



برنامج مستشفيات القوات المسلحة بالهدا والطائف  
**AL HADA & TAIF ARMED FORCES HOSPITALS**  
**AL HADA ARMED FORCES HOSPITAL**  
**NURSING DEPARTMENT**

**CRITICAL CARE NURSING / CORONARY CARE UNIT**  
**SKILLS CHECKLIST**

**MSICU nursing employment requirement;**

1. Bachelor degree in Nursing Science./Diploma Equivalent
2. Valid Professional license country of origin
3. Saudi Council license if applicable
4. Minimum of two years experience in Coronary Care Unit (tertiary hospital in Middle East).
5. Minimum of two years experience in Kidney Transplant

<p style="text-align: center;"><b><u>HOW TO COMPLETE THIS FORM:</u></b></p> <p><i>Honestly appraise your ability according to the levels of proficiency. Identify your experience by placing an "X" in the box that most accurately describes your level of expertise for the skills listed.</i></p>	<p style="text-align: center;"><b><u>LEVELS OF PROFICIENCY:</u></b></p> <p><i>A = Experienced, safe and performs on a weekly basis without supervision.</i></p> <p><i>B = Experienced, safe and performs on a monthly basis without supervision.</i></p> <p><i>C = Limited ability – performed greater than one year ago.</i></p> <p><i>D = No experience in the past 2 years.</i></p>
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ESSENTIAL COMPETENCIES	ADULT				Comments:
	A	B	C	D	
Care of critically ill Medical /Surgical patients					
Continuous hemodynamic monitoring :					
• Continuous heart rate and basic ECG interpretations					
• Invasive blood pressure monitoring					
• Central Venous Pressure Monitoring					
• End tidal CO2 Monitoring					
Administration of Medications:					
• Oral					
• Per rectum					
• Inhalation					
• Nasogastric					
• Intramuscular					
• Subcutaneous					
• Intravenous					
Medication Calculation					
Drug Compatibilities/Side Effects					
Epidural Analgesia					
Intravenous Administration for:					
• High Alert Medications					
• Concentrated Electrolytes					
• Sedation and Analgesia					
• Blood and blood products					
Oxygen therapy:					
• Non Invasive oxygen devices					
• Mechanical Ventilation Support					
• Arterial Blood Gases (Basic Interpretation)					
• Tracheostomy Care					
• Intubation/ Extubation, assist with					



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Critical Care Medicine Dept.

ESSENTIAL COMPETENCIES	ADULT				Comments:
	A	B	C	D	
<b>Specimen Collection/Handling</b>					
• Blood Draws from Peripheral/Central Venous Access					
• Blood and Non Blood Culture Specimen :					
Sputum					
Stool					
Urine					
24 Hours Urine Collection					
Wound cultures					
Urinalysis					
<b>CCU Nursing Skills:</b>					
• Hemodynamic Monitoring					
• Arrhythmias interpretation and management					
• Naso-gastric /Oro-Gastric Tube Insertion					
• Enteral Feeding					
• Advance physical assessment/ GCS					
• Chest tube and drainage system					
• Defibrillation					
• Cardioversion					
• Laboratory interpretation esp. electrolytes					
• Invasive procedure assist with:					
Intraortic balloone pump(IABP)					
Arterial line					
Central line/vascath					
invasive cardiac output					
Femoral sheath insertion /removal					
Transesophageal echocardiogram (TEE)					
Pericardiocentesis					
Thoracentesis					
Paracentesis					
• Pain assessment and management					
<b>KIDNEY TRANSPLANT NURSING SKILLS</b>					
• Hemodynamic Monitoring					
• Fluid Calculation					
• Fluid Management					
• CVP monitoring					
• Immunosuppressant Drugs					
• Diuretics Drugs					
• Securing and Management of foley catheter					
• Interpretation of laboratory results					
• Early signs of graft dysfunction					
• Signs and symptoms of organ rejection(kidney )					
• Isolation technique					
<b>Infection Control Practice</b>					
• Aseptic Technique					
• Standard Precautions					
• Types of isolation					
• Isolation technique: PPE,5 Moments of hand higeine					

### MANAGERIAL EXPERIENCE

POSITION	YES	NO	DATE
CHARGE NURSE			
TEAM LEADER			
PRECEPTORSHIP			
OTHERS:			

### SEMINARS/COURSE/TRAINING CERTIFICATES

TITLES	YES	NO	DATE
BASIC LIFE SUPPORT			
ADVANCE CARDIAC LIFE SUPPORT			
IV THERAPY			
AIRWAY MANAGEMENT			
OTHERS			

### CRITICAL CARE CERTIFICATES

TITLE	YES	NO	DATE

