



**ARMED FORCES HOSPITAL SOUTHERN REGION
KHAMIS MUSHAYT**

**DAY SURGERY SKILLS LIST
Pre-Op Area/Post-Op Area Procedure Rooms
(HRS/F007/02)**

NAME OF APPLICANT: _____

DATE: _____

<p>HOW TO COMPLETE THIS FORM:</p> <p>A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an “X” in the box that most accurately describes your level of expertise for this skills listed.</p>	<p>LEVELS OF PROFICIENCY:</p> <p>A = Perform Well (at least one year of current experience, very comfortable performing without supervision) B = Limited Experience (6-12 months, within the past two years, would require some assistance) C = Perform Infrequently (less than three months of experience, need more experience and practice, assistance required) D = No Experience (have never performed this task, willing to learn)</p>
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SKILL	A	B	C	D	COMMENTS (IF ANY)
ASSESSMENTS:					
Pre and Post Anaesthetic:					
Adult					
Pediatrics					
Complete Head to Toe Physical Assessments					
Adult					
Pediatrics					
Aldrete Score Assessment					
Activity					
Respiration					
Circulation					
Consciousness					
Oxygenation					
AIRWAY MANAGEMENT:					
Care of the Sedated Patient					
Adult					
Paediatrics					
Emergency Re-intubation					
Patient Positioning					
Adult					
Paediatrics					
Oxygen Administration					
Humidifier					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Aerosol					
Use of Ambu bags during emergencies					
Basic Life Support Certification					
Concepts & Knowledge of Anesthetic Agents & Techniques					
Conscious Sedation					
Deep Sedation					
General Anaesthesia					
Cardiac Monitoring					
Pulse Oxymetry					
INTRA-OP CARE, SCRUBBING & CIRCULATING FOR					
DS Minor Surgical Procedures (Sclerotherapy)					
Endoscopic Procedures					
Urodynamics/ Uroflowmetry/ESWL / PIPE					
Dermatology Cases					
Lumbar Puncture					
Bone Marrow Aspiration					
POST-OP CARE:					
General Surgery Cases					
Excision biopsies (breast lumps, lipomas, lymph nodes)					
Hernia repairs (inguinal, femoral, umbilical, epigastric)					
Minor anal surgery (fissure/simple fistula)					
Ligation of varicose veins					
Orthopaedic Cases					
Carpal Tunnel Decompression					
Arthroscopy and Meniscectomy					
Excision of Ganglions/ Removal of foreign body					
Manipulation of Fractures					
Hip Spicas for children					
Ingrown toenail/wedge resection					
ENT					
Adenotonsillectomy					
Myringotomy/Insertion of grommets					
SMD					
Nasolaryngoscopy					
Nasal Polypectomies					
Removal of foreign bodies					
Reduction of nasal fractures					
Examination of ears/post natal space under Anaesthesia					
Ophthalmology:					
Cataracts					
Correction Squint					
Probing & Syringing					
Removal of chalazion					
Excision of pterygium/ Intravitreal Injection					
Urology:					
ESWL					
Transrectal Ultrasound & Biopsy					
Cystoscopy & insertion / removal of stents					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Bladder biopsy					
Varicocelectomy					
Hydrocoelectomy					
Hypospadias Repair					
Meatoplasty					
Circumsicion					
Orchidopexy/Orchiectomy					
POST ENDOSCOPY:					
Bronchoscopy					
Gastroscopy Sclerotherapy					
Colonoscopy					
Sigmoidoscopy					
Proctoscopy & banding of piles					
ERCP (Endoscopic Retrograde cholangio-Pancreatography)					
Band Ligation of varices					
PEG Tube Insertion & Refill					
SPECIAL CONSIDERATIONS:					
Post-op nausea and vomiting					
Pain assessment & management					
Hemorrhage/Shock					
Iv Cannulation /Infusion					
PROCEDURE ROOM:					
Aseptic Technique					
Administration and monitoring of conscious sedation					
MANAGEMENT OF POST-OP PATIENT					
ANAESTHETIC COMPLICATION:					
Laryngospasm					
Airway Obstruction					
Hypoventilation					
Cardiac Dysrhythmias					
Malignant Hyperthermia					
SPECIAL SKILLS:					
Cleaning/Disinfecting endoscopic equipment					
PATIENT EDUCATION:					
Pre-op Teaching					
Post-op Teaching					
Discharge Planning					
COMPUTER SKILLS:					
Windows					
Nexus					
LEADERSHIP:					
Preceptor of new staff					
Charge Nurse					

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Armed Forces Hospitals Programme Southern Region
P.O. Box 101 Khamis Mushayt, KSA

DAY SURGERY QUESTIONNAIRE

- Describe your Day Surgery experience.

- Average number of cases per day?

- Nurse to Patient ratio:

- Years of recent Day Surgery experience:

- Day Surgery related inservices or special projects you have been involved with:

N.B. Applicants need to know that a large percentage of Day Surgery patients are Paediatric.

Thank you for completing the above. Demonstration of skills stated will be expected during the 90 days probationary period. Inability to demonstrate skills may result in termination during probationary period.

Name of the Applicant: _____

Signature of the Applicant: _____

Date: _____