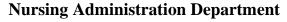
Ministry of Defense Prince Sultan Armed Forces Hospital Madina Al Munawarah





وزارة الدفاع مستشفى الامير سلطان للقوات المسلحة بالمدينة المنورة إدارة التمريض

## **OB / GYNE SKILLS CHECKLIST**

NAME OF APPLICANT: \_\_\_\_\_\_ DATE: \_\_\_\_\_

Read the checklist below and tick the approp proficiency/frequency of experience level on		
Remember!! Answer honestly, in order tha suitability for the position.	t the rev	iewer can validate your overall competency and
LEVELS OF PROFICIENCY KEY:		
1. NO EXPERIENCE		
2. LIMITED EXPERIENCE (Novice)	=	needs practice, assistance and guidance
3. ADVANCE BEGINNER	=	performs routine function; may need
		review and minimal supervision.
4. COMPETENT	=	prioritize, completes functions
		independently, without supervision.
5. PROFICIENT/ EXPERT	=	mastery in performance, capable of
		supervising and/or train others.

#### FREQUENCY OF EXPERIENCE KEY:

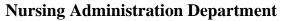
- 1. OBSERVED ONLY/NEVER DONE
- 2. RARELY DONE (<6 times per year)
- 3. INTERMITTENT EXPERIENCE (1 2 times/month or more than a month)
- 4. 1-2 YEARS CONTINOUS EXPERIENCE.
- 5. MORE THAN 2 YEARS CONTINOUS EXPERIENCE.

		PRO	FICI	ENC	Y
SKILLS	1	2	3	4	5
Knowledge and skills with:					
System assessment					
Incentive spirometer					
Chest physiotherapy					
Oxygen administration					
Urethral catheter insertion, care and removal					
Urine testing – dipstick					
Perineal care / Sitz bath					
Aseptic dressing charge					
Vaginal pack removal					
JVAC / drainage tube care and removal					
Universal (standard Infection control precautions)					

FREQUENCY							
1	2 3 4 5						

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#### وزارة الدفاع مستشفى الامير سلطان للقوات المسلحة بالمدينة المنورة إدارة التمريض

## **OB / GYNE SKILLS CHECKLIST**

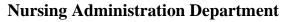
NAME OF APPLICANT:	DAT	E:

	PROFICIENCY				
SKILLS	1	2	3	4	5
Knowledge and skills with:					
<ul> <li>Central venous lines care and dressing changes</li> </ul>					
Vaginal swabs					
<ul> <li>Assist in collection of vaginal smears/HVS</li> </ul>					
Blood and blood product administration					
Venepuncture					
<ul> <li>Medication calculation administration and infusion</li> </ul>					
Antenatal/postpartum care of patients with:					
Precipitate labor and delivery					
Pre-eclampsia /eclampsia					
Gestational diabetes – diet or insulin					
Anaemia					
Poly /oligo – hydramios					
<ul> <li>Premature rupture of membranes (PROM)</li> </ul>					
Ante partum haemorrhage					
Placenta previa					
Premature labour					
Multiple pregnancies					
Prostin induction					
Hyperemesis gravidarum					
Intrauterine growth retardation					
Incompetent cervix – cervical cerclage					
Venereal disease / warts					
AB0 incompatibility					
RH Isoimmunisation					
Electronic Fetal Heart Monitoring (CTG) and interpretation					
Non – stress testing and interpretation					

FREQUENCY							
1	2	3	4	5			

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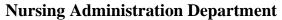


### وزارة الدفاع مستشفى الامير سلطان للقوات المسلحة بالمدينة المنورة إدارة التمريض

	PROFICIENCY				
SKILLS 1 2 3 4			4	5	
Knowledge and skills with:					
Central venous lines care and dressing changes					
Vaginal swabs					
<ul> <li>Assist in collection of Vaginal smears /HV</li> </ul>					
Blood and blood product administration					
Venepuncture					
<ul> <li>Medication calculation administration and infusion</li> </ul>					
Antenatal/postpartum care of patients with:					
Precipitate labour and delivery					
Pre – eclampsia / eclampsia					
Gaestational diabetes – diet of insulin					
Anaemia					
Poly /oligo – hydramios					
Premature rupture of membranes (PROM)					
Ante partum haemorrhage					
Placenta previa					
Premature labor					
Multiple pregnancies					
Prostin induction					
Hyperemesis gravid arum					
Intrauterine growth retardation					
Incompetent cervix – cervical cerclage					
Venereal disease / warts					
ABO incompatibility					
RH Isoimmunisation					
Electronic Fetal heart Monitoring (CTG) and interpretation					
Non – stress testing and interpretation					

FREQUENCY							
1	2	3	4	5			

Ministry of Defense Prince Sultan Armed Forces Hospital Madina Al Munawarah





### وزارة الدفاع مستشفى الامير سلطان للقوات المسلحة بالمدينة المنورة إدارة التمريض

NAME OF APPLICANT:	DATE:	

	PROFICIENCY				
SKILLS			3	4	5
Antenatal /postpartum care of patients with:					
Spontaneous vaginal/instrumental delivery					
Post –partum assessment and nursing care					
Postpartum haemorrhage					
Breastfeeding					
Rooming – in Couplet care					
Care of patient with Gynaecological conditions:					
Intrauterine fetal death (IUFD)					
<ul> <li>Induction of labour for IUFD</li> </ul>					
Ectopic Pregnancy					
Haemorrhage					
Invitro fertilization and hyper stimulation					
Sexual assault					
Hysterectomy					
Salping – oophorectomy					
Pelvic excentration					
A & P repairs					
Transvaginal Tag (TVT)					
Hysteroscopy/laparoscopy					
Tumor/ tumor lysis					
Blood dyscrasias					
Septic Shock					
Radiotherapy/chemotherapy					
Palliative care					
Determination of Body Surface Area (BSA)					
• D&C					
IVD insertion					

FREQUENCY								
1	2	3	4	5				

Ministry of Defense Prince Sultan Armed Forces Hospital Madina Al Munawarah

### **Nursing Administration Department**



### وزارة الدفاع مستشفى الامم سلطان للقوات المسلحة

مستشفى الامير سلطان للقوات المسلحة بالمدينة المنورة إدارة التمريض

#### Kingdom of Saudi Arabia

Ministry of Defense Prince Sultan Armed Forces Hospital Madina Al Munawarah

#### **Nursing Administration Department**



### المتارك المتنبي الشيخون

وزارة الدفاع مستشفى الامير سلطان للقوات المسلحة بالمدينة المنورة إدارة التمريض

NAME OF APPLICANT:	DATE:	
TAXABLE OF THE FIGURES.	 DILLE.	

	PROFICIENCY				
SKILLS	1	2	3	4	5
Familiarity with Equipment:					
Electronic thermometer					
Breast pump – manual – machine					
Oxygen administration					
Cardiac monitor – defibrillator					
IV infusion pump					
CTG Monitor					
Fetal heart rate Doppler					
Blood warmer					
Miscellaneous :					
Charge nurse / Resource nurse Duties					
Discharge planning					
Patient/family education					
In- service presentation					
Patient care plans					
Presenting new employees					
Computer skills					
Oasis					

FREQUENCY				
1	2	3	4	5

CERTIFICATION	YES	NO	DATE ISSUED /EXPIRATION
Basic cardiac Life Support ( BCLS )			
Saudi Council Licensure			
Neonatal Resuscitation Programme (NRP)			

•	Saudi council licensure		
•	Others:		

AME OF APPLICANT:		DATE:
ADDITIONAL INFORMATION:		
This skills checklist is part of the ap <b>WILL</b> result in a review of the appli		
Number of Experience:	Mo	onths / Year (s)
I hereby certify that the informatio proficiency.	n given above is true and acc	curate account of my
Comments :		
Print Name:	Signature :	Date:

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