



ARMED FORCES HOSPITAL SOUTHERN REGION
KHAMIS MUSHAYT

GYNÆ WARD SKILLS CHECK LIST
(HRS/F100/01)

NAME OF APPLICANT: _____

DATE: _____

<p>HOW TO COMPLETE THIS FORM:</p> <p>A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an “X” in the box that most accurately describes your level of expertise for this skills listed.</p>	<p>LEVELS OF PROFICIENCY:</p> <p>A = Perform Well (at least one year of current experience, very comfortable performing without supervision) B = Limited Experience (6-12 months, within the past two years, would require some assistance) C = Perform Infrequently (less than three months of experience, need more experience and practice, assistance required) D = No Experience (have never performed this task, willing to learn)</p>
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SKILL	A	B	C	D	COMMENTS (IF ANY)
GENERAL NURSING:					
Adult Physical Assessment					
Antenatal physical assessment: deviations from norm					
Neonatal Physical Assessment					
Nursing Process					
Care Plans					
Patient/Family Health Teaching					
Parentcraft Classes					
Discharge Planning					
Any referrals which may be necessary					
Electronic fetal monitoring skills/interpretation (CTG)					
Validation of Electronic fetal monitoring skills					
Non-stress testing – interpretation of strips					
Fetal Heart Rate – Doppler					
Foetal heart auscultation – Pinnards stethoscope					
Abdominal Assessment & Palpation					
Biophysical profile (understanding significance)					
Knowledge & Care of patients with:					
Abortions : Incomplete Complete Threatened Inevitable Missed					
AIDS					
Anemia					
Ante partum hemorrhage					
Bladder catheterization					
Blood sugar control					

	A	B	C	D	COMMENTS (IF ANY)
Ectopic pregnancy					
Cardiac disease					
Cyanotic cardiac disease					
Arrhythmias					
Cardiomyopathy					
Congestive heart failure (CHF)					
Previous Cardiac Surgery					
Congenital defects					
Rheumatic Heart Disease					
Acute renal failure					
Chronic renal failure					
Renal disease					
Previous renal transplant					
Liver failure					
Diabetes					
Gestational diabetes – diet or insulin					
Diabetes Mellitus - blood sugar control					
Glucose monitoring / insulin administration for home control					
Diabetic ketoacidosis					
Insulin dependent diabetes mellitus					
DVT (Deep vein thrombosis)					
Seizure / neurologic disorders					
Essential hypertension					
Hepatitis (A,B, C)					
Hyperemesis gravidarium					
Incompetent Cervix – Cervical Cerclage					
Pulmonary embolis					
Retained placenta					
Sickle cell disease					
Communicable Diseases					
Venereal Disease / Warts					
MEDICATION & BLOOD ADMINISTRATION:					
Calculates medication dosages on body weight					
Intravenous Infusion administration & rate calculations					
Oral route					
Intramuscular					
Subcutaneous /Intradermal injections					
Rectal – medication / enemas					
Inhalation					
Vaginal route					
Various forms of pain relief					
IV Insertion					
IV Push					
IV Piggyback					
Methergin					
Narcotic & other Controlled Drugs					
Insulin					
Heparin					
Indomethacin					

	A	B	C	D	COMMENTS (IF ANY)
Apresoline					
Ritodrine					
Rhogam					
Rubella Vaccine					
Dexamathasone					
Blood & blood product					
Antihypertensive therapy					
Anticonvulsant therapy					
ADMINISTRATION OF THE FOLLOWING DRUGS TO THE NEWBORN:					
Hepatitis B vaccine					
Hepatitis B Immunoglobulin					
Oxygen					
SPECIMEN COLLECTION:					
Ear, Nose, Throat, Eye Swabs					
Wound Cultures					
Sputum / Stool Cultures					
Blood					
Urine : Routine Analysis (UA)					
Midstream (MSU)					
Pregnancy Test – BHCG					
Vaginal Swabs					
USE OF THE FOLLOWING EQUIPMENT:					
Amnicator					
Blood Warmer					
CTG monitors					
Electronic weighing scales					
Infusion pumps					
Patella Hammer					
Portable oxygen cylinders-changing out					
Portable Sonicaid					
Portable suction units					
Portable ultrasound machines					
Pulse oximeter					
Speculums					
Syringe pumps					
Transport incubators					
POST PARTUM:					
Post – Partum assessment & nursing care					
Involution of the uterus					
Assessment of Lochia					
Assessment of the perineum					
Initiation of breast feeding					
Contraceptive Advice					
MANAGEMENT EXPERIENCE:					
Precepting New Employees					
Charge Nurse / responsibilities					
Basic Computer Skills:					
CERTIFICATION:					
BCLS					Date Updated:

Revised January 2010

Thank you for completing the above. Demonstration of skills will be expected during your 90 days probationary period. Inability to demonstrate skills may result in termination during probationary period.

Name of the Applicant: _____

Signature of the Applicant: _____ **Date:** _____