



**MINISTRY OF DEFENSE , AVIATION AND GENERAL INSPECTION
GENERAL MEDICAL SERVICES DEPARTMENTS
NAJRAN ARMED FORCES HOSPITALS PROGRAMME**

**REGISTERED NURSE SKILLS CHECKLIST
OBSTETRICS/GYNAECOLOGY**

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
- 2 = KNOWLEDGE**
- 3 = PERFORM INFREQUENTLY (WOULD REQUIRE SOME SUPERVISION)**
- 4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION**

NURSING SKILLS CHECKLIST	1	2	3	4
GYNAECOLOGY				
Management of:				
• Abortion				
• Ectopic pregnancy				
• Genito-urinary Tract Infection				
• Infertility				
• Perineal Repairs				
• Uterine and ovarian tumors/fibroids				
• Utero-vaginal prolapse				
OBSTETRICS				
Management of:				
• Antepartum hemorrhage				
• Caesarian section				
- Elective				
- Emergency				
• Cervical suture				
• High risk pregnancy:				
- Communicable diseases with pregnancy				
- Gestational diabetes				
- Grand multiparity				
- Pregnancy induced hypertension (Pre-eclampsia, eclampsia)				
- Polyhydramnios				

NURSING SKILLS CHECKLIST	1	2	3	4
- Intrauterine death				
- Intrauterine growth retardation				
Hyperemesis gravidarum				
Normal pregnancy				
Normal spontaneous delivery				
Perineal block				
Head to toe physical examination of pregnant woman				
Post instrumental delivery				
Post-partum hemorrhage				
Premature rupture of membranes				
Knowledge of drugs commonly used in obstetrics				
Foetal monitoring techniques				
Assess and manage newborn				
Perform emergency resuscitation of newborn:				
• Initiation and maintenance of CPR				
• Suctioning of airways				
• Mask and bagging technique				
• Dosage and administration of resuscitation drugs (bicarb, adrenaline, narcan, etc)				
Perform initial critical newborn management				
• Maintenance of body temperature				
• Resuscitation				
Perform complete examination of the newborn.				
Collection of cord blood for TSH				
Teach mother to breast feed				
Assist with ante-natal classes and post natal exercises				
Care of pre and post operative obstetrical and gynaecological patients				
Manage nursing aspects of infertility patients				
Working knowledge of specialized equipment common to obstetrical areas:				
• Infusion control devices, IVAC, IMED, Abbott, syringe pump				
• CTG				
• Foetal monitor				
• Doppler				

NURSING SKILLS CHECKLIST	1	2	3	4
• Ultrasound				
• Isolette/incubator/resuscitaire				
• Vacuum extractor, forceps				
• Fetal scalp blood sampling machine				
Insert /establish IV				
Perform venepuncture for blood sampling				
Assist doctors with performing fetal blood sampling				
Assist with taking pap smear				
Function as Charge Nurse				
CERTIFICATION	YES	NO	EXPIRY DATE	
BLS				
ACLS				
NRP				
PALS				
IV THERAPY				

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE