NEONATAL ICU - KING ABDULAZIZ AIRBASE HOSPITAL DHAHRAN, SAUDI ARABIA

NURSING SKILLS CHECKLIST

Please complete the skills checklist using the key to indicate level of expertise for the particular skill.

- A. Minimum of 1 year current experience; performs without supervision
- B. 6-12 months experience within past 2 years; requires assistance at times
- C. <6 months experience; practice and assistance needed with clinical skills
- D> No experience; willing to learn

REQUIRED CLINICAL SKILLS	A	В	<u>C</u>	D	COMMENTS
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Knowledge of normal parameters of the newborn					
infant - term and premature:			<u> </u>		
- Apgar scoring/physical assessment					
- Weight, length, head circumference	-				
- Temperature, heart rate, respirations					
- Blood pressure	-		 		
- Lab values			1		
Perform admission assessment/care of "at risk"					
newborn including:					
- Assessment of above parameters			<u> </u>		
- Nursing actions/interventions in response to			•		
abnormal values			ļ	ļ	
- Nursing actions/interventions on detection of a					
physical abnormality				<u> </u>	
Provide emergency care for a neonate and recognize	i				
the need to initiate resuscitation.					
Perform neonatal resuscitation safely and effectively					
Knowledge of neonatal emergency drugs-dosages,				1	
calculations and administration.					
Care for ventilated neonate			<u> </u>		
- Term, premature, VLBW					
- Acute or long term					
Prepare infant for an assist with diagnostic &/or					
therapeutic procedures:					
- Intubation, elective or emergency					
- Insertion and care of arterial/venous lines (umbilical					
radial, femoral) or peripherally inserted central					
catheters (PICC)					
- Blood exchange/partial exchange					

REQUIRED CLINICAL SKILLS	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
- Lumbar puncture					
- Insertion of chest drain					
- Peritoneal Dialysis					
- CT scan					
- Ultrasound and Echocardiogram		_			
Working knowledge of:					
- Cardiac monitors					
- Ventilators					
- Oxyhoods and nasal cannula					
- TCOM monitors					
- Nitric Oxide					
- Pulse Oximeters					
- BP monitoring non-invasive					
invasive					
- Apnoea/respiratory devices					
- Isolettes/incubators					
- Phototheraphy devices					
- IV infusion control devices					
- Syringe pumps					
- Transilluminator					
- Resuscitaire/warmer/crib					
Assess the infant for signs and symptoms of					
- Hypo/hyperthermia					
- Hypo/hyperglycemia				<u></u>	
- Infection					
- Jaundice					
- Weight loss/gain					
- Fluid overload/dehydration					
- Feeding problems	<u> </u>		<u> </u>	ļ	
- Acid base disturbances					
Understand nutritional/fluid requirements and support needs					
with:	<u> </u>				
- IV/IA fluids including TPN and lipids	ļ				
- Insert and administer tube feed (OG/NG)					
- Assisting mother to breast feed	<u> </u>			 	
- Bottle feed (EBM and formula)			1		
- Administration of blood/blood products	_				
Calculation of fluids and fluid balance	<u> </u>				
Implementation and practice standard precaution					

REQUIRED CLINICAL SKILLS	A	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Provide parent teaching and emotional support					
Blood sampling:					
- Heel stick					
- Venous					
- From arterial line					
Insertion of peripheral IV					
Attend high risk deliveries in L & D or OR (for elective or					
emergency LSCS) to care for infants:					
- Term	<u> </u>				
- Premature				ļ	
- Single or multiple births					
Function as:	ļ			ļ	
- Transport nurse (in-hospital, interhospital)		<u> </u>	ļ	ļ	
- Charge Nurse					
Knowledge and implementation of Nursing Care Plans		<u> </u>			
Initiation of Discharge Care Plan for Neonates	<u> </u>				
Certification:					
- Basic Computer Literacy	<u> </u>	ļ		ļ	
- NRP		 	ļ		
- BLS		<u> </u>	ļ		
- Others:			<u> </u>		
Additional Comments:					
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NAME/SIGNATURE:		••-			_
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