



PROGRAM ARMED FORCES HOSPITAL  
SHAROURAH, K.S.A.

**POST PARTUM & NEWBORN NURSERY**  
**NURSING SKILLS CHECKLIST**  
( HRS/F046/01 )

NAME OF APPLICANT: \_\_\_\_\_

DATE: \_\_\_\_\_

**HOW TO COMPLETE THIS FORM:**

A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an "X" in the box that most accurately describes your level of expertise for this skills listed.

**LEVELS OF PROFICIENCY:**

- A = Perform Well ( at least one year of current experience, very comfortable performing without supervision)
- B = Limited Experience ( 6-12 months, within the past two years, would require some assistance)
- C = Perform Infrequently ( less than three months of experience, need more experience and practice, assistance required)
- D = No Experience ( have never performed this task, willing to learn)

| SKILL   | A | B | C | D | COMMENTS ( IF ANY ) |
|---|---|---|---|---|---------------------|
| <b>POST PARTUM CARE OF PATIENTS WITH:</b>   |   |   |   |   |                     |
| Pregnancy Induced Hypertension (PIH)/Eclampsia post delivery  |   |   |   |   |                     |
| Gestational Diabetes-diet/insulin controlled post delivery  |   |   |   |   |                     |
| Post Partum Hemorrhage (PPH)  |   |   |   |   |                     |
| H/O Cardiac and Renal problems post delivery ( i.e. valve prolapse, renal transplant                                    |   |   |   |   |                     |
| Sickle Cell Disease post delivery   |   |   |   |   |                     |
| Post Multiple delivery  |   |   |   |   |                     |
| Puerperial infection post delivery  |   |   |   |   |                     |
| Fundal palpation & assessment post delivery/assessment of lochia( i.e Post Partum observations and general nursing care |   |   |   |   |                     |
| Breast care and assistance/education with breast feeding post delivery  |   |   |   |   |                     |
| Post spontaneous vaginal delivery   |   |   |   |   |                     |
| Post Instrumental delivery  |   |   |   |   |                     |
| Post elective/Emergency Cesarean Section / post Hysterectomy  |   |   |   |   |                     |
| Mothercrafting education post delivery/rooming in encouraged  |   |   |   |   |                     |
| Insertion of IV cannula/taking of blood specimens as requested by the SHO   |   |   |   |   |                     |
| Insertion/removal of the IDC as ordered by the SHO  |   |   |   |   |                     |
| Removal of drains as ordered  |   |   |   |   |                     |

| SKILL  | A | B | C | D | COMMENTS ( IF ANY ) |
|--|---|---|---|---|---------------------|
| Removal of sutures/clips as requested  |   |   |   |   |                     |
| Removal of vaginal packs   |   |   |   |   |                     |
| Administration of oral, IV, IM, subcutaneous and intradermal, Pr, Pv medications as ordered  |   |   |   |   |                     |
| Administration of IV fluids/blood products as required   |   |   |   |   |                     |
| Care of the perineum post delivery   |   |   |   |   |                     |
| Aseptic dressing change technique  |   |   |   |   |                     |
| Initiate discharge planning/completes relevant patient and family education  |   |   |   |   |                     |
| <b>DIPSLAYS KNOWLEDGE OF THE SPECIAL MEDICATIONS COMMONLY USED IN THE PUERPERIUM:</b>  |   |   |   |   |                     |
| Syntocin   |   |   |   |   |                     |
| Methergin  |   |   |   |   |                     |
| Anti D   |   |   |   |   |                     |
| Labehalol  |   |   |   |   |                     |
| Rubella Vaccine  |   |   |   |   |                     |
| <b>CARE OF THE NEONATE:</b>  |   |   |   |   |                     |
| Newborn physical assessment/admission of the baby to the well baby nursery   |   |   |   |   |                     |
| Knowledge of normal parameters of the newborn :<br>Temperature:<br>Heart rate:<br>Respiration:<br>Urine/Stool changes:   |   |   |   |   |                     |
| Provide routine infant care including:<br>Cord care/skin care/eye care:<br>Measure & assess vital signs & weight:  |   |   |   |   |                     |
| Is able to operate the available suctioning and oxygen equipment available in the nursery as required  |   |   |   |   |                     |
| Neonatal resuscitation/stabilization   |   |   |   |   |                     |
| Care of the Small/Large for Gestational age neonate  |   |   |   |   |                     |
| Care of Hyperbilirubinemia( baby undergoing phototherapy treatment, assess jaundice level & maintain babies temperature)   |   |   |   |   |                     |
| Care of the baby of a diabetic mother  |   |   |   |   |                     |
| Care of the baby with Congenital/Chromosomal Abnormality   |   |   |   |   |                     |
| Care of the baby with Cardiac/Renal anomalies  |   |   |   |   |                     |
| Care of the baby with cleft lip and palate   |   |   |   |   |                     |
| Care of the baby with Congenital Dislocated Hips   |   |   |   |   |                     |
| Perform daily examination of the newborn for the following signs & symptoms of :<br>Abnormalities<br>Infection<br>Jaundice<br>Weight Loss<br>Inadequacy of feeds<br>Intolerance of feeds<br>& to report these to the relevant SHO promptly |   |   |   |   |                     |
| Perform bath demonstrations and provide instructions to mothers  |   |   |   |   |                     |

| SKILL   | A | B | C | D | COMMENTS ( IF ANY ) |
|---|---|---|---|---|---------------------|
| Instruct mothers with regards to current cord care routine  |   |   |   |   |                     |
| Accompany Paediatrician on daily newborn round  |   |   |   |   |                     |
| Understands and supports the normal feed/fluid requirement of the newborn and assists the mother to breast and/or bottle feed               |   |   |   |   |                     |
| Knowledge of and the ability to administer medications commonly given to the newborn:<br>Vaccinations ( VitK, Hep B & Hep B Immuno-Globin ) |   |   |   |   |                     |
| Oral, Intramuscular, Intradermal & Ocular Medications   |   |   |   |   |                     |
| Collect routine laboratory specimens from the newborn: i.e. Urine, stool, swabs for C&S   |   |   |   |   |                     |
| Able to perform a gastric lavage  |   |   |   |   |                     |
| Apply current infection control measures used in the newborn nursery including implementation of isolation precautions                      |   |   |   |   |                     |
| Apply the principles of rooming with mother   |   |   |   |   |                     |
| Collect routine blood samples from infants via Heel prick, venepuncture & IV cannulation methods  |   |   |   |   |                     |
| Able to perform accurately a Dextrostic sampling / recording  |   |   |   |   |                     |
| Provides mother/family with discharge and mother crafting education   |   |   |   |   |                     |

Revised October 2002

Comments/Questions:

1. What do you like most about your present position?
2. What do you dislike the most about your present position?
3. What contribution do you think you can make to Program Armed Hospital Sharourah, K.S.A.?
4. What is the average daily nurse / patient ratio for :  
Days : 1 to \_\_\_\_\_ patients      Nights : 1 to \_\_\_\_\_ patients
5. Are you familiar with running a busy well baby nursery ?  
Yes ( )      No ( )

6. Identify the Nursing Delivery System you currently use.
  
  
  
  
  
  
  
  
  
  
7. Identify the steps in the Nursing process
  
  
  
  
  
  
  
  
  
  
8. What format of charting are you currently utilizing ( SOAP , Focus Charting. Charting by Exception etc. )
  
  
  
  
  
  
  
  
  
  
9. What experience do you have with Quality Improvement?
  
  
  
  
  
  
  
  
  
  
10. What unit or hospital committees do you actively participate on?
  
  
  
  
  
  
  
  
  
  
- 10 How do you keep up to date with current nursing practice/research?

Thank you for completing the above. Demonstration of skills will be expected during your 90 days probationary period. Inability to demonstrate skills may result in termination during probationary period.

**Name of the Applicant:** \_\_\_\_\_

**Signature of the Applicant:** \_\_\_\_\_