



MEDICAL SURGICAL SKILLS TEST
(HRS/F064/01)

NAME OF APPLICANT: _____

DATE: _____

<p>HOW TO COMPLETE THIS FORM:</p> <p>A thorough evaluation of your skill level in various specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an "X" in the box that most accurately describes your level of expertise for this skills listed.</p>	<p>LEVELS OF PROFICIENCY:</p> <p>A=Perform Well (at least one year of current experience, very comfortable performing without supervision) B=Limited Experience (6-12months, within the past two years, would require some assistance) C=Perform Infrequently (less than three months of experience, need more experience and practice assistance required) D=No Experience and practice (have never performed this task, willing to learn)</p>
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SKILLS	A	B	C	D	COMMENTS(IF ANY)
ASSESSMENTS:					
Adult Physical Assessment					
Care Planning					
Nursing Process					
PHARMACOLOGY/ IV's					
Total Parenteral Nutrition(TPN)/Hyperalimentation					
Blood Glucose Monitoring					
IV Push Medications					
Unit Dose Medication System					
IV Heparin Infusions					
IV Morphine Infusions					
IV Insulin Infusions					
IV Dopamine					
Blood Transfusions/ Platelets					
Peripheral IV Starts					
Peripheral Blood Extractions					
CVP Lines					
CVP Monitoring					
IV Fluids/ Piggybacks					
Drug Compatibilities/ Side Effects					
Nasogastric Medications					
Intramuscular Injections					
Intradermal Injections					
Subcutaneous Injections					
RESPIRATORY CARE:					
Oxygen Therapy Visa:					

SKILLS	A	B	C	D	COMMENTS(IF ANY)
Nebulizer treatment					
Chest Physiotherapy					
Pulse Oxymetry					
Incentive Spirometry					
Blood Gas Analysis					
Basic Cardiac Life Support (BCLS)					
GENERAL/MEDICAL SURGERY					
Aseptic (Sterile) Techniques					
Standard Precautions					
Isolation Procedures					
Foley Catheter Insertion/ Care					
In & Out Catheterization					
Suture/ Staple removal					
Open Wound Irrigations/ Wound Packing					
Hemovac Drainage					
Abdominal drains					
Stoma Care					
Tube Feedings-Bolus/ Continuous					
Nasogastric					
Gastrostomy					
Jejunostomy					
Nasogastric suction/ Irrigation					
Chest Tubes/Pleurovacs/Dry Suction					
EKG Machine (12 lead)					
Pre-Post biopsy care such as:					
Kidney					
Liver					
Breast					
Fine Needle Aspiration					
Bone Marrow					
Skin					
Muscle					
Specimen Collection/ Handling:					
CSF					
Blood (Peripherally)					
Blood (Central Venous Catheter)					
Cultures viral/ bacterial					
Sputum					
Stool					
Urine					
24 hour urines					
Care of HIV patient					
Hypoglycemic/Hyperglycemic Reactions					
NEUROLOGICAL:					
Glasgow Coma Scale					
Pre-Post craniotomy care					
Subarachnoid Hemorrhage					
NEUROLOGICAL SKILLS:					
Identify S & S of Increased Pressure					
Seizure Precautions					
c/o Halo traction/ vest					
Post-op Discectomy					
Head Injury					
External Ventricular Drains					
Lumbar Drains					
Lumbar Punctures					
Embolization					

Angiography				
RENAL/ UROLOGY:				
Care of patients with:				
Renal Transplant				
Receiving Hemodialysis				
Peritoneal Dialysis				
AV Fistula				
Renal Calculi				
Post TURP				
Post ESWL				
Post Nephrectomy+Laparoscopic nephrectomy				
Post orchiectomy (bilateral)				
Urethral & suprapubic catheters				
Urethral Stones				
Bladder Irrigations/ Continuous & Intermittent				
Nephrostomy tubes				
ORTHOPAEDICS:				
Understands Compartment syndrome				
Care of patients with:				
Splints				
Brace				
Skeletal Traction				
Skin Traction				
Post-op cast				
Assess circulation, sensation, motion Pre/Post Operative				
Assess mobility of patient and monitor safe use of crutches, walker, canes, wheelchair				
Post total Hip Replacement				
Post Amputation of a limb				
Multiple trauma post RTA				
ENT/ HEAD & NECK				
Tracheostomy Care:				
Fenestrated -Cuffed				
-Non-cuffed				
Shiley plastic -Cuffed				
-Non-cuffed				
Metal				
T-Tube				
Tracheostomy Suctioning (Adults)				
Skin grafts/Flaps/Bone Grafts				
Radical Neck Surgeries				
Radical Neck Surgeries				
Nasal & Oral Suction				
Myringotomy				
Tonsillectomy/Adenoidectomy				
Septoplasty:				
a) Packing				
b) Splint				
c) Moustache Dressing				
Tympanomastoidectomy				
Ophthalmology Dilating Drugs				
a) Pre-cataract				
b) Intra-ocular lens implant surgery				

SKILLS	A	B	C	D	COMMENTS(IF ANY)
HEMATOLOGY PATIENTS					
Sickle Cell Anemia					
Blood Transfusion					
1. Whole Blood					
2. Platelets					
3. Packed Red Cells					
4. Fresh frozen Plasma					
Neutopenic Isolation					
GENERAL SURGERY					
c/o the pre-post op patient					
Cholecystectomy					
Laparotomy					
Thoracotomy					
Bowel Resection					
Hernia Surgery					
Thyroidectomy					
Splenectomy					
Appendicectomy					
CARE OF PATIENTS WITH:					
External Urinary Drainage					
Indwelling Urinary Catheter					
Nasogastric + gastrostomy					
-Feeding Tubes					
Tracheostomy					
Sterile Dressing or Packing					
-Abdominal					
-Eye, Nose					
-Eye					
-Vaginal, rectal					
MEDICATION AND ADMINISTRATION					
Oral, Ear, Nose					
Vaginal, Rectal					
Topical					
Eyes					
Tubes i.e Nasogastric					
INJECTIONS:					
Intramuscular					
Z-track e.g. valium, maxalon +antibiotic push					
Infusion via graduated chamber (Buretrol)					
Subcutaneous e.g. Insulin					
Intradermal					
The action, contraindications/side effects of medications in common use e.g. Digoxin, Lasix, Valium					
The use of controlled drugs					
The calculation of drug dosage					

SKILLS	A	B	C	D	COMMENTS(IF ANY)
Supra pubic catheter					
Gastric drainage					
Skin & Skeletal Traction					
CLINICAL SKILLS (Preferred but NOT required)					
Establish IV					
Monitor IV using infusion control devices e.g. Ivac, Imed, Abbott, syringe pump					
Manage cutdown or central line					
Manage TPN line for hyperalimentation					
Administer blood or blood products					
Knowledge of Paediatric Haematology					
WORKING KNOWLEDGE OF OTHER SPECIALIZED EQUIPMENT COMMON TO PAEDIATRIC SERVICES:					
Pulse Oximeter					
Oxygen Analyzer					
Inhalation devices, nebulizers					
Apnea Control devices					
Cardiac monitor including recognition of life threatening Arrhythmias					
Isolette/ incubator					
Phototherapy devices					
Blood warming device					
Capillary blood glucose sampling devices (e.g. Glucometer, One Touch II, Accucheck)					
MISCELLANEOUS:					
Care for the Paediatric burn patient including dressing change and fluid monitoring					
Care for chronically ill/ disabled child					
Knowledge of cross cultural nursing & experience working in a multi-national staff group					
Knowledge of Tropical diseases					
MANAGEMENT EXPERIENCE:					
Precepting new employees					
Charge nurse responsibilities					
Type of Nursing care familiar with:					
Team					
Total patient care					
Primary nursing					
Clinical pathways					

Thank you for completing the above. Demonstration of skills stated will be expected during the 90 days probationary period. Inability to demonstrate skills may result in termination during probationary period.



PROGRAM ARMED FORCES HOSPITAL
SHAROURAH, K.S.A.

MEDICAL / SURGICAL

1. You are alone in a ward of 30 patients. Three patients press their call bell together at the same time, what should you do?

2. What is your nursing management/responsibilities to a DVT patient receiving daily Heparin injection subcutaneously.

3. What is the appropriate position for post tonsillectomy?

4. The doctor's order is: 500 mls Dextrose 5% Saline to run for three hours.
 - a. What is the flow rate of your infusion if you are using a giving set with drop factor of 15 / ml

 - b. How will you calculate.

5. What are 3 sites of IM injection

6. In patients with COPD, what is the device used to evaluate airflow obstruction, like difficulty in exhaling or cannot forcibly exhale air from the lungs.

EXPERIENCE:

1. Number of utilized beds in your present ward: _____
2. Average number of patients in the unit per day: _____
3. Average nurse to patient ratio: _____ to _____
4. Approaches to care utilized:

Team Nursing : _____

Primary Nursing: _____

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Name of Applicant: _____

Signature: _____

Date: _____