



**MINISTRY OF DEFENSE , AVIATION AND GENERAL INSPECTION
GENERAL MEDICAL SERVICES DEPARTMENTS
NAJRAN ARMED FORCES HOSPITALS PROGRAMME**

MIDWIFE NURSE SKILLS CHECKLIST

PLEASE MARK LEVEL OF EXPERIENCE:

- 1 = NO EXPERIENCE**
- 2 = KNOWLEDGE**
- 3 = PERFORM INFREQUENTLY {WOULD REQUIRE SOME SUPERVISION}**
- 4 = ABLE TO PERFORM WITHOUT ANY SUPERVISION**

NURSING SKILLS CHECKLIST	1	2	3	4
Demonstrate proficiency in all, or some of the following depending on whether assigned to outpatient or inpatient unit.				
<ul style="list-style-type: none"> • Evaluation and assessment of ante-natal patient 				
<ul style="list-style-type: none"> • Assessment/care of patient during the three stages of labour, deliver unassisted 				
<ul style="list-style-type: none"> • Assessment/care of high risk patient in labour including <ul style="list-style-type: none"> - Grand multi/high parity - Pre-eclampsia/eclampsia - Severe pre-maturity - Intrauterine growth retardation - Various presentations, e.g. breech, face - Multiple birth - Severe congenital anomalies - Diabetic mother - Mother with renal disease - Mother with cardiac disease - Placenta previa - Placenta abruptio - Cord prolapse - Trial of scar or multi C-section - Rhesus incompatibility 				
Identify potential complications of mother and babies				
Manage post-partum complications e.g. haemorrhage, seizure, etc.				
Assist physician with complicated delivery or preparation for C-section (elective/emergency)				
Manage more than one patient in labour				

NURSING SKILLS CHECKLIST	1	2	3	4
Knowledge of drugs commonly used in obstetrics				
Perform foetal monitoring techniques				
Assess and manage newborn				
Perform Apgar scoring of newborn				
Perform emergency resuscitation of newborn				
Perform initial critical newborn management				
<ul style="list-style-type: none"> • Maintenance of body temperature 				
<ul style="list-style-type: none"> • Resuscitation 				
Teach mother to breast feed				
Assist with ante-natal classes and post-natal exercises				
Care of pre and post operative obstetrical patient				
Manage nursing aspects of infertility patients				
Working knowledge of specialized equipment common to obstetrical areas:				
<ul style="list-style-type: none"> • CTG 				
<ul style="list-style-type: none"> • Scalp pH machine 				
<ul style="list-style-type: none"> • Doppler 				
<ul style="list-style-type: none"> • Ultrasound 				
<ul style="list-style-type: none"> • Isolette/incubator/resucitaire 				
<ul style="list-style-type: none"> • Vacuum extractor, forceps 				
<ul style="list-style-type: none"> • Fetal scalp electrode 				
Assist doctors with performing fetal blood sampling				
Suture simple episiotomy				
Function as Charge Nurse				
How many personal deliveries do you conduct each month? _____				

CERTIFICATION	YES	NO	EXPIRY DATE
BLS			
ACLS			
NRP			
PALS			
IV THERAPY			

The information I have given is true and accurate.

NAME (PLEASE PRINT)

SIGNATURE

DATE