



**KING FAHD MILITARY MEDICAL COMPLEX
NURSING DEPARTMENT**

**CORONARY CARE UNIT (CCU)
NURSING SKILLS CHECKLIST**

Name of Applicant

Date

HOW TO COMPLETE THIS FORM:

A thorough evaluation of your skill level in various specialty areas will enable us to locate assignments that are suitable to your skills and the needs of our patients. Please place an **"X"** in the box that most accurately describes your level of expertise for the skills listed.

LEVELS OF PROFICIENCY:

- A** = Perform well (at least one year of current experience, very comfortable performing without supervision).
- B** = Limited experience (six months to one year of experience, would require some assistance).
- C** = Perform infrequently (less than three months of experience and practice, assistance required).
- D** = No experience (have never performed this task, willing to learn).

CLINICAL COMPETENCIES	A	B	C	D	COMMENTS (IF ANY)
Perform physical assessment of cardiac patient.					
Initiate / maintain Basic Cardiac Life Support measures / ACLS.					
Identify arrhythmias originating in the atria and initiate current treatment protocols/nursing interventions for same, e.g.:					
▪ Sinus arrhythmia					
▪ Sinus arrest					
▪ Atrial fibrillation (AF)					
▪ Atrial flutter (AF)					
▪ Heart block, 1 st / 2 nd degree					
▪ Complete heart block					
▪ Right bundle branch block (RBBB)					
▪ Left bundle branch block (LBBB)					
▪ Pulseless VF / VT					
▪ Sinus tachy					
▪ Ventricular fibrillation					
▪ Sinus brady					
▪ Bigemny					
▪ Multifocal PVC's					
Pain/Sedation:					
▪ Pain assessment scales					
▪ Sedation scales					

CLINICAL COMPETENCIES	A	B	C	D	COMMENTS (IF ANY)
▪ Patient controlled analgesia					
▪ Continuous sedation/analgesics					
▪ Epidural					
Able to perform Cardioversion					
Neurology					
▪ Glasgow coma scale					
▪ Neurological assessment					
▪ Head injury / coma					
▪ ICP monitoring					
▪ Craniotomy					
▪ Intracranial drainage					
▪ Convulsions					
▪ Spinal injury					
▪ Brain death					
Respiratory					
▪ Chronic respiratory failure					
▪ Acute respiratory failure					
▪ ARDS					
▪ Assisting with intubation / extubation					
▪ Bag and mask ventilation					
▪ Care of mechanically ventilated patient					
Cardiovascular					
▪ Acute coronary syndrome					
▪ Pulmonary odema					
▪ Interpretation of 12 lead ECG					
▪ Basic Life Support					
▪ Advanced Life Support					
▪ Cardiac monitoring					
▪ Arterial pressure monitoring					
▪ CVP monitoring					
▪ PAP / PAWP monitoring					
▪ Cardiac out put studies					
▪ Setting up pressure monitoring					
▪ Defibrillator / AED/Pacing mode					
Medication (Total Parenteral					
▪ Total Parenteral Nutrition Drug compatibilities/side effects					
▪ Dopamine / Dobutamine					
▪ Adrenaline / Noradrenaline					
▪ Lidocaine / Amiodarone					
▪ Reperfusion therapy (TPA/Streptokinase)					
▪ Nitroglycerine					
▪ Labetalol Hydrallazine					
▪ Adenosine					
▪ Heparin Infusion					
▪ Insulin Infusion					
▪ OPIOIDS					
▪ Paralytic Agents					
▪ Calculation of drugs/Infusion titrations					

CLINICAL COMPETENCIES	A	B	C	D	COMMENTS (IF ANY)
Gastrointestinal					
▪ Bowel sounds					
▪ Enteral feeding					
▪ TPN					
▪ Bowel obstruction					
▪ Gastro intestinal bleeding					
▪ Sengstaken – Blakemore tube					
▪ Liver failure					
▪ B/C Hepatitis					
Respiratory					
▪ Chronic respiratory failure					
▪ Acute respiratory failure					
▪ ARDS					
▪ Assisting with intubation / extubation					
▪ Bag and mask ventilation					
▪ Endotracheal suctioning					
▪ Tracheostomy care					
▪ Assisting with chest drain insertion					
▪ Chest drainage system management					
▪ Chest physio					
▪ Interpretation of ABG's					
Equipment					
▪ Cardiac monitor					
▪ Pulse oximeter					
▪ Non invasive blood pressure					
▪ Anti embolitic devices					
▪ Blood warmer					
▪ Infusion pumps / syringe pumps					
▪ Ventilators					
▪ P.C.A. pumps					
▪ Aquarius CRRT machine					
▪ PICCO Machine - Vigilo					
Infection Control					
▪ Universal/standard precautions					
▪ Aseptic technique					
▪ Isolation – MRSA/reverse					
▪ Infection prevention in CCU					
▪ Bundles					
Renal					
▪ Suprapubic catheter foley					
▪ Bladder irrigation					
Skin					
▪ Risk assessment tools/scales for skin care					
▪ Pressure sore prevention					
▪ Airflow bed					
▪ Usage of easy slide					
Able to set up and evaluate:					
▪ CVP					
▪ Arterial pressure					
▪ Swan Ganz/Cardiac output					

CLINICAL COMPETENCIES	A	B	C	D	COMMENTS (IF ANY)
Able to use Intra Aortic Balloon Pump, zeroing, augmentation, etc.					
Knowledge and use of drugs commonly administered in CCU including:					
▪ Dopamine					
▪ Nipride					
▪ Lidocaine/Amiodarone					
▪ Epinephrine/Nor epinephrine					
▪ Streptokinase/Actilyse					
▪ Dobutamine					
▪ Aggrastat					
▪ Heparin					
▪ Lasix					
▪ Insulin/Adenosin					
▪ GTN (Nitroglycerine)					
Administration of IV medications					
Manage patient before and after pacemaker insertion (TPM & PPM)					
Experienced using:					
▪ Infusion control devices/Glucometer/Cardiac monitor					
▪ Syringe pump/Bipap machine/Trop I machine					
▪ Non invasive continuous BP monitoring device					
Able to manage patient on mechanical ventilator.					
Certified in Advanced Cardiac Life Support.					
Function as member of hospital Cardiac Arrest Team.					
Working knowledge of the Nursing Process.					
Establish intravenous infusion:					
▪ Able to insert IV line.					
▪ Able to insert saline lock					
▪ Manage patient before and after coronary angiography and PCI.					
▪ Able to prepare patient for CABG.					
▪ Able to assist the doctor's for intubation and extubation.					
▪ Management of patient with myocardial infarction.					
▪ Able to do C.R.R.T., S.C.U.F., C.V.V.H., C.V.V.H.D., etc. under aseptic technique.					
Able to interpret arterial blood gas values.					
Perform phlebotomy for routine blood sampling.					
Draw blood specimen from central line / arterial line.					
Initiate and maintain Advanced Cardiac Life Support measures.					
Perform D/C defibrillation and cardioversion/pacing mode.					

CLINICAL COMPETENCIES	A	B	C	D	COMMENTS (IF ANY)
Set up equipment for pacemaker insertion.					
Record and interpret 12 lead ECG.					
Function as Charge Nurse.					
Knowledge of cross cultural nursing and ability to work effectively in a multi-national staff group.					

I acknowledge that I will be tested on the above skills within the first month of my arrival and, if I fail to demonstrate an acceptable standard (in comparison to the information provided on this list), my employment will be terminated and I will be repatriated.

Signature : _____ Date : _____