

**NEWBORN NURSERY - KING ABDULAZIZ AIRBASE HOSPITAL  
DHAHRAN, SAUDI ARABIA**

**NURSING SKILLS CHECKLIST**

Please complete the skills checklist using the key to indicate level of expertise for the particular skill.

- A. Minimum of 1 year current experience; performs without supervision
- B. 6-12 months experience within past 2 years; requires assistance at times
- C. <6 months experience; practice and assistance needed with clinical skills
- D> No experience; willing to learn

<u>REQUIRED CLINICAL SKILLS</u>	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Knowledge of normal parameters of the newborn, i.e. - Temperature, heart rate, respirations - Stool changes					
Perform admission assessment/care of newborn including: - Assessment of above parameters - Nursing actions/interventions in response to abnormal values - Nursing actions/interventions on declarations on detection of a physican abnormality.					
Provide routine infant care including: - Measures/assess vital signs - Weigh/record daily weight - Bath infant - Cord care - Eye care - Bottle feed infant					
Perform daily examination of the newborn for signs and symptoms of - Abnormalities - Infection - Jaundice - Weight loss/gain - Inadequate of feeds or overfeeding - Intolerance of feeds					
Bath a newborn including - Perform bath demonstration/provide instruction for the mother - Perform/instruct record care					
Support the nutritional /fluid requirements of a newborn including: - Understanding of normal feed/fluid requirement - Bottle and breast feeding - Assist mother to breast or bottle feed					

<b>REQUIRED CLINICAL SKILLS</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>COMMENTS</b>
Knowledge of and ability to administer medications commonly given to the newborn:					
- Vaccination					
- Oral					
- Intramuscular					
- Intradermal					
- Ocular					
Collect routine laboratory specimens from the newborn					
- Urine					
- Stool					
- Swab for culture and sensitivity					
Apply current infection control measures used in a newborn nursery including implementation of isolation precautions					
Apply principles of "rooming in"					
Clinical skills preferred but not required					
Collect routine blood samples from infant i.e. perform Dextrostix sampling/recording					
Care for a newborn on an apnea mattress					
Care for infant with intra uterine growth retardation					
Care for the low birth weight newborn					
Care of diabetic mother					
Care of newborn receiving phototherapy including observe/ assess jaundice levels and temperature					
- Protect eyes					
- Protect genitalia					
Care for a newborn being nursed in an incubator/isolate including:					
- Monitor temperature controls					
- Measure vital signs					
- Ensure adequate humidification					
Use other equipment/supplies common to the NBN					
- Mucous extractor					
- Suction apparatus					
Short term oxygen therapy					

**Additional Comments:**

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**NAME/SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_