

**MEDICAL/SURGICAL - KING ABDULAZIZ AIRBASE HOSPITAL
DHAHRAN, SAUDI ARABIA**

NURSING SKILLS CHECKLIST

Please complete the skills checklist using the key to indicate level of expertise for the particular skill.

- A. Minimum of 1 year current experience; performs without supervision
- B. 6-12 months experience within past 2 years; requires assistance at times
- C. <6 months experience; practice and assistance needed with clinical skills
- D> No experience; willing to learn

<u>REQUIRED CLINICAL SKILLS</u>	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Last place of work					
Bed Capacity					
MEDICAL:					
Neurology:					
- Assist with neurological examination					
- Assist with performing EEG					
Cardiology:					
- Perform ECG					
Respiratory:					
- Take and record peak flow reading					
- Initiate/maintain oxygen therapy					
Endocrinology:					
- Perform capillary glucose testing, i.e. use glucometer					
- Plan/provide diabetic teaching to patient/family					
Nephrology:					
- Take record urine dip stick					
Gastroenterology:					
- Initiate/maintain tube feeding					
- Instruct/prepare patient for upper/lower GI (endoscopy)					
- Nasogastric Tube Care					
- PEG Tube Care					
Oncology, Hematology					
Rheumatology					
Psychiatry					
Infectious Diseases					
Initiate isolation procedures					
Dermatology:					
- Assist with minor procedure (Laser Clinic)					
- Provide ultra violet treatments (PUVA Clinic)					

REQUIRED CLINICAL SKILLS	A	B	C	D	COMMENTS
SURGICAL:					
General					
- Pre/post operative care					
- Diabetic foot care					
- Instruct/prepare patient for operation/admission					
- Prepare/assist with minor surgical procedures (i.e. removal of cyst, skin tag)					
- Prepare/assist with Sigmoidoscopy/Colonoscopy					
- Apply aseptic dressing technique - wound care					
- Remove clips					
- Remove drains					
- Remove sutures					
Incentive spirometry					
I/O monitoring					
Stoma care					
Orthopedic:					
- Care of POP					
- Care and application of Skin Traction					
- Care of Skeletal Traction					
Neuro-Surgical					
- Use Glasgow Coma Scale					
Ophthalmology:					
- Pre/post cataract care					
- Instill eye drops					
Ear/Nose/Throat					
- Assist with nasal splint removal					
- Assist with diagnostic endoscopy					
- Tracheostomy care					
- Suctioning of patient					
Cardiothoracic					
- Assist with and maintaining of of chest tube/underwater seal drain					
- Pleural Tapping					
Urology					
- Perform uro-dynamics (Clinic)					
- Insert/removal and care of foley catheter male/female					
- Insert/removal and care of suprapubic catheter male/female					
Gynecology					
- Assist in pelvic examination					

<u>REQUIRED CLINICAL SKILLS</u>	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
- Checking FHR					
- Assisting in obtaining vaginal swab					
Pediatric (General)					
- Prepare/administer immunization					
Wound Care					
- Aseptic dressing technique					
- Remove clips					
- Remove drains					
Initiate/maintain IV therapy:					
- Peripheral					
- Assisting and maintaining central line					
- TPN					
- Blood transfusion of blood products					
Prepare and administer medications					
- PO					
- IV					
- IM/SC/Intradermal					
- Suppository					
Monitor and record vital signs					
Initiate /maintain Basic Cardiac Life Support measures (BCLS or equivalent, certified)					
Assist special procedures:					
- Thoracentesis/paracentesis					
- Lumbar puncture aspiration					
- Assist bone marrow aspiration					
- Assist biopsy needle/aspiration					
- Assist insertion chest drain					
Working knowledge of specialized equipment:					
- I.V. pump					
- BP Machine					
- Glucometer					
- Suction machine					
- Automatic thermometer					
- Feeding pumps					
- Syringe pumps					
Apply isolation techniques:					
- Respiratory					
- Standard precautions					
- Reverse Isolation/Contact/Airborne/Droplet Isolation					

REQUIRED CLINICAL SKILLS	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Knowledge of cross-cultural nursing: - Work in multinational staffing group					
Function of Charge Nurse					
Care of the Deceased Patient					
Defibrillator					
VAC/VISTA Wound Care machine					
Air Mattress					
Blood warmers					
SCD Machine					
Doppler Machine					
Pulse Oximeter					
Telemetry Monitoring					

Additional Comments:

NAME/SIGNATURE: _____

DATE: _____