

AL HADA MILITARY HOSPITAL

**INTENSIVE CARE UNITS
R.N. PROFICIENCY RECORD/SKILLS CHECKLIST**

PLEASE COMPLETE AND
RETURN WITH APPLICATION

NAME: _____

Please check the type of Unit(s) in which you have worked:

Comb. Med/Surg. _____ Respiratory _____
 Medical ICU _____ Neuro _____
 Surgical ICU _____ Open Heart _____
 Burn ICU _____ Step Down _____
 Trauma _____

LEVELS OF PROFICIENCY

- 0 - No experience: Never performed this task/skill
- 1 - Limited Experience: Performed this task/skill infrequently, needing practice and/or supervision.
- 2 - Experienced & Competent: Performed this task/skill frequently and proficiency.
- 3 - Experienced & Able to Teach: Proficient at performing this task/skill; able to teach and supervise.

PLEASE CHECK THE APPROPRIATE COLUMN FOR FAMILIARITY WITH OR USAGE OF THE FOLLOWING:

SKILLS	3	2	1	0	SKILLS	3	2	1	0
CARE OF THE TRAUMA PATIENT					PROCEDURES/EQUIP. FOR RESPIRATORY DISEASES				
Air Transport					Analysis of ABG's				
Care of Patient in M.A.S.T.					Care of Patient on O2 treatments Via:				
Gun Shot Wounds					Masks/Cannula				
Auto Accident					T-Tube				
Injuries from Sharp Objects					Ambu Bag				
Injuries Resulting from Natural Disasters					Cuffed ET Tube				
					Uncuffed ET Tube				
CARE OF THE BURN PATIENT					Tracheostomy				
First Degree					Care of Patient on Ventilator i.e.: Peep, Cuff Care, Mouth				
Second Degree					Care, Suctioning, Weaning				
Third Degree					Continuous O2 Sat. and CO2 Monitoring Equipment				
Electrocution					Assisting with and Setting Up Arterial Line				
Dressing Procedure					Assisting with and Setting Up for Bronchoscopy				
Debridement					Care & Maint. Of Airway Obstruction Suctioning:				
					Oropharyngeal				
CARE OF PATIENT IN ISOLATION					Nasotracheal				
Regular					Endotracheal				
Wound and Skin					Nebulizer Set Up				
Reverse					IPPB				
Use of Universal Precautions					Assisting with Set Up of Chest Tubes				
Aids Patients					Use of Chest Drainage Systems				
Infectious Diseases					Chest Physiotherapy				
CARE OF PATIENT WITH RESPIRATORY DISEASES / INJURIES					CARE OF PATIENT WITH NEUROLOGICAL DISEASES / INJURIES				
Assessment of Respiratory System					Neuro Assessment				
Pulmonary Edema					Monitoring Neuro Vital Signs				
C.O.P.D. (Acute and Chronic)					Monitoring Intracranial Pressure				
A.R.D.S.					Use of Glasgow Coma Scale				
Pneumothorax					Acute Head Injury				
Thoracentesis					Acute/Chronic C.V.A./T.I.A.				
Patient with Chest Tubes					Unconscious Patient				
Care of Patient with Chest Injury					Spinal Cord Injury				
Care of Patient with Acute Respiratory Failure					Neurosurgical patients: Pre/Post-op Craniotomy				
Care of Patient with Thoracic Surgery					Cerebral Aneurysm				
					CNS Infections: Encephalitis, Meningitis, Abscess				
PROCEDURES/EQUIP FOR RESPIRATORY DISEASES					Degenerative Diseases of Nervous System:				
Assisting with Intubation					Multiple Sclerosis, Guillain-Barre Syndrome,				
Assisting with Extubation					Myasthenia Gravis				
Tracheostomy Care					Care of Patient with Seizures				
Draw ABG's from:					Use of Hyper/Hypothermia Mattress				
Radial Artery					Care of Patient with:				
Arterial Line					Crutchfield Tongs				
Femoral Artery					Halo Traction				

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SKILLS	3	2	1	0	SKILLS	3	2	1	0
CARE OF PATIENT WITH NEUROLOGICAL DISEASES/INJURIES					CARE OF PATIENTS WITH CARDIOVASCULAR PROBLEMS				
Obtaining and Interpreting 12 Lead ECG					Central Venous Catheter				
Cardiopulmonary Arrests					Subclavian Lines				
Dilantin					Swan Ganz Catheter				
Phenobarbital					Arterial Catheter				
Mannitol					Obtain and Interpretation of these Measurements:				
Decadron					Central Venous Pressure (CVP)				
Rehabilitation of the Neuro Patient					Pulmonary Artery Pressure (P.A.)				
					Pulmonary Capillary Wedge Pressure (P.C.W.P.)				
CARE OF THE PATIENT IN SHOCK					Cardiac Output				
Anaphylactic					Assisting with Pericardiocentesis				
Cardiogenic					Use of Auto-transfusion Systems				
Septic									
Hypovolemic					CARE OF PATIENT WITH GASTROINTESTINAL PROBLEMS				
					Gastrointestinal Bleed				
CARE OF PT. W/ CARDIOVASCULAR PROBLEMS					Abdominal Wounds or Infections				
Acute MI, CHF, Angina					Pre-Post-Op GI Surgery				
Intra-Aortic Balloon Pump					Care of Patient Receiving TPN				
Care of Cardiac Surgical Patients:					Care of Patient Receiving Tube Feedings				
Pre/Post-Op Open Heart Surgery					Care of Patient with the Following Tubes:				
Pre/Post-Op Cardiac Transplant					Nasogastric				
Pre/Post Angioplasty					Blakemore				
Care of Vascular Surgical Patients:					Ewald				
Pre/Post-Op Aneurysms (Ventricular of Aortic)					Gastric Lavage				
Pre/Post-Op Femoral Popliteal Bypass									
Care of Patient with Cardiac Infections					CARE OF THE PATIENT WITH RENAL DISORDERS				
Care of the Patient with Cardiac Valve Disease					Acute and Chronic Renal Failure				
Use of Cardiac Monitor					Pre/Post-Op Nephrectomy				
Recognizing Arrhythmias					Pre/Post-Op Renal Transplant				
Obtaining and Interpreting 12 Lead ECG					Care of Patient on Peritoneal Dialysis				
Cardiopulmonary Arrests					Care of Patient on Hemodialysis				
Cardioversion					Care of Patient with Suprapubic Catheter				
Defibrillation					Care of Patient with Nephrostomy Tube				
Preparation, Calculation and Administration of					Assessment of Fluid and Electrolyte Problems				
Emergency Cardiac Drugs:									
Preparation, Calculation and Administration of					CARE OF PATIENT WITH ONCOLOGIC DISEASES				
Emergency Cardiac Drugs:					Administering Chemotherapy				
Lidocaine					Colostomy Care				
Britylium									
Nipride					MISCELLANEOUS				
Dopamine					Administration of Blood and Blood Products				
Isuprel					Use of Continuous Infusion Pumps				
Digitalis					I.V. therapy				
Sodium Bicarbonate					Inserting I.V.s				
Atropine					Heparin Lock				
Epinephrine					Set Up for Cut Down				
Dobutrax					Obtaining Venous Blood				
Tridil					Use of and Care of Patient with Hemovac				
Verapamil					Buck's Traction				
Procainamide					Skeletal Traction				
Dobutamine					Use of Doppler				
Heparin					Organ Harvest				
Care of Patient Receiving Streptokinase					Obtaining Blood, Urine, Sputum Cultures				
Care of Patient with Pacemakers					Administering I.V. Anti-coagulants				
Assist with Insertion of Permanent Pacemaker					Care of Patient with Overdose				
Assist with Insertion of Temporary Pacemaker					Care of Patient with DT's				
Use of Non-Invasive Temporary Pacemaker									
Hemodynamic Monitoring Set Up and Care for									
Patient with the Following:									

List any other skills you may have that are not listed:

Indicate any specialty in which you have training/experience:

Neonatal ICU _____ Charge _____
 Pediatric ICU _____ H.N./Super _____
 E.R. _____ Others _____
 M/S _____

Certifications:

BCLS _____ Exp. Date _____
 ACLS _____ Exp. Date _____
 PALS _____ Exp. Date _____
 CCRN _____ Exp. Date _____

NAME: _____

SIGNATURE: _____

DATE _____

PLEASE PRINT

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 11/12/10

AL HADA MILITARY HOSPITAL

ICU NURSING SKILLS CHECKLIST

NOTE:

Please complete the Skills Checklist to ensure your individual experience may be clearly understood. Tick (✓) the appropriate column and add comments as necessary for clarification of your knowledge / skills. The information will be used to ensure the best possible placement based on your clinical expertise and our hospital's needs.

<u>REQUIRED CLINICAL COMPETENCIES</u>	<u>CURRENTLY COMPETENT</u> (Indicate year skill last practiced or months of experience gained)	<u>COMMENTS</u> (or if not competent)
Perform total systems assessment of critically ill patient.		
Working knowledge of invasive hemodynamic monitoring, e.g. set-up/management of CVP, Swan Ganz, arterial line, etc.		
Knowledge and understanding of arrhythmias (identification and treatment)		
Initiate and maintain Basic Cardiac Life Support measures (BCLS or equivalent certified)		
Working knowledge of monitors and defibrillators including: <ul style="list-style-type: none"> • set up equipment for DC shock • set up equipment for cardioversion 		
Function as member of unit Cardiac Arrest team		
Knowledge of pacemakers, temporary and permanent		
Management of multiple trauma patient		
Knowledge of neurological patient care including: <ul style="list-style-type: none"> • use and interpretation of Glasgow Coma Scale • recognition of increased inter-cranial pressure 		
Care for adult incubated/tracked, ventilated patients		
List ventilators used: <ol style="list-style-type: none"> 1. _____ 2. _____ 3. _____ 		
Interpret arterial blood gas values		
Knowledge and understanding of advanced medications used in ICU e.g. Dopamine, Nitride, Lidocaine, Epinephrine, Streptokinase, etc.		

NAME

SIGNATURE

DATE

Lorna/amy
07/04/99

<u>REQUIRED CLINICAL COMPETENCIES</u>	<u>CURRENTLY COMPETENT</u> (Indicate year skill last practiced or months of experience gained)	<u>COMMENTS</u> (or if not competent)
Working knowledge of other specialized equipment common to ICU, e.g.: <ul style="list-style-type: none"> • pulse oximeter, oxygen analyzer • hypo/hypothermia blanket • alternating pressure devices • infusion control devices, e.g., Inmed, Ivac, Abbot syringe pump • blood warming devices • non-invasive continuous BP monitoring devices • cervical tongs/traction 		
Working knowledge of nursing process.		
Clinical Skills Preferred BUT Not Required		
Knowledge of pediatric intensive care concepts.		
Care of a pediatric patient on a ventilator.		
Establish IV.		
Perform phlebotomy for routine blood sampling.		
Draw venous and arterial bloods from central line.		
Initiate and maintain Advanced Cardiac Life Support measures (ACLS or equivalent, certified)		
Perform D/C defibrillation and cardioversion		
Record and interpret 12 lead ECG		
Assist in insertion of temporary pacemaker		
Function as member of hospital Cardiac Arrest Team		
Manage GI bleed with Sengstaken-Blakemore tube		
Care for Renal Transplant patient pre/post operative		
Assist with dialysis procedures, e.g. <ul style="list-style-type: none"> • acute hemodialysis • arterio-venous hemofiltration • plasmapheresis 		
Perform peritoneal dialysis		
Function as Charge Nurse		
Knowledge of cross-cultural nursing and experience working with a multi-national staff group		

Please make any additional comments or explanations below or on reverse.

I acknowledge that I will be tested on the above skills within the first month of my arrival and, if I fail to demonstrate an acceptable (in comparison to the information provided on this list) my employment will be terminated and I will be sent home.

NAME

SIGNATURE

DATE

Lorna/Amy
07/04/99