



برنامج مستشفيات القوات المسلحة بالهدا والطائف
AL HADA & TAIF ARMED FORCES HOSPITALS

AL HADA ARMED FORCES HOSPITAL
NURSING DEPARTMENT

CRITICAL CARE NURSING / PEDIATRIC ICU
SKILLS CHECKLIST

PICU nursing employment requirement;

1. Bachelor degree in Nursing Science.
2. Valid Professional license country of origin/ Saudi Council license (if applicable)
3. Minimum of two years experience in critical care unit (tertiary hospital in Middle East).
4. Basic Life Support certificate or equivalent.
5. Preferred Advance Cardiac Life Support certificate or equivalent.

<p style="text-align: center;"><u>HOW TO COMPLETE THIS FORM:</u></p> <p><i>Honestly appraise your ability according to the levels of proficiency. Identify your experience by placing an "X" in the box that most accurately describes your level of expertise for the skills listed.</i></p>	<p style="text-align: center;"><u>LEVELS OF PROFICIENCY:</u></p> <p><i>A = Experienced, safe and performs on a weekly basis without supervision.</i></p> <p><i>B = Experienced, safe and performs on a monthly basis without supervision.</i></p> <p><i>C = Limited ability – performed greater than one year ago.</i></p> <p><i>D = No experience in the past 2 years.</i></p>
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ESSENTIAL COMPETENCIES	PEDIATRIC				Comments:
	A	B	C	D	
Care of critically ill Medical /Surgical PEDIATRIC Patients					
Continuous hemodynamic monitoring :					
• Continuous heart rate and basic ECG interpretations					
• Invasive blood pressure monitoring					
• Central Venous Pressure Monitoring					
• End tidal CO2 Monitoring					
Administration of Medications:					
• Oral					
• Per rectum					
• Inhalation					
• Nasogastric					
• Intramuscular					
• Subcutaneous					
• Intravenous					
Medication Calculation					
Drug Compatibilities/Side Effects					
Intravenous Administration for:					
• High Alert Medications					
• Concentrated Electrolytes					
• Sedation and Analgesia					
• Blood and Blood products					
Oxygen therapy:					
• Non Invasive oxygen devices					
• Mechanical Ventilation Support					
• Arterial Blood Gases (Basic Interpretation)					



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• Intubation/ Extubation, assist with					
• High Frequency of ventilation Oscillator					

ESSENTIAL COMPETENCIES	PEDIATRIC				Comments:
	A	B	C	D	
Specimen Collection/Handling					
• Blood Draws from Peripheral/Central Venous Access/Arterial line					
• Blood and Non Blood Culture Specimen :					
Sputum					
Stool					
Urine					
24 Hours Urine Collection					
CSF/ Peritoneal fluid					
Wound cultures					
PICU General Nursing Skills:					
• Naso-gastric /Oro-Gastric Tube Insertion					
• Enteral Feeding/TPN administration / Lipids Administration					
• Advance physical assessment/ GCS					
• Chest tube and drainage system					
• Defibrillation, Independent					
• Exchange blood transfusion					
• Invasive procedure assist with:					
Arterial line					
Central line / calibrate transducer					
Lumber Puncture assist with					
• Basic cardiac rhythm interpretation					
• Medication Calculation/mixing / preparing IV med Infusion					
• Pain assessment and management					
Infection Control Practice					
• Aseptic Technique					
• Standard Precautions					
• Types of isolation					
• Isolation technique: PPE,5 Moments					

MANAGERIAL EXPERIENCE

POSITION	YES	NO	DATE
CHARGE NURSE			
TEAM LEADER			
PRECEPTORSHIP			
OTHERS:			

SEMINARS/COURSE/TRAINING CERTIFICATES

TITLES	YES	NO	DATE
BASIC LIFE SUPPORT			
PEDIATRIC ADVANCE LIFE SUPPORT			
IV THERAPY			
CONSCIOUS SEDATION			
OTHERS			

CRITICAL CARE CERTIFICATES

TITLE	YES	NO	DATE

