

Kingdom of Saudi Arabia
Ministry of Defense
Prince Sultan Armed Forces Hospital
Madina Al Munawarah
Nursing Administration Department



المملكة العربية السعودية
 وزارة الدفاع
 مستشفى الامير سلطان للقوات المسلحة
 بالمدينة المنورة
 إدارة التمريض

INTENSIVE CARE UNIT

NAME OF APPLICANT: _____ **DATE:** _____

Read through the skills and tick the box that corresponds to your level of proficiency in that particular skill:

NO EXPERIENCE (0)	NOVICE (1)	ADVANCE BEGINNER (2)	COMPETENT (3)	PROFICIENT (4)	EXPERT (5)	
Performance criteria is not relevant to the position, or	Performs task/skill infrequently	Performs routine functions	Prioritizes & completes functions independently	Demonstrate speed and flexibility in decision making	Demonstrates mastery in performance	
There has been no performance at this criteria	Requires guidance	Requires some assistance in complex situations/setting priorities	Can adapt practice to manage complex situations	Can predict outcomes independently & plan for contingencies	Demonstrates creativity & innovation	
Never performed this task/skill	Needs practice and/or supervision				Responds intuitively	
ADULT COMPETENCIES						
SKILLS	No Experience	Novice	Advance Beginner	Competent	Proficient	Expert
Knowledge and skills for care of patients with:						
• Acute respiratory failure						
• Respiratory disease						
• Neurological trauma						
• Neuro - Surgery						
• Neurological disorders						
• Acute renal failure						
• Multi - system failure						
• Acute/chronic hepatic failure						
• Acute gastro-intestinal bleeds						
• Sepsis						
Haematological disorders						
• Immunosuppressive disease						
• Multiple trauma						
• Communicable disease						
• Vascular disease /trauma						
• Oncological disease						
• Ob(eclampsia, post CS bleeding)						
2. Procedures : Care, use and assisting with:						
• Arterial cannulas						
• Central venous catheters						
• Pulmonary artery catheters						
• SvO2 fiber-optic catheters						
• Crash cart						

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Read through the skills and tick the box that corresponds to your level of proficiency in that particular skill:

SKILLS:	No Experience	Novice	Advance Beginner	Competent	Proficient	Expert
• Epidural catheters						
• Pleural drains						
• Peritoneal dialysis						
• Fiber optic intracranial pressure						
• Ventricular drainage system						
• Tracheostomy tubes						
• Endotracheal tubes						
• Sengastaken Blakemore tubes						
• CVVHD						
• Auto transfusors						
• Bronchoscopy						
• Lumbar punctures						
3. KNOWLEDGE AND SKILLS IN :						
• Systematic physical assessment						
• Waterlow scoring scale (Ramsey)						
• Glasgow coma scale						
• Interpret ABG values						
• Ventilator setting & modes						
• Pressure transducer systems						
• Peripheral nerve stimulator						
• Skeletal traction						
• Fluid management						
• Stryker frames						
• Pressure relieving devices						
• Interpret basic lab values						
• P. A. wedge pressure measures						
• Cardiac output measurement						
• Arterial puncture						
• Venous cannulation						
• Male urethral catheterization						
• Underwater sealed drainage system						
• Anti-embolism measures						
• TPN administration						
• Blood component administration						
• Nitric Oxide administration						

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INTENSIVE CARE UNIT

NAME OF APPLICANT: _____ DATE: _____

Read through the skills and tick the box that corresponds to your level of proficiency in that particular skill:

PAEDIATRIC COMPETENCIES						
SKILLS:	No Experience	Novice	Advance Beginner	Competent	Proficient	Expert
<i>Knowledge and care of patients with:</i>						
• Acute respiratory failure						
• Respiratory disease						
• Neurological trauma						
• Neuro - Surgery						
• Neurological disorders						
• Acute renal failure						
• Multi - system failure						
• Acute/chronic hepatic failure						
• Acute gastro-intestinal bleeds						
• Sepsis						
• Acute respiratory failure						
<i>Haematological disorders</i>						
• Immunosuppressive disease						
• Communicable disease						
• Congenital disorders						
<i>2. Procedures : Care, use and assisting with:</i>						
• Arterial cannulas						
• Central venous catheters						
• Tracheostomy tubes						
• Epidural catheters						
• Pleural drains						
• Peritoneal dialysis						
• Broviac and Hickman catheters						
• Ventricular drainage systems						
• Fiber optic intracranial pressure						
• Bronchoscopy						
• Lumbar punctures						
<i>3. Knowledge and skills in :</i>						
• Systematic paediatric assessment						
• Glasgow coma scale						
• Interpret basic lab values						
• Interpret ABG values						
• Pressure transducer system						

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SKILLS:	No Experience	Novice	Advance Beginner	Competent	High Proficient	Expert
• Peripheral nerve stimulator						
• Skeletal traction						
• Fluid management						
• Nasogastric tube insertion						
• Tracheostomy tube insertion						
• Tracheostomy tubes replacement						
• Underwater sealed drainage system						
• Pressure transducer systems						
• Ventilation modes & settings						
• Venous cannulation						
• Nitric Oxide administration						
CORONANARY CARE UNIT						
1. Knowledge and care of patients with:						
• Myocardial infarctions						
• Cardiac failure						
• Cardiogenic shock						
• Unstable angina						
• Endocarditis						
• Cardiac dysrhythmias						
• Coronary artery disease						
• Internal pacemaker						
2. Procedures : Care, use and assisting with:						
• External pacemakers						
• Pericardial drains						
• Cardio version						
• Defibrillation						
• Thrombolysis						
• Hemodynamic monitory						
• Pulse index Cardiac continuous output monitory						
3. Knowledge and skills in :						
• Cardiac assessment						
• Heart sounds						
• Pain management						
• 12 Lead ECG performance						
• Basic rhythm strip interpretation						
• 12 Lead ECG interpretation						
• Cardiac enzyme interpretation						
• Cardio version						
• Defibrillation						
• External pacemaker setting						
• Code management						
• PLR (passive Leg Raising						
• Wound care (Ulcers)						

SKILLS:	No Experience	Novice	Advance Beginner	Competent	High Proficient	Expert
• Patient/family education						
• Identification risk factors						
• GCS, Correct identification						
MANAGEMENT :						
1. Knowledge and skills in :						
• Scheduling						
• Staff allocation and delegation						
• Conflict resolution						
• Resource utilization						
• Time management						
• Problem solving						
• Managing change						
• Leadership						
• Decision making						
• Computer literacy						

CERTIFICATION	YES	NO	EXPIRATION
▪ Basic Cardiac Life Support (BCLS)			
▪ Pediatric Advance Life Support (PALS)			
▪ Advance Cardiac Life Support (ACLS)			
▪ Neonatal Resuscitation Program (NRP)			
▪ Acute Trauma Life Support (ATLS)			
▪ CRRT			
▪ PD			

Additional Critical Care Experience and supporting information:

PHARMACOLOGY SECTION :

This section relates to commonly used medications with the unit. Candidates are expected to possess knowledge of the drug's administration, dosage, indications and potential side effects/complications.

DRUG NAME	YES	NO
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Dopamine		
Dobutamine		
Nor Adrenaline		
Adrenaline		
Atropine		
Apresoline		
Isoprenaline		
Ephedrine		
Lidocaine		
Glycerine Trinitrate		
Verapamil		
Bretyllium		
Atenolol		
Sodium Nitroprusside		
Streptokinase		
Urokinase		
Tissue-type Plasminogen Activator		
Atracurium		
Ketamine		
Propofolol		
Desmopressin		
Bupivacaine		
Phenytoin Sodium		
Adenosine		
Dogoxin		
Protamine Sulphate		
Tranexamic Acid		
Labetalol		
Naloxone		
Amiodarone		
Flumazenil		
Doxapram		
Phentolamine		
Common narcotics and sedation agents (ICU specific)		

Number of Experience: _____ **Months / Year (s)**

This skills list is part of the successful applicant's orientation package within the unit. False representation of information WILL result in a review of the applicant's contractual status.

I certify that the information given above is an accurate account of my proficiency.

Comments: _____

Print Name: _____ **Signature:** _____ **Date:** _____

Singed: _____ **Date:** _____