



ARMED FORCES HOSPITAL SOUTHERN REGION
KHAMIS MUSHAYT

OB/GYNAE EMERGENCY ROOM SKILLS CHECK LIST
(HRS/F098/01)

NAME OF APPLICANT: _____

DATE: _____

<p>HOW TO COMPLETE THIS FORM:</p> <p>A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an “X” in the box that most accurately describes your level of expertise for this skills listed.</p>	<p>LEVELS OF PROFICIENCY:</p> <p>A = Perform Well (at least one year of current experience, very comfortable performing without supervision) B = Limited Experience (6-12 months, within the past two years, would require some assistance) C = Perform Infrequently (less than three months of experience, need more experience and practice, assistance required) D = No Experience (have never performed this task, willing to learn)</p>
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SKILL	A	B	C	D	COMMENTS (IF ANY)
GENERAL NURSING:					
Adult Physical Assessment					
Antenatal physical assessment: deviations from norm					
Neonatal Physical Assessment					
Patient/Family Health Teaching					
Parentcraft Insight					
Discharge Planning					
Any referrals which may be necessary					
Electronic fetal monitoring skills					
Electronic fetal monitoring interpretation (CTG)					
Validation of Electronic Fetal Monitoring Skills					
Non-stress testing -interpretation of strips					
Fetal Heart Rate – Doppler					
Foetal heart auscultation – Pinnards stethoscope					
Abdominal Assessment & Palpation					
Biophysical profile (understanding significance)					
APGAR scoring					
Immediate newborn care					
Resuscitation & stabilization of newborn					
Knowledge & care of patients with:					
Abortions : Incomplete Complete Threatened Inevitable Missed					
AIDS					
Anemia					
Ante partum hemorrhage					

SKILL	A	B	C	D	COMMENTS (IF ANY)
Artificial rupture of membranes					
Bladder catheterization					
Blood sugar control					
Breech					
Cord prolapsed					
Episiotomy					
Ectopic pregnancy					
Cardiac disease					
Cyanotic Cardiac Disease					
Arrhythmias					
Cardiomyopathy					
Congestive Heart Failure (CHF)					
Previous Cardiac Surgery					
Structural / Congenital defects					
Rheumatic Heart Disease					
Acute Renal Failure					
Chronic Failure					
Renal disease					
Previous renal transplant					
Liver Diseases					
Diabetes					
Gestational diabetes – diet or insulin					
Diabetes Mellitus Blood Sugar Control					
Glucose monitoring					
Diabetic ketoacidosis					
Insulin dependent Diabetes Mellitus					
DVT (Deep vein thrombosis)					
Seizure/Neurologic Disorders					
Essential hypertension					
Pre-eclampsia / Eclampsia					
Pregnancy Induced Hypertension					
Hepatitis (A,B, C)					
Hyperemesis gravidarium					
Incompetent Cervix –					
Cervical Cerclage					
Induction of labour					
Intrauterine Fetal Growth Retardation					
Knowledge					
1. Forceps					
2. Ventouse (Vacumm extraction)					
Conducting Deliveries					
Management of BBA's					
Multiple Birth					
Multiple pregnancy					
Placenta Abruptio					
Placenta Previa					
Poly/oligo – hydramnios					
Post – Partum hemorrhage					
Pre - Cesarean section					
Precipitate labour & delivery					

SKILLS	A	B	C	D	COMMENTS (IF ANY)
Premature labor					
Premature rupture of membranes (PROM)					
Preterm delivery					
Pre-term labor					
Pulmonary embolis					
Retained placenta					
Sickle cell disease					
Unassisted Delivery of normal SVD					
Communicable Diseases					
Venereal Disease / Warts					
MEDICATION & BLOOD ADMINISTRATION:					
Calculates medication dosages on body weight					
Intravenous Infusion administration & rate calculations					
Oral route					
Intramuscular					
Subcutaneous					
Intradermal injections					
Rectal – medication /					
Enemas					
Inhalation					
Vaginal route					
Various forms of pain relief					
Prostin Induction					
IV Insertion					
IV Push					
IV Piggyback					
Syntocinon					
Labetalol					
Methergin					
Central line					
Narcotic & other Controlled Drugs					
Insulin					
Heparin					
Indomethacin					
Apresoline					
Prostaglandins					
Magnesium Sulfate					
Ritodrine					
Rhogam					
Rubella Vaccine					
Dexamathasone					
Blood & blood product					
Antihypertensive therapy					
Anticonvulsant therapy					
Inotropic Agents					
Narcotics					
ADMINISTRATION OF THE FOLLOWING DRUGS TO THE NEWBORN					
Konakion IMI					
Narcain					
Hepatitis B vaccine					

SKILLS	A	B	C	D	COMMENTS (IF ANY)
Hepatitis B Immunoglobulin					
Oxygen					
Antibiotics IV					
SPECIMEN COLLECTION:					
Ear, Nose, Throat, Eye Swabs					
Wound Cultures					
Sputum					
Stool Cultures					
Blood					
Urine : Routine Analysis (UA)					
Midstream (MSU)					
Pregnancy Test – BHCG through laboratory					
Pregnancy Test in Ward Machine					
Vaginal Swabs					
Vaginal Smears / HVS (assist with collection of)					
Pap Smear					
Knowledge & Care of a NEWBORN – NORMAL & ABNORMAL					
Newborn resuscitation & stabilization					
Anemic infant					
Hyperbilirubinemia					
Assessment – apgar scoring					
Birth injuries/ detection of					
Clearing airway with a suction catheter / bulb syringe					
Gestational age – Dubowitz score					
Hypoglycemia					
Infant of diabetic mother					
Initial physical examination: deviations from the norm					
Initial resuscitation of the newborn with clear liquor					
Initial resuscitation of the newborn with meconium stained liquor					
IUGR infant					
Major congenital abnormalities, e.g. cardiac defects, cleft/ lip palate, neural tube defects					
Premature infant					
Receiving a newborn at the caesarian section					
Respiratory distress syndrome					
SGA infant					
Transient Tachypnoea of the newborn					
USE OF THE FOLLOWING EQUIPMENT					
Amnicator					
Defibrillators & Cardioversion					
Blood Warmer					
Cardiac monitor					
CTG monitors					
Electronic weighing scales					
Infant -Paeds - Adult					
Foetal blood sampling equipment					
Forceps					
Electronic Thermometer					
Infusion pumps					

SKILLS	A	B	C	D	COMMENTS (IF ANY)
Lithotomy poles/ stirrups					
Obstetrical Calculation Wheel (EDC)					
Patella Hammer					
Ambubags					
Patient controlled analgesia pumps					
Portable oxygen cylinders-changing out					
Ventilators - portable					
Portable Sonicaid					
Portable suction units					
Portable ultrasound machines					
Pulse oximeter					
Radiant heaters					
Speculums					
Syringe pumps					
Ultrasound machine					
Transport isolate/incubators					
Vacuum extraction equipment					
Varying styles of delivery beds					
Vickers airshield/ medical resuscitaires					
ECG machine					
Reflo Machine					
PROCEDURE:					
<i>Respiratory:</i>					
Insert Oral Airway					
Nebulization					
Recognize need for/ assist with Chest Tube Insertion					
Recognize need / assist with Endotracheal Tube Insertion					
Suction per oral/ nares,					
Suction per Endotracheal/ tracheal tube					
Oxygen Therapy					
Ambuing Technique					
<i>Cardiovascular</i>					
Apply Monitor (Lead 11)					
Recognize/ Initial Care for life threatening arrhythmias					
ECG Rhythm Identification					
<i>Gastrointestinal</i>					
NG tube Insertion					
Control of Hemorrhage					
POST PARTUM:					
Post – Partum assessment & nursing care					
Involution of the uterus					
Assessment of Lochia					
Assessment of the perineum					
Initiation of breast feeding					
Contraceptive Advice					
Labour & Delivery					
Physiology/ management of the 1 st , 2 nd , 3 rd stage of labour					
Performing vaginal examination					

SKILLS	A	B	C	D	COMMENTS (IF ANY)
Performing an Episiotomy					
Suturing of episiotomy					
Suturing perineal tear					
Application of fetal scalp electrode					
MANAGEMENT EXPERIENCE:					
Precepting New Employees					
Charge Nurse / responsibilities					
MISCELLANEOUS:					
Basic Computer Skills					

January 2010

OB/GYNAE - EMERGENCY ROOM QUESTIONNAIRE

- Why do we triage patient?

- What is a tension pneumothorax?

- What is the difference between cardioversion and defibrillation?

- What areas of the emergency room do you excel in?

- What areas have you limited experience in?

- What would you do if a medication order was above the manufacturer's recommended dose?

- What is your daily census? _____

