

Armed Forces Hospital  
 King Abdulaziz Naval Base  
 Kingdom of Saudi Arabia  
 NURSING DEPARTMENT

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**MATERNITY/L&D/WELL BABY NURSE  
 RECRUITMENT SKILLS CHECKLIST**

**AIM OF CHECKLIST:**

When completing the following skills checklist, please remember that this is used by the reviewer to assess your overall competency and suitability to Maternity/L&D and Nursery.

Please feel free to elaborate on any area you feel necessary to give a more comprehensive overview to the reviewer.

**EXPERIENCE:** The frequency of nursing care you have given to the conditions listed below. You may elaborate on any area you feel it needs support and explanation. Tick the desired number on the right side in relation to the frequency of exposure/experience.

**Frequency:**

1. Never
2. Rarely
3. Occasionally
4. Frequent

**Experience:**

1. None
2. Needs practice
3. Competent
4. Well skilled

	Frequency				Experience			
	1	2	3	4	1	2	3	4
<b>I. MATERNITY</b>								
<b>1. Ante Natal Assessment</b>								
• Ante Natal Assessment								
• Fundal Height								
• Lie								
• Presentation								
• Position								
• Checks fetal heart rate								
• Pinnard Stethoscope								
• Doppler								
• CTG Monitoring								
• CTG tracing Interpretation								
• Glucose Tolerance Test								
• 24 hour urine collection								
<b>2. Identification of lochias</b>								
• rubra								
• serosa								
• alba								
<b>3. Perineal Suture</b>								
• Episiotomies								
• 3 <sup>rd</sup> degree tear								
<b>4. LSCS Wound</b>								
• Phannestial								
• Vertical								
• Hemovac drain								

	Frequency				Experience			
	1	2	3	4	1	2	3	4
5. Immediate Post-op LSCS Care								
6. Initiates Breast Lactation								
7. Breast care								
• engagement								
• cracked nipples								
• inverted nipples								
8. Health education								
• Personal hygiene								
• Nutrition and rest								
• Breast feeding								
• Infant bonding								
• Family planning								
• Post natal exercise								
• Perineal care								
9. Nursing care of Patients with gynecological condition								
• ERPC								
• Threatened miscarriage								
• Missed abortion								
• Inevitable abortion								
• Ectopic pregnancy								
• Molar pregnancy								
• Cervical Cerclage								
• DUP								
• Perineorrhapy								
10. Nursing care of patients with:								
• Gestational diabetes/DDM in pregnancy								
• Pregnancy								
• Induced hypertension								
• Pre-eclampsia								
• eclampsia								
• Chronic hypertension in pregnancy								
• Bad obstetric history								
• Ante partum hemorrhage								
• Placenta praevia								
• Abruption placenta								
• Pre-term labor/use of Ritodrine								
• Premature ruptured membranes								
• Prolonged ruptured membranes								
• Induced labor								
• Twins pregnancy								
• IUFD								
• Sickle cell disease crisis								
• Cardiac disease in pregnancy								
• Peri natal management of chicken pox in pregnancy								
• Anemia in pregnancy								
• Blood Transfusion								
• Reduced fetal movement								











**EXPERIENCE:**

- 1. Years of work experience as a nurse in Maternity/L&D/Nursery      Total: \_\_\_\_\_
- 2. Average daily census in your unit      Total: \_\_\_\_\_
- 3. Average staffing in your unit      Total: \_\_\_\_\_

**4. Number of Bed Capacity:**

<b>Total</b>	<b>Employer 1</b>	<b>Employer 2</b>	<b>Employer 3</b>
Beds in the hospital			
Beds in the area assigned			

Thank you for completing the above checklist correctly and faithfully. Demonstration of skills stated will be expected during the 90-days probationary period. Inability to demonstrate skills stated (ticked ones) may result in termination during probationary period.

\_\_\_\_\_  
Name / Signature

\_\_\_\_\_  
Date