



ARMED FORCES HOSPITAL SOUTHERN REGION
KHAMIS MUSHAYT

LABOUR AND DELIVERY SKILLS LIST
(HRS/F093/01)

NAME OF APPLICANT: _____

DATE: _____

<p>HOW TO COMPLETE THIS FORM:</p> <p>A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an “X” in the box that most accurately describes your level of expertise for this skills listed.</p>	<p>LEVELS OF PROFICIENCY:</p> <p>A = Perform Well (at least one year of current experience, very comfortable performing without supervision) B = Limited Experience (6-12 months, within the past two years, would require some assistance) C = Perform Infrequently (less than three months of experience, need more experience and practice, assistance required) D = No Experience (have never performed this task, willing to learn)</p>
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SKILL	A	B	C	D	COMMENTS (IF ANY)
NORMAL ANTE-PARTUM, INTRAPARTUM & DELIVERY					
Abdominal Palpation					
Application of CTG's					
Interpretation of CTG's					
Foetal heart auscultation – Pinnards stethoscope					
Physiology/ management of the 1 st , 2 nd and 3 rd stage of labour					
Performing vaginal examinations					
Antenatal physical assessment: deviations from norm					
PAIN RELIEF & COMFORT IN LABOUR					
1. Nitrous Oxide					
2. Pethidine					
3. Epidural					
4. Spinal					
5. Patient controlled Analgesia (PCA)					
Management/ care of patient with spontaneous rupture of membranes					
Performing an Episiotomy					
Performing/ management of a normal vaginal delivery					
Administration of Oxytocics (IM, IV)					
Suturing of episiotomies/ perineal tears					
Assisting/ performing speculum examination- HVS					
ABNORMAL & HIGH RISK ANTEPARTUM, INTRAPARTUM & DELIVERY					
Biophysical profile					
Assisting with removal of a cervical suture					
Abortions – inevitable					
Still births					
Extra – amniotic prostaglandin infusion					
Grief counseling					
Sexually transmittable infections					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Premature rupture of membranes (PROM)					
Suppression of pre term labour with IV Tocolytics					
Preterm labour/ delivery					
Oligohydramnios					
Polyhydramnios					
Placenta Previa					
Placenta Abruptio					
Blood coagulation failure – (DIC)					
Pregnancy induced hypertension (PIH) / (pre-eclampsia)					
Antihypertensive therapy – IV administration					
Anticonvulsant therapy – IV administration					
Management of an Eclamptic patient/ seizures					
Gestational diabetic, diet/ insulin controlled					
Application of foetal scalp electrode (FSE)					
Foetal Distress					
Trial of labour					
Trial of scar					
Assisting with Forceps delivery					
Assisting with vacuum extraction					
Shoulder dystocia					
Precipitous delivery					
Cord prolapse					
Prolonged pregnancy					
Induction of labour with prostin pessaries					
Induction/ Augmentation – ARM. IV Syntocinon (Pitocin)					
IUGR					
Prolonged labour					
Inco-ordinate uterine action					
Obstructed labour					
Malpresentations e.g. Breech					
External cephalic version (ECV)					
Malposition of the occiput					
Multiple pregnancy/ labour					
Partial separation of placenta					
Post partum haemorrhage (PPH)					
Retained Placenta					
Uterine rupture					
Hypovolaemia / shock					
Blood transfusions					
Preparation of a patient for emergency caesarian					
amniocentesis					
MATERNAL DISEASE IN PREGNANCY AND LABOUR					
Sickle cell disease					
Renal disease					
Severe anaemia					
Essential hypertension					
Epilepsy					
Insulin dependent diabetes mellitus					
Cardiac disease					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Hepatitis B & C					
AIDS					
THE NEWBORN – NORMAL & ABNORMAL					
Clearing away with a suction catheter					
Receiving a newborn at the caesarian section					
Initial resuscitation of the newborn with clear liquor					
Initial resuscitation of the newborn with meconium stained liquor					
Assessment – apgar scoring					
Initial physical examination: deviations from the norm					
Major congenital abnormalities, e.g. cardiac defects, cleft/ lip palate, neural tube defects					
Birth injuries/ detection of					
Gestational age – Dubowitz score					
Premature infant					
IUGR infant					
SGA infant					
Infant of diabetic mother					
Hypoglycemia					
Transient Tachypnoea of the newborn					
Respiratory distress syndrome					
Anemic infant					
Twin to twin transfusion					
ADMINISTRATION OF THE FOLLOWING DRUGS TO THE NEWBORN					
Konakion IMI					
Narcain					
Hepatitis B vaccine					
Hepatitis B Immunoglobulin					
Oxygen					
Antibiotics IV					
USE OF THE FOLLOWING EQUIPMENT					
Portable Sonicaid					
CTG monitors					
Electronic weighing scales					
Vickers airshield/ medical resuscitaires					
Transport incubators					
Patient controlled analgesia pumps					
Infusion pumps					
Foetal blood sampling equipment					
Vacuum extraction equipment					
Forceps					
Lithotomy poles/ stirrups					
Varying styles of delivery beds					
Portable ultrasound machines					
Portable oxygen cylinders-changing out					
Radiant heaters					
Obstetrical Calculation Wheel (EDC)					
Syringe pumps					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Pulse oximeter					
Blood Warmer					
Portable suction units					
Speculums					
Amnicator					
Patella Hammer					

Reviewed January 2010

UNIT SPECIFIC PAST EXPERIENCE AND SKILLS CHECKLIST

Please complete the following questions:

- Number of years nursing within Obstetrics: _____
- Did this include rotating throughout delivery, antenatal and postnatal? _____
- In which area do you have the most experience? _____
- Your obstetrical knowledge base is from (tick appropriate space)
 On the job training _____ Specialist certificate _____ Duration of course _____
 Others, please specify _____
- Average daily census in your hospital: _____
- Number of beds in your delivery unit: _____
 Antenatal Unit: _____
 Postnatal Unit : _____
- Your staffing ratio is 1 nurse to _____ patients in the delivery unit
 _____ patients in the antenatal unit
 _____ patients in the postnatal unit
- Do you have certification in Theater/ OR/ Recovery Room? _____
- Length of course: _____
- Are you certified in Neonatal Resuscitation? _____
- What area within Obstetrics interests you? _____
- Are you computer literate? _____
- Any further comments: _____

Thank you for completing the above. Demonstration of skills stated will be expected during the 90 days probationary period. Inability to demonstrate skills may result in termination during probationary period.

Name of the Applicant: _____

Signature of the Applicant: _____

Date: _____