



ARMED FORCES HOSPITAL SOUTHERN REGION  
KHAMIS MUSHAYT

**MIDWIFERY SKILLS LIST**  
**( HRS/F070/02)**

NAME OF APPLICANT: \_\_\_\_\_

DATE: \_\_\_\_\_

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| <p><b>HOW TO COMPLETE THIS FORM:</b></p> <p>A thorough evaluation of your skill level in various Specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an “X” in the box that most accurately describes your level of expertise for this skills listed.</p> | <p><b>LEVELS OF PROFICIENCY:</b></p> <p><b>A</b> = Perform Well ( at least one year of current experience, very comfortable performing without supervision)<br/> <b>B</b> = Limited Experience ( 6-12 months, within the past two years, would require some assistance)<br/> <b>C</b> = Perform Infrequently ( less than three months of experience, need more experience and practice, assistance required)<br/> <b>D</b> = No Experience ( have never performed this task, willing to learn)</p> |
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| SKILL  | A | B | C | D | COMMENTS ( IF ANY ) |
|--|---|---|---|---|---------------------|
| <b>ANTE-PARTUM:</b>                                    |   |   |   |   |                     |
| Clinic-Check recognizing abnormalities                 |   |   |   |   |                     |
| Parentcraft Classes                                    |   |   |   |   |                     |
| Interpretation of blood results in ante-natal I.U.G.R. |   |   |   |   |                     |
| SROM/PROM/PPROM  |   |   |   |   |                     |
| Placenta Previa/ Abruptio Revealed                     |   |   |   |   |                     |
| Placenta Concealed                                     |   |   |   |   |                     |
| Poly/Oligohydramnios                                   |   |   |   |   |                     |
| Pre-term labor   |   |   |   |   |                     |
| Non-stress testing – interpretation of strips          |   |   |   |   |                     |
| Multiple pregnancy                                     |   |   |   |   |                     |
| Pregnancy Induced Hypertension                         |   |   |   |   |                     |
| <b>INTRAPARTUM:</b>                                    |   |   |   |   |                     |
| Abdominal assessment                                   |   |   |   |   |                     |
| Commencement & Interpretation of CTG                   |   |   |   |   |                     |
| Vaginal examination                                    |   |   |   |   |                     |
| Artificial rupture of membranes                        |   |   |   |   |                     |
| Placement of fetal scalp electrode                     |   |   |   |   |                     |
| Syntocinon augmentation                                |   |   |   |   |                     |
| Prostin Induction of labour                            |   |   |   |   |                     |
| Unassisted delivery of normal SVD                      |   |   |   |   |                     |
| Breech   |   |   |   |   |                     |
| Multiple Birth   |   |   |   |   |                     |
| Preterm delivery                                       |   |   |   |   |                     |
| Diabetic   |   |   |   |   |                     |
| Pre-eclampsia/eclampsia                                |   |   |   |   |                     |
| Hepatitis B  |   |   |   |   |                     |
| Cord prolapsed   |   |   |   |   |                     |

| SKILL                                    | A | B | C | D | COMMENTS ( IF ANY ) |
|--|---|---|---|---|---------------------|
| Retained placenta                        |   |   |   |   |                     |
| PPH                                      |   |   |   |   |                     |
| Precipitous delivery                     |   |   |   |   |                     |
| Knowledge and assisting with ventouse    |   |   |   |   |                     |
| Knowledge and assisting with forceps     |   |   |   |   |                     |
| Episiotomy                               |   |   |   |   |                     |
| Suturing of episiotomy                   |   |   |   |   |                     |
| Bladder catheterization                  |   |   |   |   |                     |
| Immediate newborn care and resuscitation |   |   |   |   |                     |
| APGAR scoring                            |   |   |   |   |                     |
| Initiation of breast feeding             |   |   |   |   |                     |
| Transport isollette/incubators           |   |   |   |   |                     |
| Manage more than one patient in labor    |   |   |   |   |                     |
| <b>Various forms of pain relief:</b>     |   |   |   |   |                     |
| Entenox                                  |   |   |   |   |                     |
| Pethidine                                |   |   |   |   |                     |
| <b>POST PARTUM:</b>                      |   |   |   |   |                     |
| Involution of the uterus                 |   |   |   |   |                     |
| Assessment of Lochia                     |   |   |   |   |                     |
| Assessment of post natal patient         |   |   |   |   |                     |
| Education of the mother/baby             |   |   |   |   |                     |
| Assist with breast feeding               |   |   |   |   |                     |
| Contraceptive Advice                     |   |   |   |   |                     |
| Any referrals which may be necessary     |   |   |   |   |                     |
| <b>GENERAL:</b>                          |   |   |   |   |                     |
| Charge Nurse Duties                      |   |   |   |   |                     |
| Family/Patient Education                 |   |   |   |   |                     |
| Inservice Presentations                  |   |   |   |   |                     |
| Use of Doppler                           |   |   |   |   |                     |
| Glucometer                               |   |   |   |   |                     |
| Overhead Warmers                         |   |   |   |   |                     |
| Transport Isolettes                      |   |   |   |   |                     |
| OHIO Resuscitation Table                 |   |   |   |   |                     |
| Blood Warmers                            |   |   |   |   |                     |
| Pulse Oximeter                           |   |   |   |   |                     |
| Non-Invasive Blood Pressure Machine      |   |   |   |   |                     |
| Blood gas machine (ABG)                  |   |   |   |   |                     |

*Revised January 2010*

**PLEASE PRESENT AN ESSAY OF APPROXIMATELY 250 WORDS COVERING THE FOLLOWING:**

**A. Previous Experience**

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**B. Specialist Skills**

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**C. What you have to offer the service**

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**D. Your main area of Midwifery experience**

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**E. Give at least three main reasons for episiotomy**

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3. 

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**F. What do you like and dislike about your current job and why?**

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Thank you for completing the above. Demonstration of skills stated will be expected during the 90 days probationary period. Inability to demonstrate skills may result in termination during probationary period.

Name of the Applicant: \_\_\_\_\_

Signature of the Applicant: \_\_\_\_\_

Date: \_\_\_\_\_

