Armed Forces Hospital
King Abdulaziz Naval Base
Kingdom of Saudi Arabia
NURSING DEPARTMENT

Name:	 	
Date:		2000

MATERNITY/L&D/WELL BABY NURSE RECRUITMENT SKILLS CHECKLIST

AIM OF CHECKLIST:

When completing the following skills checklist, please remember that this is used by the reviewer to access your over all competency and suitability to Maternity/L&D and Nursery.

Please feel free to elaborate on any area you feel necessary to give a more comprehensive over view to the reviewer.

EXPERIENCE: The frequency of nursing care you have given to the conditions listed below. You may elaborate on any area you feel it needs support and explanation. Tick the desired number on the right side in relation to the frequency of exposure/experience.

Frequency:

1. Never

1.00

- 2. Rarely
- 3. Occasionally
- 4. Frequent

Experience:

- 1. None
- 2. Needs practice
- 3. Competent
- 4. Well skilled

	F	Frequency			E	xper	ience	:
	1	2	.3	4	1	2	3	4
I. MATERNITY								
Ante Natal Assessment					_			_
Ante Natal Assessment								-
Fundal Height								_
• Lie		_						<u> </u>
Presentation								_
• Position								_
Checks fetal heart rate								_
Pinnard Stethoscope								_
• Doppler								
CTG Monitoring								_
CTG tracing Interpretation								
Glucose Tolerance Test								
24 hour urine collection								
2. Identification of lochias								
• rubra								
• serosa								<u> </u>
alba								_
3. Perineal Suture						_		<u> </u>
Episiotomies								_
3 rd degree tear			_			_		ـ
4. LSCS Wound		_		_		ļ		
Phannestial		_				<u> </u>		1
Vertical				_				-
Hemovac drain								

		Freque		1	-	7	rience	e
· · · · · · · · · · · · · · · · · · ·	1	2	3	4	1	2	3	1
5. Immediate Post-op LSCS Care .								
6. Initiates Breast Lactation								\perp
7. Breast care								
engagement			<u> </u>					
 cracked nipples 					191			
inverted nipples					4			
8. Health education								
Personal hygiene								Γ
Nutrition and rest								
Breast feeding	1		-					T
Infant bonding								Γ
🖦 Family planning								T
Post natal exercise								T
Perineal care	*			i i				H
Nursing care of Patients with gynecological condition	1:-							H
• ERPC	. .	-						H
Threatened miscarriage	-		_					H
Missed abortion	+							H
Inevitable abortion	-	-				-		┝
				-				\vdash
Ectopic pregnancy Molecular pregnancy	 					_		-
Molar pregnancy								-
Cervical Cerclage				-				L
• DUP	_			·				L
Perineorrhapy								L
10. Jursing care of patients with:						_		_
Gestational diabetes/DDM in pregnancy						_		L
Pregnancy								L
Induced hypertension								
 Pre-eclampsia 								
 eclampsia 					İ			
Chronic hypertension in pregnancy								
Bad obstetric history								
Ante partum hemorrhage								
Placenta praevia								
Abruptio placenta								
Pre-term labor/use of Ritodrine	1-1	-	_			+	$\neg \uparrow$	
Premature ruptured membranes	1-1					-		-
Prolonged ruptured membranes	+-1	\neg		_		+		_
Induced labor	+					\dashv		_
Twins pregnancy	1				_	_	-	-
• IUFD	1		-	+	-	-+	-	_
Sickle cell disease crisis	1	\dashv	-	+		+		-
Cardiac disease in pregnancy	+-+	\dashv	-	\dashv	-	-		-
Peri natal management of chicken pox in pregnancy	+	-	-	-	-		-	_
	+-+		-	-		+		_
Anemia in pregnancy Blood Transfersion	+		-	+	-	-		
Blood Transfusion			_		_	+	-	
 Reduced fetal movement 			- 1	- 1	1		- 1	

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11. Performs other nursing procedures:	Frequency			xper				
Blood extraction	. 1	2	3	4	1	2	3	4
IV cannulation								_
Insertion of foley catheter/care of IFC								_
Removal of wound drain				_				
Removal of sutures								L
Removal of sucures Removal of clips/staples						ηŧ		L
Blood sugar profile								L
12. Familiarization of Instruments used in Maternity/L&D								L
T influsion numns								1
Terumo infusion pumps Teumo syringe pump		T						L
								L
 Glucometer Dinamap vital signs machines 				· 13.				
Dinamap vital signs machines Floatrical breast humps			. 1					
Electrical breast pumps.	4,		1				,	
Electrical breast pumps Infant warmer Infant incubator		+	455.0	3.14	-			T
		+	-	. · · ;				T
CTG machine		+-	1					T
Newborn resuscitaire		+	+	_				1
Blood warmer		+	_			1		T
Pulse oximeter		+	+	\vdash	1	1	1	1
13. Medication administration		+	-	1		1		T
Oral	_	+	+-	-	+		1-	+
Intramuscular		-	+-	-	+	<u> </u>	+-	+
• Intravenous		-	-	-	+-	1	-	\dagger
IV push		+-	+	+	+-	+	+	+
 Infusion 		+	+-	-	+	+	+-	+
Piggy back				+	-	+	+	+
Subcutaneous		\dashv		-	+	+	+-	+
Intradermal		-		+	+	+-	+	+
Rectal		_		-	+-	+	+	+
 medication 			_	-	+	+	-	+
• enemas				1-	+-		+	+
Vaginal		_		-	-	-	+	+
Narcotic controlled drugs					-	+-	+	4
Conscious sedation			.45		_	+-	-	4
Insulin								1

	1	requ	ienc	/		yhei	ience	=
II. LABOR & DELIVERY (MIDWIVES)	1	2	3	4	1	2	3	1
Confirm onset of labor with history taking								
Assessment					1			
Fundal height								T
• Lie	1	+						T
		1	\vdash					T
Presenting part	+-	+	+	-	¥			T
Position	+	+		-		1		+
Vaginal examination	+	-	\vdash	-	:	-	-	+
• Care of 1 st stage of labor	-		┼	-	-		-	+
Care of 2 nd stage of labor	-	+-	+	-			-	+
Care of 3 rd stage of labor		-	<u> ·</u>	-	_	-		+
Analgesia in labor		_						+
• narcotics						_		1
entonox inhalation								Ï
Epidural Epidural						<u> </u>		L
TENS								
Application of FSE	1							T
	_	1	1					1
	-	-	+	\vdash	 			†
Augmentation of labor with oxytoccin	+	+-	+-	 	1	1		+
Conduct normal vagina delivery	-	+	-	-	+	-		+
 Performing/suturing episiotomies/tears 	-	-	4	+-	+-	+-	-	+
 Assist with Ventouse/forceps delivery 	-	+-	4	-	-	-	-	+
 Receiving babies following SVD/instrumental/CS 			4	_			<u> </u>	+
 Initiate resuscitation of newborns – apgar score 				_				1
Administration of injection:			_					1
Narcan							! 	
konakion		T						
Management of 1 st degree PPH in post partum		1						T
rd			1			1		T
	+	+	1	T	 	1		1
Oxytoccic drugs \	+	+	+	+-	 		1	†
Management of retained placenta	+	+	+-	+	+	+	-	+
 Management of meconium stained liquor in labor 	-	+-	+	+-	-	-	+-	+
 CTG Monitoring 		+	+	+-		-	-	+
Type 1 decelaration			-	_		-	-	+
Type2 decelaration				_		-	-	4
Management of cord prolapsed				_		<u> </u>		4
Management of malpresentation								_
Management of unbooked mothers								1
Management of Hepatitis B positive mother								
Management of eclamptic fit patient in labor								
CBUL - C C- Labor								J
								1
Management of HELLP syndrome	+-	+	1	1		1	1	7
Management of shoulder dystocia	+	+-	+-	+	1	1	1	7
Management of GDM/IDDM patient in labor	+	+	+-	+	+	+	-	1
Management of APH	-	+	+	+-	+	-	+-	+
Placenta previa			+-	+-	-	-	+	+
Abruptio placenta	4-	-	+-	+	+	+-	-	+
Twins pregnancy	4-	-	-	-	+	-	-	4
Management of IUFD			1_	1	ļ	-	-	4
Management of pre-term labor ritodrine			_	_		_		1
Premature rupture of membranes								
Prolonged rupture of membranes								
From Bear of the months		_	-	-1	_	1		T

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		,	· · ·		· · · ·	,			
	Sickle cell disease/ crisis	1	2	3	4	1	2.	3	4
	Hepatitis B positive		-	-	-	-	-	-	-
	Management of DIC	-	├	-		-	-	├	-
	Cardiac disease		 	-	-	4		-	-
	Bad obstetric history	_	-	 `	-	 	├-		+
	Use of Partogram		-	-	-	-	-	-	-
	Use of anti-hypertensive drugs	-	-		-	-	-	-	-
V	Apresoline	_	-	-		-	-	-	-
1: 4	Magnesium sulfate		-		-	-	-	-	-
	Management of abnormal lie of fetus	. ,,	_	-			-	-	-
	• Unstable		_	-	-	-	-		
	• Transverse			_			···		-
	Oblique Oblique	, .		-					-
	Care following ECV		- :	-		-	-		-
	Insertion of prostin pessary/gel						-	<u> </u>	-
									_
III. NU	RSERY								
	Newborn Assessment/Nursing care								_
	Daily examination								
	Eye care								
	Cord care								
	Skin integrity								
	Nappy area care								
	• Nutrition								
	Bottle feeding								
	Making formula feeds								
	Sterilizing bottles								
	Breast feeding								
	Bonding							I	
	Rooming in							·	
	Top & tail								
	Baby bathing								
	Immunization								
	• BCG								+
	Hepatitis B								
	Care of Incubator/phototherapy babies								
	Blood sugar monitoring		_		_				
	Hypoglycemia		_	_	4		_		
	Infants of DM/GDM mothers		_		-				
	Low birth weight infants			_			_		
	Care of low birth weight and big babies < 2 kilograms			\dashv	-				
	< 2 kilograms> 4 kilograms			-	-		4		
	Jaundice		-		-		+		
	- Saminar								

EXF	PERIENCE:	*		
1.	Years of work experience as	s a nurse in Maternity/L	&D/Nursery Total:	
2.	Average daily census in you			
3.	Average staffing in your uni	it	Total:	
4.	Number of Bed Capacity:			
	Total	Employer 1	Employer 2	Employer 3
Bed	ds in the hospital			
Be	ds in the area assigned			
exp	ank you for completing the pected during the 90-days pult in termination during pro	probationary period. In	y and faithfully. Demon ability to demonstrate s	stration of skills stated will be skills stated (ticked ones) may
_	Name / Signature			Date