

**PEDIATRIC ICU - KING ABDULAZIZ AIRBASE HOSPITAL
DHAHRAN, SAUDI ARABIA**

NURSING SKILLS CHECKLIST

Please complete the skills checklist using the key to indicate level of expertise for the particular skill.

- A. Minimum of 1 year current experience; performs without supervision
- B. 6-12 months experience within past 2 years; requires assistance at times
- C. <6 months experience; practice and assistance needed with clinical skills
- D> No experience; willing to learn

<u>REQUIRED CLINICAL SKILLS</u>	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Knowledge of normal parameters of a child: - Weight, length, head circumference - Temperature, heart rate, respiration - Blood pressure - Laboratory values					
Perform total physical assessment of critically ill child - CNS - CVS - Pulmonary - Gastrointestinal - Genito-urinary					
Perform admission assessment of a child including: - Assessment of above parameters - Nursing actions/interventions in response to abnormal values					
Provide emergency care for children and recognize the need to initiate resuscitation.					
Perform resuscitation safety and effective					
Care of ventilated children - Acute - Chronic					
Prepare the child for and assist with diagnostic and/or therapeutic procedures - Intubation: elective/chronic - Insertion and care of arterial line and central lines - Blood exchange/partial exchange - Lumber puncture - Insertion of chest drain - Peritoneal dialysis - CT scan					

REQUIRED CLINICAL SKILLS	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
- Ultrasound and echocardiogram					
Working knowledge of: - Ventilators - Cardiac monitors - Nasal cannula - Oxygen mask - Pulse oximeter - BP monitoring: non-invasive invasive - Feeding pump - IV infusion pump - Syringe pump - Transilluminator - Resuscitaire/warmer/crib					
Assess the child for signs and symptoms of: - Hypo/hyperthermia - Hypo/hyperglycemia - Infection - Weight loss - Fluid overload - Dehydration - Feeding problems - Acid base disturbances					
Understand nutritional requirements and support needs with: - IV/IA fluids including TPN and lipids - Insert nasogastric tube and administer tube feeds - Calculation of fluids and fluid balance - Bottle feeding - Cup feeding - Administration of blood and blood products					
Blood sampling - Arterial - Venous - From Arterial line					
Insertion of peripheral line					
Function as: - Transport nurse in hospital and interhospital - Charge nurse					
Identify and interpret ECG strip					

REQUIRED CLINICAL SKILLS	A	B	C	D	COMMENTS
Knowledge and understanding of infection control					
Knowledge and implementation of Nursing Care plans					
Knowledge and use of competencies					
Initiation of discharge care plan for children					

Do you have certification of the following:

YES **NO**

PALS		
BLS		
Basic Computer Literacy		

Additional Comments:

NAME/SIGNATURE: _____

DATE: _____