

**INTENSIVE CARE UNIT (ICU) - KING ABDULAZIZ AIRBASE HOSPITAL
DHAHRAN, SAUDI ARABIA**

NURSING SKILLS CHECKLIST

Please complete the skills checklist using the key to indicate level of expertise for the particular skill.

- A. Minimum of 1 year current experience; performs without supervision
- B. 6-12 months experience within past 2 years; requires assistance at times
- C. <6 months experience; practice and assistance needed with clinical skills
- D> No experience; willing to learn

<u>REQUIRED CLINICAL SKILLS</u>	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
BASIC REQUIREMENT:					
Perform total patient assessment of critical patients, i.e. CNS, CVS, Pulmonary, Circulation, GI, GU					
Working knowledge of invasive hemodynamic monitoring i.e.					
- Set up/management					
- CVP line					
- Swan Ganz					
- Arterial line					
Knowledge and understanding of cardiac arrhythmias and lethal arrhythmias (identification and treatment)					
Identify and interpret ECG rhythm strip					
Initiate and maintain Basic Cardiac Life Support measure (BCLS or equivalent, certified)					
Working knowledge of monitors and defibrilators including:					
- Cardiac monitor					
- Set up equipment for DC shock					
- Set up equipment for cardioversion					
Knowledge of pacemakers/set up:					
- External pacemaker					
- Temporary pacemaker					
- Permanent pacemaker					
Management of multiple trauma patients					
Knowledge of chest drain:					
- Set up equipment					
- Assist in insertion of chest tube					
- Care of patient with chest drainage					
Knowledge of neurological patient care including:					
- Use of interpretation of Glasgow Coma Scale					
- Care and recognition of patient with increase intracranial pressure					

REQUIRED CLINICAL SKILLS	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Care of adult intubated/trached, ventilated patient. List ventilator used:					
1.					
2.					
3.					
4.					
Interpret arterial blood gas values					
Knowledge and understanding of advanced medications used in ICU, i.e. Dopamine, Dobutamine, Nipride, Lidocaine, Amiodarone, Epinephrine, TPA, Streptokinase, Isuprel, Noradrenaline, etc.					
Working knowledge of the equipment common in ICU, i.e.					
- Cardiac monitor					
- Pulse Oximeter					
- ECG machine					
- Hypo/hyperthermia blanket					
- Dinamap					
- IV pump					
- Syringe pump					
- Blood warmer					
- Feeding pump					
Knowledge of Nursing Care Plan					
PREFERRED REQUIREMENT:					
Knowledge of pediatric intensive care					
Care for the pediatric patient on a ventilator					
Establish IV					
Perform phlebotomy for routine blood sampling					
Draw venous and arterial bloods from central and arterial lines					
Initiate and maintain Advanced Cardiac Life Support measures (ACLS or equivalent, certified)					
Perform D/C defibrillation and cardioversion					
Interpretation of 12 Lead ECG					
Assist in insertion of temporary pacemaker					
Function as member of hospital Cardiac Arrest Team					
Manage GI bleed with Sengstaken-Blakemore tube					
Assist with dialysis procedures, i.e.					
- Acute hemodialysis					
- Arterio-venous hemofiltration					
Perform of peritoneal dialysis					
Basic knowledge of topical diseases					

<u>REQUIRED CLINICAL SKILLS</u>	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Function as Charge Nurse					
Knowledge of cross-cultural nursing and experience working with a multi-national staff group					
Knowledge and understanding of Infection Control					
Knowledge and understanding of JCI Accreditation Standard Care					

Additional Comments:

NAME/SIGNATURE: _____

DATE: _____