

**AL HADA MILITARY HOSPITAL  
NURSING SKILLS CHECKLIST  
NEONATAL (NEWBORN)**

NOTE: Please complete the Skills Checklist to ensure your individual experience may be clearly your knowledge/skills. The information will be used to ensure the possible placement based on understood. Tick ( ) the appropriate column and add comments as necessary for clarification of your clinical expertise and our hospital's needs.

REQUIRED CLINICAL COMPETENCIES	CURRENTLY COMPETENT (Indicate year skill last practices, or months of experience gained)	COMMENTS (or if not competent)
Knowledge of normal parameters of the newborn, i.e., <ul style="list-style-type: none"> <li>➤ Apgar scoring / physical assessment</li> <li>➤ Weight, length, head circumference</li> <li>➤ Temperature, heart rate, respirations</li> <li>➤ Stool changes</li> </ul>		
Perform admission assessment / care of newborn including: <ul style="list-style-type: none"> <li>➤ Assessment of above parameters</li> <li>Nursing actions / interventions in response to abnormal values</li> <li>➤ Nursing actions / interventions on detection of a physical abnormality</li> </ul>		
Provide emergency care for the newborn including: <ul style="list-style-type: none"> <li>➤ Oral / nasal suctioning</li> <li>➤ Application / use of infant resuscitator (Ambubag) and oxygen</li> </ul>		
Provide routine infant care including: <ul style="list-style-type: none"> <li>➤ Measure / assess vital signs</li> <li>➤ Weigh / record daily weight</li> <li>➤ Bath infant</li> <li>➤ Cord care</li> <li>➤ Eye care</li> <li>➤ Bottle feed infant:</li> </ul>		
Perform daily examination of the newborn for signs and symptoms of: <ul style="list-style-type: none"> <li>➤ Abnormalities</li> <li>➤ Infection</li> <li>➤ Jaundice</li> <li>➤ Weight loss/gain</li> <li>➤ Inadequacy of feeds or overfeeding</li> <li>➤ Intolerance of feeds</li> </ul>		
Bath a newborn including: <ul style="list-style-type: none"> <li>➤ Perform bath demonstration / provide instruction for the mother</li> <li>➤ Perform / instruct record care</li> </ul>		

NAME

SIGNATURE

DATE

REQUIRED CLINICAL COMPETENCIES	CURRENTLY COMPETENT (Indicate year skill last practices, or months of experience gained)	COMMENTS (or if not competent)
Support the nutritional / fluid requirements of a newborn including: <ul style="list-style-type: none"> <li>➤ Understanding of normal feed / fluid requirements</li> <li>➤ Bottle feed</li> <li>➤ Assist mother to breast or bottle feed</li> </ul>		
Knowledge of and ability to administer medications commonly given to the newborn: <ul style="list-style-type: none"> <li>➤ Oral</li> <li>➤ Intramuscular</li> <li>➤ Intra dermal</li> <li>➤ Ocular</li> </ul>		
Collect routine laboratory specimens from the newborn: <ul style="list-style-type: none"> <li>➤ Urine</li> <li>➤ Stool</li> <li>➤ Swabs for culture and sensitivity</li> </ul>		
Apply current Infection Control measures used in a newborn nursery, including implementation of isolation precautions.		
Apply principles of "rooming in".		
<b>Clinical Skills Required</b>		
Collect routine blood samples from infant, e.g. perform dextrostix sampling / recording.		
Care for a newborn on an apnoea mattress.		
Care for the low birth weight newborn.		
Care for diabetic newborn.		
Care for a newborn receiving phototherapy including observe/assess jaundice levels and temperature.		
Care for a newborn being nurse in an incubator / isolette including: <ul style="list-style-type: none"> <li>➤ Monitor temperature controls</li> <li>➤ Protect eyes</li> <li>➤ Measure vital signs</li> <li>➤ Ensure adequate humidification</li> </ul>		
Use other equipment / supplies common to the newborn: <ul style="list-style-type: none"> <li>➤ Radiant heater</li> <li>➤ Suction apparatus</li> </ul>		

Please make any additional comments or explanations below on reverse.

I acknowledge that I will be tested on the above skills within the first month of my arrival and, if I fail to demonstrate an acceptable standard (in comparison to the information provided on this list) my employment will be terminated and I will be sent home.

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_