change and fluid monitoring					
Care for chronically ill/disabled child / Sickie cell					
Knowledge of cross cultural nursing & experience working in a multi-national staff group					
Knowledge of Tropical diseases					
20. MANAGEMENT EXPERIENCE:					
Precepting new employees					
Charge nurse responsibilities					
<i>Type of nursing care familiar with:</i>					
Team					
Total patient care					
Primary nursing					
Clinical pathways					

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Thank you for completing the above. Demonstration of skills stated will be expected during the 90 days probationary period. Inability to demonstrate skills may result in termination during probationary period.



*Armed Forces Hospitals Programme Southern Region
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- How many beds are there in the Paediatric Unit you currently work in?

- What is the Nurse/Patient ratio in that Paediatric Unit?

- Have you initiated/maintained Basic Cardiac Life Support measures (BCLS or equivalent certified) ? YES () NO ()

- Have you ever functioned as a Charge Nurse? YES () NO ()

- What Paediatric cases have you handled?

- What other skills/experience do you have or courses completed that may benefit the patient/hospital in the international setting?

- What kind of patient/staff education or teaching have you presented?

- Any other comments.

Name of the Applicant: _____

Signature of the Applicant: _____

Date: _____