

**EMERGENCY ROOM - KING ABDULAZIZ AIRBASE HOSPITAL
DHAHRAN, SAUDI ARABIA**

NURSING SKILLS CHECKLIST

Please complete the skills checklist using the key to indicate level of expertise for the particular skill.

- A. Minimum of 1 year current experience; performs without supervision
- B. 6-12 months experience within past 2 years; requires assistance at times
- C. <6 months experience; practice and assistance needed with clinical skills
- D> No experience; willing to learn

| <u>REQUIRED CLINICAL SKILLS</u> | <u>A</u> | <u>B</u> | <u>C</u> | <u>D</u> | <u>COMMENTS</u> |
|--|----------|----------|----------|----------|-----------------|
| GENERAL - Medical/Surgical | | | | | |
| Specialty: | | | | | |
| 1. ER | | | | | |
| 2. ICU | | | | | |
| 3. Other _____ | | | | | |
| Last place worked: | | | | | |
| - Bed capacity | | | | | |
| - Acute/chronic | | | | | |
| Perform physical assessment of patients | | | | | |
| Utilize the triage procedure by: | | | | | |
| Steps: 1. | | | | | |
| 2. | | | | | |
| 3. | | | | | |
| 4. | | | | | |
| Assess/manage patient with respiratory problems: | | | | | |
| - Insert oral airway | | | | | |
| - Assist with endotracheal tube insertion | | | | | |
| - Suction oral/nasal | | | | | |
| - Assist in chest tube insertion | | | | | |
| Initiate and maintain oxygen therapy using: | | | | | |
| - Facemask | | | | | |
| - Nasal cannula | | | | | |
| - Oxygen humidifier | | | | | |
| - Ambu bag | | | | | |
| Insert nasogastric tube | | | | | |
| - Perform gastric lavage | | | | | |
| Assess/manage cardiac patient: | | | | | |
| - Apply cardiac leads/monitor | | | | | |
| - Record ECG (12 lead) | | | | | |
| - Recognize life threatening arrhythmias | | | | | |

| REQUIRED CLINICAL SKILLS | A | B | C | D | COMMENTS |
|--|----------|----------|----------|----------|-----------------|
| - Perform defibrillation | | | | | |
| Initiate /maintain IV therapy | | | | | |
| - Insert peripheral IV | | | | | |
| - Assist with central line insertion | | | | | |
| - Blood/blood products | | | | | |
| - Perform venepuncture | | | | | |
| Assess/manage trauma victim: | | | | | |
| - Spinal/immobilization | | | | | |
| - External control of haemorrhage | | | | | |
| - Splint/bandaging | | | | | |
| - Apply thomas splint | | | | | |
| - Apply strapping/sling | | | | | |
| Assess/manage burn patient | | | | | |
| - Knowledge of rule of nines | | | | | |
| Assess/manage head injury patient | | | | | |
| - Utilize Glasgow Coma Scale | | | | | |
| - Recognize intracranial pressure | | | | | |
| Prepare and administer medications: | | | | | |
| - Oral | | | | | |
| - Intravenous | | | | | |
| - Intramuscular/subcutaneous | | | | | |
| Insert and maintain foley catheter | | | | | |
| - Male | | | | | |
| - Female | | | | | |
| - Bladder irrigation bolus/continuous | | | | | |
| - 3 way foley | | | | | |
| Apply aseptic dressing techniques: | | | | | |
| - Sutures () insertion () removal | | | | | |
| - Clips | | | | | |
| - Packing | | | | | |
| Care for orthopedic patient: | | | | | |
| - Plaster of Paris (POP) () apply () removal | | | | | |
| - Skin traction () apply | | | | | |
| - Skeletal traction | | | | | |
| Care for patient with chest tube/underwater seal drain | | | | | |
| Assist with special procedures: | | | | | |
| - Thoracentesis/paracentesis | | | | | |
| - Lumbar aspiration | | | | | |
| - Bone marrow aspiration | | | | | |
| - Incision and drainage | | | | | |

| REQUIRED CLINICAL SKILLS | A | B | C | D | COMMENTS |
|---|----------|----------|----------|----------|-----------------|
| - Biopsy needle/aspiration | | | | | |
| - Peritoneal tap | | | | | |
| - Suturing | | | | | |
| - Delivery of a baby | | | | | |
| Working knowledge of specialized equipment: | | | | | |
| - Infusion pump | | | | | |
| - Syringe pump | | | | | |
| - Vital signs monitor | | | | | |
| - Glucometer | | | | | |
| - Suction machine | | | | | |
| - Digital oral thermometer | | | | | |
| - Cardiac monitor/defibrillator | | | | | |
| Ambulance duty: | | | | | |
| - Interhospital | | | | | |
| - Road Traffic Accident (RTA) | | | | | |
| - Medivac liaison | | | | | |
| Act as major disaster team member | | | | | |
| Function as Charge Nurse | | | | | |
| Function as a member of hospital cardiac arrest team | | | | | |
| Initiate/maintain Basic Cardiac Life Support measures (BCLS or equivalent, certified) | | | | | |
| Knowledge of cross-cultural nursing: | | | | | |
| - Work in multinational staffing group | | | | | |

Additional Comments:

NAME/SIGNATURE: _____

DATE: _____