

**MATERNAL CHILD HEALTH - KING ABDULAZIZ AIRBASE HOSPITAL
DHAHRAN, SAUDI ARABIA**

NURSING SKILLS CHECKLIST

Please complete the skills checklist using the key to indicate level of expertise for the particular skill.

- A. Minimum of 1 year current experience; performs without supervision
- B. 6-12 months experience within past 2 years; requires assistance at times
- C. <6 months experience; practice and assistance needed with clinical skills
- D> No experience; willing to learn

REQUIRED CLINICAL SKILLS	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
1. OB/Gyne:					
1.1 History					
- Social					
- Health					
- Menstrual					
- Obstetric					
- Medical					
- Family					
1.2 Physician Examination					
- Height					
- Weight					
- Blood Pressure					
- Urinalysis					
- Blood Tests					
- Hemoglobin					
1.3 Screening of Foetal Abnormalities					
1.4 Examinations					
- General					
- Breast					
- Elimination					
- Vaginal Discharg					
- Vaginal Bleeding					
- Abdominal					
* Inspection					
* Palpation					
* Auscultation					
- Oedema					
- Varicosities					
1.5 On going Ante Natal Care					
1.6 Preparation for Labour					

REQUIRED CLINICAL SKILLS	A	B	C	D	COMMENTS
1.7 Ante Natal Care for patients with:					
- Diabetes					
- Epilepsy					
- Pre-eclampsia					
- Threatened Abortion					
- Multiple Pregnancies					
- Prolapse Cord					
- Spontaneous Rapture of Membranes					
1.8 Assist with Special Procedures					
- PAP Smears					
- Speculum Examination					
- High Vaginal Swabs					
- Cervical Smears					
2. Infertility:					
2.1 Primary Infertility					
2.2 Secondary Infertility					
2.3 Investigations					
- Semen Analysis					
- Hormonal Assay					
- Post Coital Test					
- Ultarsound					
3. Family Planning:					
- Oral Tablets					
- Injectibles					
- Intra Uterine Devices					
- Rhythm Method					
4. Pediatrics:					
4.1 Physical Assessment					
- Height					
- Weight					
- Pulse rate					
- Head circumference					
4.2 Normal Childhood Development					
4.3 Identification of Abnormalities					
4.4 Childhood Illness					
4.5 Sample Collection					
4.6 Vaccination					
4.7 Feeding					
- Breast					
- Bottle					

REQUIRED CLINICAL SKILLS	A	B	C	D	COMMENTS
5. Immunization - Storage of Supplies - Expired or Damaged Stock - Temperature Monitor - Management of Sharps - Cold Chain - Disease Surveillance - Routes of Immunization - Management of Monitor Complaints					
6. Working Knowledge of Equipment: - Pulse Oximeter - Dinamap BP Monitor - Ivac Thermometer - Suction Machine - Glucometer - Cardio Tocograph - Tympanic Thermometer - IV Pumps					

Additional Comments:

NAME/SIGNATURE: _____

DATE: _____