

**FREE STANDING CLINIC/OPD - KING ABDULAZIZ AIRBASE HOSPITAL
DHAHRAN, SAUDI ARABIA**

NURSING SKILLS CHECKLIST

Please complete the skills checklist using the key to indicate level of expertise for the particular skill.

- A. Minimum of 1 year current experience; performs without supervision
- B. 6-12 months experience within past 2 years; requires assistance at times
- C. <6 months experience; practice and assistance needed with clinical skills
- D> No experience; willing to learn

<u>REQUIRED CLINICAL SKILLS</u>	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>	<u>COMMENTS</u>
Last place of work:					
Bed Capacity:					
Medical:					
Neurology - Assist with neurological examination					
Cardiology:					
Pulmonary: - Take and record peak flow reading					
Endocrinology: - Assist patient for ultrasound of thyroid - Assist patient for FNA (Fine Needle Aspiration)					
Diabetic: - Perform capillary glucose testing i.e. use glucometer - Plan/provide diabetic teaching to patient /family					
Nephrology: - Take and record urine dip stick					
Gastroenterology:					
Psychiatry:					
Dermatology: - Assist with special procedures i.e. biopsy - Removal of skin tag - Assist with minor procedure (laser) - Provide ultra violet treatment (PUVA) - Prepare patients for direct/re-admission					
Surgical:					
General - Diabetic foot care - Instruct/prepare patient for operation/admission - Apply aseptic dressing technique - Remove clips - Remove sutures					

REQUIRED CLINICAL SKILLS	A	B	C	D	COMMENTS
Ophthalmology:					
- Assist with laser treatments					
- Instill eye drops					
- Assist patient for fundus examination/retinopathy of prematurity					
Ear/Nose/Throat:					
- Assist with nasal splint removal					
- Assist with diagnostic endoscopy					
- Assist with sinus washout, earwax					
- Assist ABR (Auditory Brainstem Response)					
- Remove suture i.e. post tympanoplasty/nasal surgery					
Orthopedics:					
- Assess POP					
- Removal of K-wire					
- Assist patient for aspiration of blood or fluid in the knee (knee effusion)					
Urology:					
- Perform uroflow					
- Insert foley catheter male					
- Insert foley catheter female					
Prepare/administer intramuscular/subcutaneous/intradermal infections.					
Apply aseptic dressing technique					
- Remove clips					
Monitor and record vital signs					
Initiate/maintain Basic Cardiac Life Support (BCLS or equivalent/certified)					

Additional Comments:

NAME/SIGNATURE: _____

DATE: _____