



ARMED FORCES HOSPITAL SOUTHERN REGION
KHAMIS MUSHAYT

ANTE – NATAL/GYNAE SKILLS CHECKLIST
(HRS/F075/02)

NAME OF APPLICANT: _____

DATE: _____

<p>HOW TO COMPLETE THIS FORM:</p> <p>A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an “X” in the box that most accurately describes your level of expertise for this skills listed.</p>	<p>LEVELS OF PROFICIENCY:</p> <p>A = Perform Well (at least one year of current experience, very comfortable performing without supervision) B = Limited Experience (6-12 months, within the past two years, would require some assistance) C = Perform Infrequently (less than three months of experience, need more experience and practice, assistance required) D = No Experience (have never performed this task, willing to learn)</p>
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SKILL	A	B	C	D	COMMENTS (IF ANY)
GENERAL NURSING:					
Nursing Process					
Patient/Family Teaching					
Admission & Discharge Planning					
MEDICATION & BLOOD ADMINISTRATION:					
Calculates medication dosages on body weight					
Oral route					
Intramuscular					
Intravenous Infusion administration & rate calculations					
IV Piggyback					
IV Push					
Saline lock and saline flush					
IV Insertion					
Subcutaneous /Intradermal injections					
Rectal – medication / enemas					
Vaginal					
Inhalation					
Blood & blood product administration					
SPECIAL DRUGS & REACTIONS : (calculates & administers)					
Syntocin					
Methergin					
Narcotic & Controlled Drugs					
Syntometrine					
Labetalol					
Insulin					
Magnesium Sulphate					
Heparin					
Dexamethasone					
Indomethacin					
Anti D (Rhogam)					

SKILL	A	B	C	D	COMMENTS (IF ANY)
PROCEDURES:					
Assist with high vaginal swab / vaginal smear					
Foley's catheter insertion and care					
Vaginal Examination - Digital					
Vaginal Speculum examination					
Physical Examination of a pregnant woman					
Abdominal examination					
CTG - external monitoring					
CTG trace - interpretation					
Perineal care					
Preparation of a patient for caesarean section					
Preparation of a patient for hysterectomy					
Dextrostix					
Normal Vaginal Delivery					
Examination of placenta					
SPECIAL CHARTS:					
Foetal Kick Count Chart					
PROM Chart (Premature Rupture of Membranes)					
INVESTIGATIONS:					
Urine testing					
Dipstick					
Midstream					
Catheter Specimen					
24 hour urine collection					
Blood					
Blood Culture					
Pregnancy Test					
ANTENATAL CARE OF PATIENTS WITH THE FF:					
Premature Labour					
Preterm Premature Rupture of Membrane					
GDM Diet / Insulin					
Hyperemesis Gravidarum					
Polyhydramniotic					
Oligohydramniotic					
Pregnancy Induced Hypertension					
Severe PIH / Eclampsia					
HELLP Syndrome (Haemolysis with elevated liver enzymes and low platelet count)					
DIC (Disseminated Intravascular Coagulation)					
Iron Deficiency Anemia					
Sickle cell Disease					
Rhesus Incompatibility					
Multiple Pregnancy					
Placenta Abruptio					
Placenta Praevia					
Septic Shock					
Cancer					
Cardiac Disease					
DVT					
Hepatitis					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Chronic Renal Failure					
Patient with Antero posterior vaginal repair					
Induction of Labour patients					
IUGR					
NEWBORN:					
Receiving of a baby in OR					
Resuscitation of a newborn baby					
APGAR Scoring					
Neonatal Physical Assessment					
Immediate Care of a Newborn					
Care of a normal post delivered patient (SVD)					
EQUIPMENT:					
Dynamap					
IVAC Thermometer					
Tympanic Thermometer					
Glucometer					
Infusion pumps					
Syringe Pumps					
Sonic Aid					
CTG Machines					
Pulse Oximeter					
Blood Warmer					
Defibrillator					
ECG Machine					
MANAGEMENT EXPERIENCE:					
Charge Nurse / Resources Nurse Duties					
Inservice Presentations					
Patient Care Plans					
Computer Skills - Basic					
Precepting New Employees					
Charge Nurse Responsibilities					
<i>Experienced In:</i>					
Team Nursing					
Primary Nursing					
Mother/Baby Combined Care					
CERTIFICATION:					
BCLS					Date Updated:
NRP					Date Updated
Additional Specialty Certification If any:					Date Certified:

Revised January 2010

Comments/Questions:

1. What do you like most about your present position?

10. What unit or hospital committees do you actively participate on?

11. How do you keep up to date with current nursing practice/research?

Thank you for completing the above. Demonstration of skills will be expected during your 90 days probationary period. Inability to demonstrate skills may result in termination during probationary period.

Name of the Applicant: _____

Signature of the Applicant: _____

Date: _____