



ARMED FORCES HOSPITAL SOUTHERN REGION
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KSA

NURSING SKILLS AMALGAMATION CHECKLIST

For High Dependency Unit (HDU) Nursing Candidates (*HRS/F092/01*)

NAME OF APPLICANT: _____ **DATE:** _____

<p>HOW TO COMPLETE THIS FORM:</p> <p>A thorough evaluation of your level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an “X” in the box that most accurately describes your level of expertise for this skills listed.</p>	<p>LEVELS OF PROFICIENCY:</p> <p>A = Perform Well (at least one year of current experience, very comfortable performing without supervision) B = Limited Experience (6 – 12 months, within the past two years, would require some assistance) C = Perform Infrequently (less than three months of experience, need more experience and practice, assistance required) D = No Experience (have never performed this task, willing to learn)</p>
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SKILLS	A	B	C	D	COMMENTS (IF ANY)
POST PARTUM CARE OF PATIENTS WITH:					
Pregnancy Induced Hypertension (PIH) / Eclampsia post delivery					
Gestational Diabetes – diet / insulin controlled post delivery					
Post Partum Hemorrhage (PPH)					
H / O Cardiac and Renal problems post delivery (i.e. valve prolapsed, renal transplant)					
Sickle Cell Disease post delivery					
Post Multiple delivery					
Puerperial infection post delivery					
Fundal palpation & assessment post delivery / assessment of lochia (i.e. Post Partum observations and general nursing care)					
Breast care and assistance / education with breast feeding post delivery					
Post spontaneous vaginal delivery					
Post Instrumental delivery					
Post elective / Emergency Cesarean Section / post Hysterectomy					
Mothercrafting education post delivery					
Insertion of IV cannula / taking of blood specimens as requested by the SHO					
Insertion / removal of the IDC as ordered by the Doctor					
Removal of drains as ordered					
Removal of sutures / clips as requested					
Removal of vaginal packs					
Administration of oral IV, IM, subcutaneous and intradermal, Pr, Pv medications as ordered					

SKILLS	A	B	C	D	COMMENTS (IF ANY)
Administration of IV fluids / blood products as required					
Care of the perineum post delivery					
Aseptic dressing change technique					
DISPLAYS KNOWLEDGE OF THE SPECIAL MEDICATIONS COMMONLY USED IN THE PUERPERIUM:					
Syntocin / Magnesium sulfate infusion					
Methergin					
Anti D					
Labetalol infusion					
Rubella Vaccine					
CARE OF THE NEONATE:					
Neonatal resuscitation / stabilization					
NORMAL ANTE – PARTUM, INTRAPARTUM & DELIVERY:					
Abdominal Palpation					
Application of CTG's					
Interpretation of CTG's					
Antenatal physical assessment: deviations from norm					
Management / care of patient with spontaneous rupture of membranes					
ABNORMAL & HIGH RISK ANTEPARTUM, INTRAPARTUM & DELIVERY:					
Abortions – inevitable					
Premature rupture of membranes (PROM)					
Suppression of pre term labour with IV Tocolytics					
Oligohydramnios					
Polydramnios					
Placenta Previa					
Blood coagulation failure – (DIC)					
Pregnancy induced hypertension (PIH) / (pre-eclampsia)					
Antihypertensive therapy – IV administration					
Anticonvulsant therapy – IV administration					
Management of an Eclamptic patient / seizures					
Gestational diabetic, diet / insulin controlled					
IUGR					
Post Partum Hemorrhage (PPH)					
Retained Placenta					
Uterine rupture					
Hypovolemia / shock					
Blood transfusions					
Preparation of a patient for emergency cesarean					
Attending C/S and receiving of baby					
APGAR Scoring					
MATERNAL DISEASE IN PREGNANCY AND LABOUR:					
Sickle cell disease					
Renal disease					
Severe anemia					
Essential hypertension					
Epilepsy					
Insulin dependent diabetes mellitus					
Cardiac disease					
Hepatitis B & C					
AIDS					

SKILLS	A	B	C	D	COMMENTS (IF ANY)
USE OF THE FOLLOWING EQUIPMENT:					
Portable Sonicaid					
CTG monitors					
Electronic weighing scales					
Vickers air shield / medical resuscitaires					
Patient controlled analgesia pumps					
Infusion pumps					
Portable oxygen cylinders-changing out					
Syringe pumps					
Pulse oximeter					
Blood Warmer					
Speculums					
Patella Hammer					

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UNIT SPECIFIC PAST EXPERIENCE AND SKILLS CHECKLIST:

Please complete the following questions:

- Number of years nursing within Obstetrics: _____
- Did this include rotating throughout delivery, antenatal and postnatal? _____
- In which area do you have the most experience? _____
- You obstetrical knowledge base is from (tick appropriate space)
 On the job training _____ Specialist certificate _____ Duration of course _____
 Others, please specify _____
- Average daily census in your hospital: _____
- Number of beds in you delivery unit: _____
 Antenatal Unit: _____
 Postnatal Unit: _____
- Your staffing ratio is 1 nurse to _____ patients in the delivery unit
 _____ patients in the antenatal unit
- Do you have certification in Theater / OR / Recovery Room? _____
- Length of course: _____
- Are you certified in Neonatal Resuscitation? _____

11. What area within Obstetrics interests you? _____

12. Are you computer literate? _____

13. Any further comments: _____

SKILLS	A	B	C	D	COMMENTS (IF ANY)
GENERAL NURSING:					
Adult Physical Assessment					
Nursing Process					
Care Plans					
Patient / Family Teaching					
Discharge Planning					
MEDICATION & BLOOD ADMINISTRATION:					
Calculates medication dosages on body weight					
Calculates IV fluid rates					
Oral route					
Intramuscular					
Intravenous Infusion administration & rate calculations					
IV Piggyback					
IV Push					
Saline lock and saline flush					
IV Insertion					
Subcutaneous / Intradermal injections					
Rectal – medication / enemas					
Vaginal					
Inhalation					
Blood & blood product administration					
SPECIAL DRUGS & REACTIONS: (calculates & administers)					
Syntocin					
Methergin					
Narcotic & other Controlled Drugs					
Insulin					
Heparin					
Clexane / Enaxapine					
Indomethacin					
Apresoline					
Insulin Infusions					
Heparin Infusions					
Prostaglandins					
Magnesium Sulfate					
Rubella Vaccine					
Dexamethasone					
CARDIAC DISORDERS – KNOWLEDGE OF PATIENTS WITH:					
Congestive heart failure (CHF)					
Structural / Congenital defects					
Rheumatic Heart Disease					
Previous Cardiac Surgery					
DVT (Deep vein thrombosis)					
PE (Pulmonary embolis)					
CARDIAC DISORDERS – KNOWLEDGE OF PATIENTS WITH:					
Chronic renal failure					
Previous renal transplant					
hepatitis					

SKILLS	A	B	C	D	COMMENTS (IF ANY)
Liver failure					
DIABETES MELLITUS:					
Blood sugar control					
Glucose monitoring / insulin administration for home control					
Diabetic ketoacidosis					
POST OPERATIVE CARE:					
Cesarean section					
Total Abdominal Hysterectomy (TAH)					
D & C					
Laparoscope					
Laparotomy					
Myomectomy					
Cerclage					
Antescar Posterior Repair					
Salpingectomy					
Vaginal Hysterectomy					
GENERAL SKILLS:					
Neurological					
Cardiovascular					
Respiratory					
Urethral catheter insertion, care and removal					
Urine testing – Dipstick					
Perineal Care					
Central Venous Lines & dressing changes					
Epidural Analgesia					
IV Push Medications					
Unit Dose System					
Heparin Drips					
Insulin Drips					
Blood / blood product					
IV Starts					
CVP Lines					
IV fluids / Piggybacks					
Lab value interpretation					
Oxygen Therapy visa Nasal Cannula					
Oxygen Therapy visa Mask					
Chest Physio Therapy					
Incentive spirometry					
Sterile / Aseptic Technique					
Foley Catheter Insertion & care					
Open wound irrigations / Packing					
Vaginal packs					
Hemovacs / Drainage Tube Care & removal					
Universal Precautions & Isolations (All Types)					
Use of ECG Machine					
Dynamap Blood Pressure Monitoring					
Glucometer					
Specimen Collection:					
Ear, Nose, Throat , Eye Swabs					
Sputum / Stoll Culture					
Urine: Routine, Urinalysis (UA) Midstream Catheter specimen 24 – hour collection					
Blood					
Vaginal swabs					
Assist with collection of Vaginal smears / HVS					

SKILLS	A	B	C	D	COMMENTS (IF ANY)
Wound Culture					
ANTENATAL PARTUM CARE OF PATIENTS WITH:					
Pre – eclampsia / eclampsia					
Gestational Diabetes					
Anemia					
Poly / oligo – hydramnios					
Premature rupture of membrane (PROM)					
Premature labor					
Multiple pregnancy – twins / triplets					
Fundal palpitation and assessment					
Fetal heart Rate - Doppler					
Breast care during pregnancy / preparation for breast feeding					
Oxygen equipment – mask, prongs, humidifier					
Pulse oxymeter					
Abortions – incomplete, complete, threatened, inevitable, missed					
Incomplete cervix – Cervical Cerclage					
Hypermesis gravidarium					
Intrauterine Fetal Death (IUFD)					
Ectopic Pregnancy					
Hemorrhage					
Total Abdominal Hysterectomy w/ bilateral Salping - oophorectomy					
Subtotal Abdominal Hysterectomy					
Vaginal Hysterectomy					
A & P Repairs					
Hysteroscopy / Laparoscopy					
Uro – Gynaecology					
Supra public catheter					
Bladder training					
Septic Shock					
Knowledge in Spontaneous vaginal delivery					
Knowledge in Instrumental delivery					
Post partum Assessment and Nursing care					
Post –Partum hemorrhage					
Breast Feeding					
OTHER – CARE OF PATIENTS WITH:					
Pregnancy induced hypertension (PIH)					
Disseminated Intravascular Coagulation (DIC)					
Sickle Cell Disease					
Cancer					
Seizure / neurologic disorders					
Infectious diseases					
Septic shock					
Puerperal infection					
Antenatal hemorrhage					
Placenta Previa					
Placenta Abruptio					
Placenta Peccreta					
Post natal Hemorrhage					
Hypovolemic shock					

MANAGEMENT EXPERIENCE:					
Patient Care Plans					
Precepting New Employees					
Computer Skills:					
Basic					
Charge Nurse's Duties & Responsibilities					
Patient Care Plan					
In-service Training					
Team Nursing					
Primary Nursing					
Total Patient Care					

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Name of Applicant: _____

Applicant's Signature: _____

Date: _____