



**ARMED FORCES HOSPITAL SOUTHERN REGION
KHAMIS MUSHAYT**

DENTAL ASSISTANT SKILLS CHECKLIST

NAME: _____ DATE: _____

Please check the appropriate letter of proficiency for the following types of clinical situations and equipment

LEVEL OF PROFICIENCY

A = Able to teach & supervise

B = 1 year constant experience

C = Intermittent experience

D = No experience

Dental Hygienist	A	B	C	D		A	B	C	D	
Competency Standards						Periodontal Management cont.				
Obtain accurate medical history						Preparation of dental compounds				
Obtain accurate dental history						Removal of excess cement with floss				
						Removal of excess cement with hand instrument				
Radiography						Four molds for study casts				
Radiation safety						Trim molds for study casts				
Adequate film quality correctly mounted						Polish impressions				
Accurate reporting						Removing sutures				
Obtains relevant structure views						Application of post extraction dressing				
Other (list):						Removal of post extraction dressing				
						Fissure sealants				
Periodontal Management						Construction and fitting of mouthguards				
Addresses predisposing factors						Topical agents for treatment of tooth sensitivity				
Detect plaque/ calculus from tooth surfaces						Supervised administration of anesthesia				
Root planning Micro-ultrasonics Soft tissue curettage						Management of complications of anesthesia				
Removal of stains beneath margins of gums						Sterilization of equipment				
Application of anesthetics						Maintaining sterile equipment				
Amalgam restoration						Instruct patients in plaque control				
Placing amalgam						Community dental health education				
Carving amalgam						Industry safety standards				
Temporary sedative dressings						Examination of lymph nodes				
Placement of base or liner into prepared tooth						Orthodontic separators				
Removal of rubber dams						Temporary restorations				
Matrices						Chemotherapeutic agents				
						Obtain endodontic cultures				

DENTAL ASSISTANT SKILLS CHECKLIST

	A	B	C	D			A	B	C	D
Assistants						Age Specific				
Suction devices	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		Neo-natal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obtaining medical records	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		Pediatrics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cleans and sterilizes instruments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		Adolescents	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prepare instruments for dental procedures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		Adults	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Order supplies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		Geriatrics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Instruction on general oral care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
						Professional Organizations and Advancement				
						List:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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General Chairside Assisting Exam

Name: _____

Date: _____

Directions: Read each question/statement carefully and choose the best answer. Circle the correct answer.

Multiple Choice:

1. Some benefits of tray setups are

1. they save time setting up
2. the dentist sets them up for the assistant
3. they eliminate delay in searching for instruments
4. they are used only in restorative procedures
5. they are adaptable to any procedure.

- 1, 2, and 3
- 1, 3, and 5
- 2, 3, and 4
- 3, 4 and 5

2. Hand instruments on prepared try setups are placed in

- order of use
- the order the assistant prefers
- size and order
- random sequence

3. High-speed evacuation

1. increases the patient's desire to rinse
2. decreases the patient's desire to rinse
3. is used only with a rubber dam
4. decreases the aerosol emanating from the patient's mouth
5. increases visibility

- 1, 3, and 5
- 1, 4, and 5
- 2, 3, and 4
- 2, 4, and 5

4. The assistant's eye level when seated is

- Even with that of the dentist
- 4-6 inches below that of the dentist
- 4-6 inches above the patient's shoulder
- 4-6 inches above that of the dentist

5. When working with a right handed dentist, which hand does the assistant use to transfer instruments?

- right hand
- left hand
- either hand
- no assistant is required

6. What aids are used to diagnose caries?

1. a millimeter probe
2. broaches
3. a sharp explorer
4. a ball burnisher
5. bite-wing radiographs

- 1, 3, and 4
- 2, 3, and 4
- 3 and 5
- 3, 4, and 5

7. A cavity preparation that involves the buccal pit of a lower molar is an example of a

- Class I cavity preparation
- Class II cavity preparation
- Class III cavity preparation
- Class IV cavity preparation

8. A wooden wedge is used to

- prevent gingival amalgam overhang
- plug amalgam into small preparations
- extract teeth
- splint loose teeth

9. What appliance is used to maintain the space of a prematurely lost second primary molar?

- a space opener
- a space maintainer
- a space saver
- it is not necessary to maintain this space

10. A mixed dentition consists of

- deciduous and permanent teeth existing simultaneously in the child's mouth
- deciduous teeth in the wrong places
- permanent teeth that are rotated
- permanent teeth that are in the wrong places